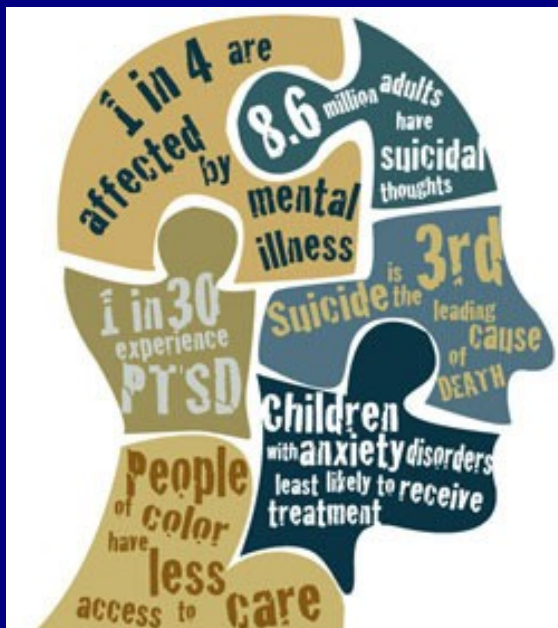




# Legislator Siela A. Bynoe presents

## Adult Mental Health First Aid



**The adult Mental Health First Aid course is appropriate for anyone 18 years of age and older, and geared to help First Responders, and Emergency Services who wants to learn how to help a person who may be developing a mental health problem or experiencing a mental health related crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses. Topics covered include anxiety, depression, psychosis, and addictions.**

### When and Where

**Nassau County Legislature**  
**Saturday, September 10, 2016**  
**9:30am – 6:00pm**

**Mental Health Association  
of Nassau County**  
**Wednesday, September 14, 2016**  
**9:00am-5:30pm**

**Nassau County Legislature**  
**Saturday, September 17, 2016**  
**9:30am-6:30pm**

**Westbury Fire House**  
**Wednesday, September 21, 2016**  
**9:00am-5:30pm**

**Nassau County Legislature**  
**Saturday, September 24, 2016**  
**9:30am – 6:00pm**



**KNOW  
THE SIGNS**



**LEARN THE  
ACTIONS**



**BE A  
LIFELINE**



**REGISTRATION IS REQUIRED AND  
SEATING IS LIMITED FOR EACH  
TRAINING.**



**TERRY FARRELL  
FIREFIGHTERS FUND**



FOR MORE INFORMATION ON THE EVENT OR HOW TO REGISTER, CONTACT

Legislator Siela A. Bynoe's office at (516) 571-6202

[sbynoe@nassaucountyny.gov](mailto:sbynoe@nassaucountyny.gov)