

NASSAU COUNTY EXECUTIVE ED MANGANO

invites you to

“BOOT CAMP” at Christopher Morley Park

Boot Camp Exercise Program: A Total-Body, Military-Style Workout

Two sessions:

- July 11 - 29, 7 - 8 a.m. Mondays, Wednesdays & Fridays
 - August 1 - 18, 6:30 - 7:30 p.m. Mondays, Tuesdays & Thursdays
- Nine classes each session*

Information (516) 572-0521

Payment Information

\$60 per session (Leisure Pass required for registration)

Check to “Treasurer of Nassau County”

Payment must be made in person at Christopher Morley Park
or the Nassau County Aquatic Center (through July 3 only)

Name: _____

Address & Town: _____

email / phone: _____

Leisure Pass No.: _____

Check session: July _____ August _____



NASSAU COUNTY DEPARTMENT OF PARKS, RECREATION & MUSEUMS

Edward P. Mangano, County Executive

