# Nassau County Aquatic Center

NASSAU COUNTY DEPT. OF PARKS, RECREATION & MUSEUMS

# **2016 Fall Session - Aquatic Fitness Classes**

Registration starts on Monday, August 29<sup>th</sup> at 8:00 am

#### **Adult Registration Rules:**

- <u>Leisure Pass is required at time of registration</u>. We cannot look up a Leisure Pass in the computer.
- Sign up is first come, first serve and must be done in person. Places in the line cannot be held for someone else. Upon arrival, you must go the end of the line.
- Payment in full is due at the time of registration. No refunds or make-ups are allowed.
- Registration is on-going during business hours until classes fill.
- You may not sign up for more than 2 aquatic fitness classes on the first registration day.

## AQUATIC FITNESS CLASS SCHEDULE

Check brochure or website for class descriptions. All classes are 1 hour.

Monday	Tuesday	Thursday	Friday
Adult Fit Swim			Adult Fit Swim
(18 4 over)			(18 4 over)
7:15 a.m.			7:15 a.m.
	Aqua-aerobics 11 a.m.	Aqua-aerobics 11 a.m.	
	Aquajog	Aquajog	
	8 p.m.	8 p.m.	
	No class:	No class:	
	10/25 ¢ 11/8	9/15 4 10/27	
	Cost: \$54.00	Cost: \$54.00	

Classes will be cancelled if enrollment numbers do not meet at least half the full class size.

#### DATES & FEES\*

Note: \$6.00 non-refundable registration fee is included in each class fee

Monday:	Fee: \$ 54.00, 8 Classes	Starts: 9/19 - Last Class: 11/14	8 classes (no class: 9/12, 10/10)
Tuesday:	Fee: \$ 60.00, 9 Classes	Starts: 9/13 - Last Class: 11/15	9 classes (no class: 11/8)
Thursday:	Fee: \$ 66.00, 10 Classes	Starts: 9/15 - Last Class: 11/17	10 straight weeks
Friday:	Fee: \$ 60.00, 9 Classes	Starts: 9/16 - Last Class: 11/18	9 classes (no class: 11/11)

\*Discounts offered for taking multiple Aquatic Fitness classes.

### **Discounts**

2 classes per session 3 classes per session 4 classes per session 512.00 discount (off total) \$25.00 discount (off total) \$40.00 discount (off total)

ALL SCHEDULES ARE SUBJECT TO CHANGE

www.nassaucountyny.gov/agencies/Parks



# NASSAU COUNTY EXECUTIVE

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