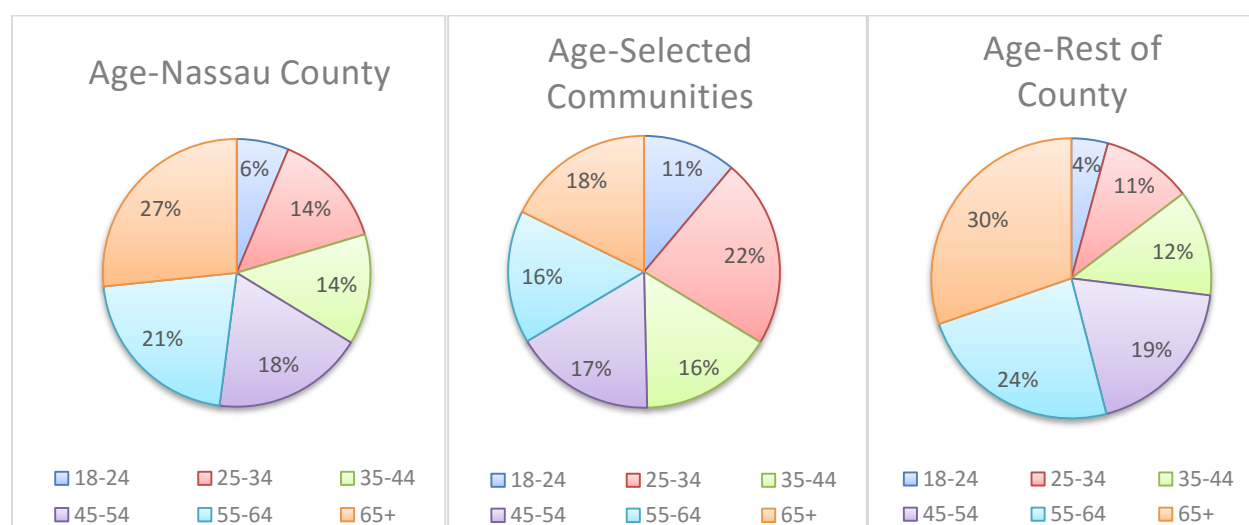


# **Long Island Community Health Assessment Survey** **Summary of Findings-Nassau County\*** **December 2016**

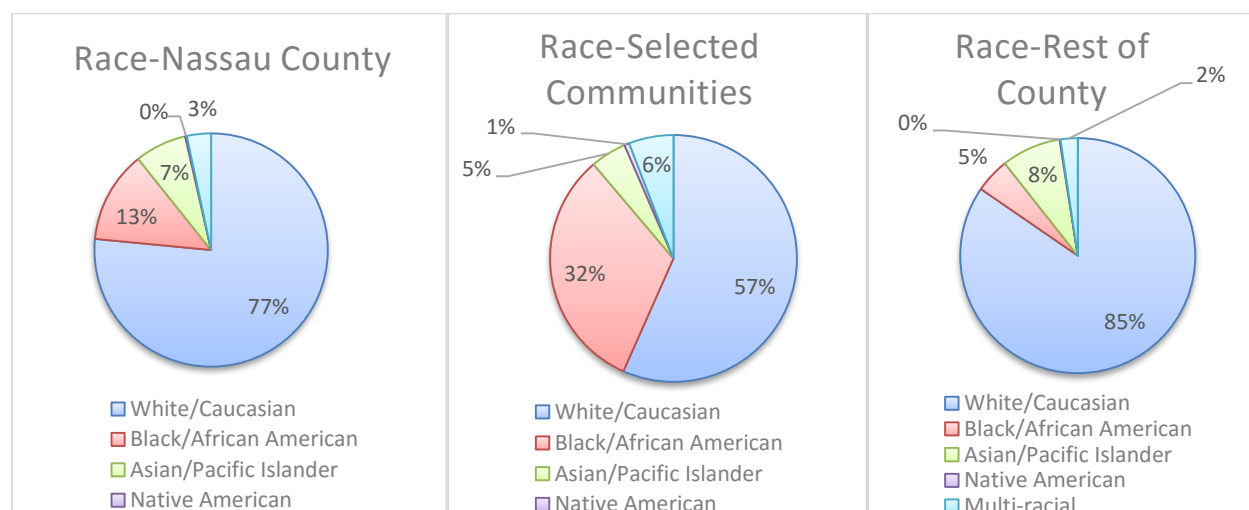
Surveys were distributed from December 1, 2015 to Nov 1, 2016 electronically through Survey Monkey and in paper by hand to community members across Long Island. They were available in English, Spanish, Creole and large print. There were 2335 respondents in total for Nassau County, 30% (700) of whom live in the selected communities. The selected communities comprise 23% of Nassau's total population.

## **Demographics of survey respondents:**

Respondents were primarily female, 72% for Nassau County as a whole (28% male), 74% for selected communities (26% male) and 71% for rest of county (29% male).

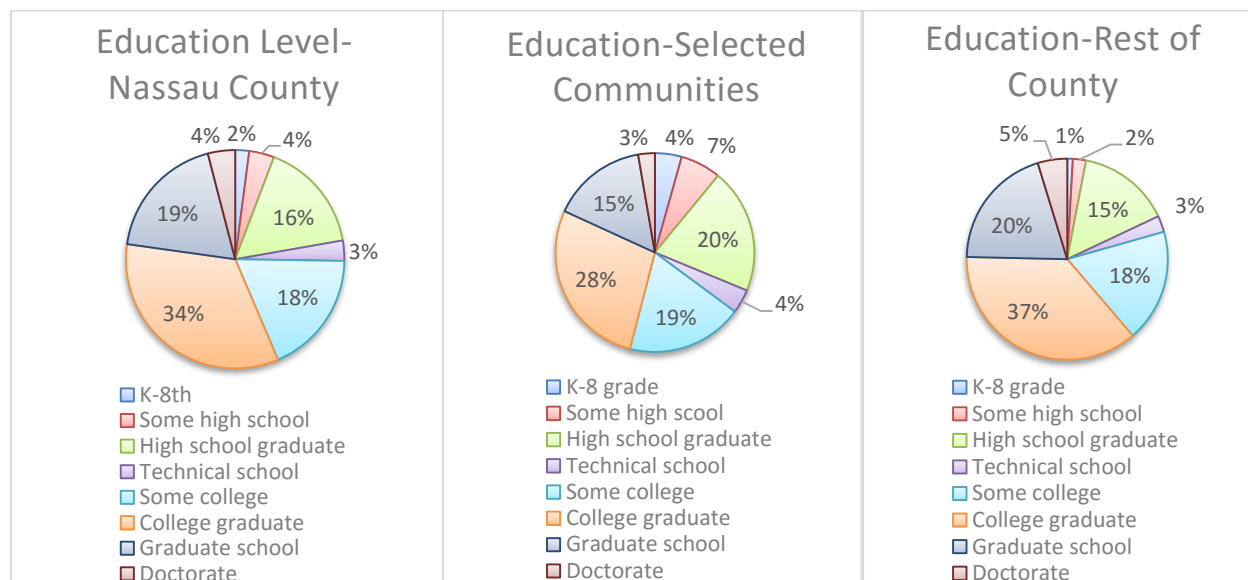


Respondents in the selected communities were younger with the majority (22%) between the ages of 25-34 years old, compared to the majority (30%) 65 years and older in the rest of county and 27% 65 years and older for the county as a whole.

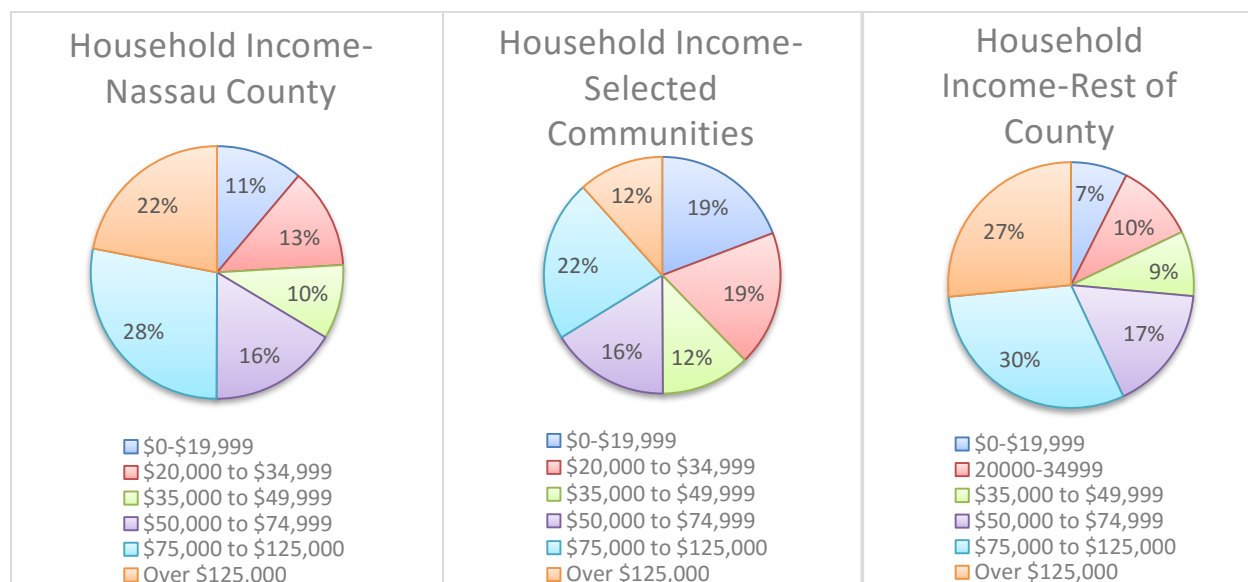


\*This report is based on the "Long Island Health Collaborative Community Member Survey Summary of Findings" found at <https://www.lihealthcollab.org/data-resources.aspx>  
For a full version of the spreadsheet that includes interactive tables visit: <https://www.lihealthcollab.org/data-resources.aspx>

The selected communities were racially more diverse compared to the county as a whole, which was 77% White and 85% White for the rest of the county. The highest percentage of Hispanics is also represented in the selected communities (38%) compared to 18% in the county as a whole and 12% in the rest of county (not graphed).



The highest percentage of respondents were college graduates across the board, however the highest magnitude was in the rest of county and lowest in the selected communities.



50% of respondents in Nassau County reported a household income of \$75,000 or more. In the rest of county this percentage was even higher (57%). However, in the selected communities it was substantially lower at 34%.

Nassau County as a whole reported 92% having health insurance coverage. In the selected communities the percentage dropped to 87% and in the rest of county 94% reported having health insurance (not graphed).

## Survey Responses:

1. When asked ***what the biggest ongoing health concerns in the community where you live are:***
  - As a whole Nassau County respondents felt that cancer, drug and alcohol abuse and obesity/weight loss were the top three concerns, representing 43% of the total responses.
  - In the selected communities the top three concerns were cancer, diabetes and drug and alcohol abuse, followed by obesity/weight loss in fourth.
  - In the rest of county, the concerns were cancer, drug and alcohol abuse, followed by heart disease and stroke, with obesity/weight loss in fourth.
2. When asked ***what the biggest ongoing health concerns for yourself are:***
  - Nassau County respondents felt that heart disease and stroke, cancer, and obesity/weight loss were the top three concerns, also representing 43% of the total responses.
  - In the selected communities, responses were obesity/weight loss, diabetes and cancer.
  - In the rest of county responses were in the same order as the county as a whole.
3. The next question sought to ***identify potential barriers that people face when getting medical treatment:***
  - Nassau County respondents felt that having no insurance, being unable to pay co-pays or deductibles, and fear were the most significant barriers. These choices received roughly 55% of the total responses.
  - In the selected communities the top 3 barriers reported were having no insurance, unable to pay co-pays or deductibles and not understanding the need to see a doctor
  - In the rest of county respondents reported the same 3 barriers as Nassau County as a whole.
4. When asked ***what was most needed to improve the health of your community:***
  - Nassau County respondents felt that healthier food choices, clean air & water, and weight loss programs were most needed. These choices accounted for 42% of the total responses.
  - The selected communities reported healthier food choices, clean air and water and job opportunities.
  - The rest of county mirrored the county as a whole.
5. For the final question people were asked ***what health screenings or education services are needed in your community:***
  - Nassau County respondents felt that the blood pressure, cancer and diabetes services were most needed.
  - The selected communities reported the same health screenings and education needed as the county as a whole, however in a different order, diabetes, blood pressure and cancer.
  - Cancer, blood pressure and nutrition screenings and services needed were the top three reported in the rest of county.