

CERT ALL MEMBER WEEKLY BRIEF JULY 2, 2009

CERT is what you make it!

The weekly CERT Brief is also available on our webpage at:

<http://www.nassaucountyny.gov/agencies/OEM/CC/CERT>

If you have any suggestions including training or comments on how to make CERT better, please send an email to oemcert@nassaucountyny.gov. Or call us at 573-0648 and leave a message.

All responses are kept strictly confidential unless otherwise expressed.

A MESSAGE FROM BOB

On behalf of County Executive Tom Suozzi and Commissioner James J Callahan II thank you for your dedication and commitment to CERT and Citizen Preparedness.

In light of the recent H1N1 outbreak, Nassau County is expecting an increase in Seasonal and H1N1 FLU in the fall. PODS may be activated to dispense seasonal flu vaccine to help protect the citizens of Nassau County.

We will be conducting POD (Point Of Distribution) training for ALL Nassau CERT members. We have scheduled two locations during July and August: Freeport and Glen Cove. CERT may be activated for Flu POD's throughout the county this fall. If this does occur it will be a large scale activation.

You must attend mandatory POD training prior to the fall to be activated. See the training announcements below and SIGN UP NOW! Part of the CERT POD Plan Annex is to pre-assign positions to each CERT member for a POD location close to your neighborhood. You must have completed the training for us to be able to accomplish this. You will be eligible (the same as first responders) for the Flu vaccine (or any other prophylaxis) if you sign up and volunteer at a POD.

If you **have taken POD training with DOH** let us know by email to oemcert@nassaucountyny.gov and use the subject "**DOH POD TRAINED**" we will confirm with DOH. You **MUST** include the date and location of the training.

There are flyers circulating in different areas regarding signing up for Village POD training. These flyers are part of the Department of Health's outreach program to have villages operate their own PODs. As a CERT you will be activated to work at PODs, maybe even village PODs. As a CERT you are required to participate in our CERT POD Task Force or DOH POD Management Training. The flyer circulating is something different.

TRAINING

In service training is open to all active CERT members on a first come first served basis.

ICS training is open to other groups, agencies, friends, colleagues, businesses, etc., who may have a need to operate in a disaster or emergency. OEM is inviting all with a need for this information to join the training! (Some restrictions apply!) Please forward this announcement for ICS to any school, business or agency that would benefit from the training.

Don't forget that for EVERY CERT Training and activation YOU NEED to be prepared! Bring your CERT Gear! Have appropriate clothing and footwear on! Have your CERT uniform! Be prepared!

****NEW ****MANDATORY FOR POD Activations****

POD CERT Task Force Training

July 14, 2009, Tuesday 7:00 – 8:00 PM

Glen Cove Fire House, 10 Glen Cove Ave. Glen Cove, NY 11542

Sign up by email to uemcert@nassaucountyny.gov with “POD-0714” in subject.

OR

August 5, 2009, Wednesday 7:00 to 8:00 PM

Freeport Fire House, 15 Broadway, Freeport, NY 11552

Sign up by email to uemcert@nassaucountyny.gov with “POD-0805” in subject.

(You must attend 1 of the 2 nights NOT BOTH nights!)

This class will prepare you to volunteer in a Medical Point of Distribution (POD). This **1 hour mandatory training will enable you to function effectively in a REAL POD activation.** Please sign up for **one of these locations!** The CERT POD Task Force will be assigned many of the important roles within a POD assisting medical staff from MRC and DOH. You will be trained to assume a variety of roles within the Incident Command Structure (ICS) of a POD. Additionally members will be recruited from the attendees for additional training to fulfill POD management positions.

CPR Course

July 7 & 8, 2009, 6:00 – 10:00 PM (8 hours-MUST attend both classes)

Glen Cove Fire House

This course is a Red Cross Certification class for adult & infant CPR only. (A fee for the Red Cross **Card is \$8.00 CASH**) 24 students Maximum. First come first served basis. We will be offering this course in other locations when volunteer instructors are available. **Sign up by email to uemcert@nassaucountyny.gov with “CPR-0707” in subject.**

NEW SafeTALK a Suicide Prevention Awareness Course

July 15, 2009 7:00 – 10:00 PM Wednesday (this is a 3 hrs course)

Nassau County OEM 100 Carman Ave, East Meadow NY 11554

SafeTALK is a 3 hour program that prepares community members of all kinds to be suicide alert helpers. SafeTALK participants are aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided. SafeTALK will empower you! Suicide alert helpers want persons with thoughts to invite their help. Alert helpers know the TALK steps (Tell, Ask, Listen and KeepSafe) and can activate a suicide alert. As a part of the KeepSafe step, alert helpers connect persons with thoughts to persons trained in suicide intervention. Helpers trained in suicide intervention complete the helping process or link the person with more specialized help.

Sign up by email to uemcert@nassaucountyny.gov with “ST-0715” in subject. First come first served basis.

NEW Psychological First Aid Class

July 20, 2009, 7:00 – 10:00 PM Monday (this is a 3 hour course)

Register by e-mailing us at OEMCERT@nassaucountyny.gov subject: “CARE 0720”

Nassau County OEM, 100 Carman Ave, East Meadow NY 11554

Are you interested in helping your fellow CERT Team members cope with the stressors associated with responding to a disaster? IF you are, we need you to join the CERT CARE Team. The CERT CARE Team (CCT) is comprised of trained mental health professionals and CERT volunteers like you, all of whom will be drawn from existing CERT teams. The CARE Team was developed to help prepare CERT members for the emotional stresses they will encounter in responding to disasters, and to function as a support system for CERT volunteers during team activations. Our CARE Team was the first of its kind created in the nation and remains on the cutting edge today. In an effort to provide the best care possible we have adopted Psychological First Aid (PFA) as our model for caring to the needs of those individuals who have been exposed to a disaster. PFA is a way to give emotional support and help to people of any age, ethnic and cultural heritage, and social and economic background in the immediate aftermath of disaster. SEE below for more info on PFA. **Therefore, all existing CERT CARE team members and interested CERT members MUST attend one of the two sessions being given at the Office of Emergency Management.**

NEW SafeTALK a Suicide Prevention Awareness Course

August 4, 2009 7:00 – 10:00 PM Tuesday (this is a 3 hrs course)

Nassau County OEM 100 Carman Ave, East Meadow NY 11554

SafeTALK is a 3 hour program that prepares community members of all kinds to be suicide alert helpers. SafeTALK participants are aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided. SafeTALK will empower you! Suicide alert helpers want persons with thoughts to invite their help. Alert helpers know the TALK steps (Tell, Ask, Listen and KeepSafe) and can activate a suicide alert. As a part of the KeepSafe step, alert helpers connect persons with thoughts to persons trained in suicide intervention. Helpers trained in suicide intervention complete the helping process or link the person with more specialized help.

Sign up by email to oemcert@nassaucountyny.gov with “ST-0804” in subject. First come first served basis.

NEW Psychological First Aid Class

August 11, 2009, 7:00 – 10:00 PM Tuesday (this is a 3 hour course)

Nassau County OEM, 100 Carman Ave, East Meadow NY 11554

Register by e-mailing us at OEMCERT@nassaucountyny.gov subject: “CARE 0811”

Are you interested in helping your fellow CERT Team members cope with the stressors associated with responding to a disaster? IF you are, we need you to join the CERT CARE Team. The CERT CARE Team (CCT) is comprised of trained mental health professionals and CERT volunteers like you, all of whom will be drawn from existing CERT teams. The CARE Team was developed to help prepare CERT members for the emotional stresses they will encounter in responding to disasters, and to function as a support system for CERT volunteers during team activations. Our CARE Team was the first of its kind created in the nation and remains on the cutting edge today. In an effort to provide the best care possible we have adopted Psychological First Aid (PFA) as our model for caring to the needs of those individuals who have been exposed to a disaster. PFA is a way to give emotional support and help to people of any age, ethnic and cultural heritage, and social and economic background in the immediate aftermath of disaster. SEE below for more info on PFA. **Therefore, all existing CERT CARE team members and interested CERT members MUST attend one of the two sessions being given at the Office of Emergency Management.**

Refresher Classes*

All classes are 6:30 to 10:30 PM

All Classes are OPEN TO ALL CERT MEMBERS

7/13, 2009 Central West Floral Park Firehouse 1 Floral Blvd, Floral Park, NY Across from LIRR Floral Park station

Contact: Kenny E at floralparkcert@gmail.com

9/2, 2009 Central East Hicksville Community Center, 28 West Carl St. Hicksville, NY

Contact: Linda W at 54walker@optonline.net

*this is the ALL NEW Required Refresher class. Basic class number 7 is NO LONGER the refresher class! Attending a refresher class annually is required for all CERT members. We are scheduling a refresher in each of the 6 sectors throughout the year. Ask your TUL for details! The class consists of ½ hour class presentation and 3 ½ hours hands on training covering fire suppression, search & rescue, and disaster first aid. REGISTER BY CONTACTING the TUL listed not OEMCERT! **PROPER CERT SAFETY GEAR IS REQUIRED!**

ACTIVATIONS AND EXERCISES

UPDATE 7/2/09:

NASSAU COUNTY FLU POD EXERCISE CANCELED

These dates are canceled as of today. DOH does not have any specific dates for POD activation at this time. We will notify you as soon as we have more information. We must be ready to assist with PODs by September. The fall Flu season is expected to be severe.

FULL SCALE Training EXERCISE Save the date! SIGN UP NOW!

September 13, 2009, Sunday 8:00 AM to 1:00 PM

Town of Oyster Bay DPW Yards in Syosset

Our National Preparedness Month Training Exercise will be at the same location as last year's exercise. The committee has started the planning process. We will post information as it becomes available. Register NOW at oemcert@nassaucountyny.gov and use the subject "CERT NPM".

Activation to assist First Responders with Transit Terrorist Tools and Tactics

September 17, 2009 12:00 PM – 3:30 PM at Fire Academy

Nassau Fire Academy 300 Winding Rd Old Bethpage, Long Island, NY 11803

To register oemcert@nassaucountyny.gov Include "CERT 4T-0917" in subject.

CW Post Campus Public Safety Exercise

10/17, 2009 7:00 AM – 12:00 PM

CW Post 720 Northern Blvd. Brookville, New York 11548

CW Post and Roslyn Rescue will be holding their annual exercise on Saturday Oct 17th this year. The exercise this year will be a medical POD for an influenza outbreak, it will require a large CERT and MRC presence to both work at the POD and as patient actors. Details on the exercise will be formalized in July when we have our first planning meeting. This exercise will only involve CW Post Public Safety, EMS, Glen Cove Hosp, CERT, and MRC, there will be no fire or police involved in this exercise. Students are being recruited as patient actors with CERT to backfill as needed. Register by emailing oemcert@nassaucountyny.gov and use the subject "CWP Exercise 1017"

OTHER NEWS AND INFORMATION

2009 New York State Citizen Preparedness Program Conference

The 2nd annual New York State Citizen Preparedness Program Conference was held in Albany on June 18-19, 2009. In attendance were more than 250 registered participants representing non-profit organizations, local Citizen Corps Councils, 23 Red Cross Chapters, National Service volunteers including VISTA, AmeriCorps and Senior Corps, Emergency Management Officials and several state and federal government partners. All attendees received a one-day preparedness kit, resource binder and were given the opportunity to learn more about statewide programs and agencies in the exhibition hall. Conference sessions were focused on encouraging local collaboration, spontaneous



volunteer management planning and expanding partnerships with higher education and Citizen Corps. Featured presenters included Director John Gibb from the NYS Emergency Management Office (SEMO), Terry Bischoff, American Red Cross in Greater New York and Denise O'Donnell, Deputy Secretary for Public Safety who presented the keynote remarks. Additionally, Gary Striar, CEO of the American Red Cross in Northeastern New York delivered a special token of appreciation to our long time advocate at SEMO, Les Radford. We would like to extend our appreciation and congratulations to the Citizen Preparedness Program Team for all of their hard work and success on this conference.

By Laws and CERT Activation Plan (CAP):

Please take a moment and review the By-Laws and Standard Operating Guide at:

<http://www.nassaucountyny.gov/agencies/OEM/CC/CERT/certforms.html> If you have any questions or issues, you can contact any member of the Planning Team.

BASIC CLASSES:

Please check the website training page for the updated CERT Calendar:

<http://www.nassaucountyny.gov/agencies/OEM/CC/CERT/training.html>

PLEASE CHECK THE WEBSITE CALENDAR IF YOU ARE AN INSTRUCTOR! We have updated the 2009 calendar and need you to volunteer for your segment!

Help out or just attend at CERT Basic Class and renew your interest as well!

If you can assist our program- even if you haven't done anything like this before, come on out and help us make the program the best in the country! Helping is fun and exciting! AND you even get to practice what you learned in training!

North Merrick Basic Class July 2009 Class Schedule and Location

Updated 07/1/2009

Class Times	Doors open at 6:30pm, class starts promptly at 7:00pm and ends at 9:30pm.
Class Location	North Merrick Fire Department, 2095 Camp Ave 2nd Fl, North Merrick, NY 11566 (Between Lake and Central Avenues – East of Merrick Ave. Park in the east lot (further away from Merrick Ave)
Refreshments	Water will be supplied for classes 1 through 8.

Course Listing	Course Incident Commander (IC and Deputy) Bob & Sandra Tamer Classes are run using ICS and an IC needs to attend every class. You may have a Deputy who can split the classes with you. The IC is responsible for directing the class and for ALL ASPECTS OF COURSE administrative paperwork and equipment. The IC must get each class attendance to OEM (in person or via email) within two days of each class. This position can be shared by two members.
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Class Details

Class 1	7/9/09	What is CERT?, Intro to ICS and CERT Organization,
Class 2	7/16/09	Disaster Medical Operations I
Class 3	7/23/09	Light Search and Rescue
Class 4	7/30/09	Disaster Psychology and Terrorism
Class 5	8/6/09	Fire Suppression and Part I Table Top Exercise
Class 6	8/13/09	Sheltering Operations Part II Table top Exercise
Class 7	8/20/09	Disaster Medical Operations II
Class 8	8/27/09	Radio Operations, Community Outreach and Graduation

Class 1, 7/9/09: What is CERT? Intro to ICS and CERT Organization,

Bob B What Is CERT

Debbie B Organization

Class 2, 7/16/09: Medical I

2 VEEB instructors will teach this class

Volunteers will assist with practical

_____ Volunteer Instructor Assistant

Class 3, 7/23/09: Light Search and Rescue

2 VEEB instructors will teach this class

Volunteers will assist with practical

_____ Volunteer Assistant

Class 4, 7/30/09: Terrorism and Disaster Psychology

Volunteers will teach this class

_____ Volunteer Instructor – Terrorism

_____ Volunteer Instructor – Disaster Psychology and Disabled Persons

Class 5, 8/6/09: Fire Suppression and Part I Table Top Exercise

2 VEEB instructors will teach the firefighting part of this class and

Volunteers will concurrently teach the exercise part of this class

Volunteers will conduct table top and send one team out at a time for fire suppression as directed by VEEB

_____ Volunteer Instructor Table Top

_____ Volunteer Instructor Assistant Table Top

Class 6, 8/13/09: Shelter Introduction and Part II Table Top Exercise

Volunteers will teach this class

_____ Volunteer Instructor- Sheltering and Organization

_____ Volunteer Instructor Assistant

Class 7, 8/20/09: Disaster Medical Operations II

2 VEEB instructors will teach this class

Volunteers will assist with hands on exercise

_____ Volunteer Instructor Assistant

**Class 8, 8/27/09: Outreach and Education, Radio Operation,
Graduation, and Meet the TULs.**

Bob B Graduation

Debbie B Outreach and Education

Rob Yenis Volunteer Instructor Radio

Local Area TULs, DTULs and Other VIP's