## NASSAU COUNTY PFC DWYER VET2VET PEER NETWORKING GROUPS



- > Seeking a connection with your fellow Nassau County Veterans?
- Need the support of buddies to overcome personal challenges?
- Want to continue your "service" by helping fellow veterans in need?

Nassau is one of 15 New York State Counties that are participating in the PFC. Joseph Dwyer program, which provides Veteran Peer Support. Vet2Vet is small groups of veterans who meet weekly to share knowledge, provide mutual support, and share resources. Groups maintain confidentiality and are open to veterans of all generations, regardless of discharge status. Groups are co-facilitated by a diverse team of fellow veterans who have been trained in providing veteran peer support. PFC Dwyer Vet2Vet groups are FREE of charge. NO pre-registration is necessary!

## **MEETING TIMES AND LOCATIONS:**

- MONDAYS 5:15 pm Mental Health Association 16 Main St. Hempstead 11550 (Park in municipal lot across the street. Use the side parking lot and side entrance closest to the gated area)
- \*SPOUSE/PARTNER MEETING TUESDAYS 6:30 pm Mental Health Association 16 Main St. Hempstead 11550 (Park in municipal lot across the street. Use the side parking lot and side entrance closest to the gated area)
- \*WOMENS ONLY MEETING WEDNESDAYS 6:30pm
  Mental Health Association 16 Main St, Hempstead NY 11550 (Park in municipal lot across the street, use the side parking lot and side entrance closest to the gated area)
- ➤ <u>WEDNESDAYS 6:30 pm</u> Mental **Health Association 16 Main St. Hempstead 11550** (Park in municipal lot across the street. Use the side parking lot and side entrance closest to the gated area)
- THURSDAYS 2:00pm Levittown Public Library 1 Bluegrass Lane Levittown, NY 11756 |
- > THURSDAYS 6:30pm First Presbyterian Church 178 S Ocean Ave, Freeport 11520

For more information about Nassau County PFC Dwyer Vet2Vet Peer Networking Groups please contact Brent Russell 516-489-2322 ext. 1312 brussell@mhanc.org or Jeff McQueen (516) 489-2322 ext. 1202 <a href="mailto:jmcqueen@mhanc.org">jmcqueen@mhanc.org</a>
Or check out our website: www.veteranshealthalliance.org

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