

U.S. Military - PTSD Research Study

Did you serve in Iraq or Afghanistan ?

Do you experience:

Repetitive unwanted memories?

Sleep Problems or Nightmares?

Difficulty concentrating?

Nervousness, jumpiness, or anxiety?

If so, you may be eligible to participate in a 9-week research study involving the recommended first line intervention for PTSD: Exposure Therapy with or without virtual reality, combined with a low dose of D- Cycloserine (DCS) or placebo (sugar pill), taken once a week on the day of the session only.

We are testing a new use of D-Cycloserine, which has been FDA-approved for treatment of other disorders, but not for PTSD, and its combination with exposure therapy. All information is strictly confidential.

All participants will receive this free PTSD intervention. Non-active duty military personnel will be compensated for all completed assessments (up to a total of \$350) and active-duty personnel will be asked to select a charity to which they want the money to be donated.

**For more information,
please call:**

212-821-0783

**Program for Anxiety and
Traumatic Stress Studies at
Weill Cornell Medical College
WCMC IRB # 1005011047**

