



**In This Issue:
The Integration of
Physical and Mental
Health**

**Stories of Recovery
Links**

- [Can We Live Longer? \(SAMHSA\)](#)
- [Psychology Today - Easily Helpful](#)
- [Realistic New Year Resolutions While Living with Depression](#)
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- [When Being Unproductive Saves a Career](#)

Therapy Shelf Links

- [Easy to Print - Therapy Sheets](#)
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- [No physical health without mental health: lessons unlearned?](#)
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Is your physical and mental health important to you? In this edition of the Behavioral Health Awareness Campaign Newsletter the inner workings of how physical health and mental health relate and rely on one another are examined. The integration of primary health and behavioral health is proving to be a hot topic in health care (SAMHSA, 2017). Some data shows that effective integrated care can lead to better outcomes for patients in terms of better quality of life (Medicaid, 2017). There is a huge correlation between the two. Statistics show that people with a mental illness die at an earlier age than the general population and usually have more co-occurring health conditions. For instance, 68 percent of adults with a mental illness have one or more chronic physical condition (SAMHSA, 2017). A healthy body plus a healthy mind equals a happy human. What does the new year mean to you? Any new year resolutions? Typically, the new year brings with it a lot of new year's resolutions and new gym memberships. Following through and truly achieving that healthier life style or whatever the resolution is can be a very trying journey. Physical and mental health are both very important. There are always new health initiatives coming into play as well as multiple incentives for gym memberships and other healthy lifestyle changes. What does it mean to be in good physical and mental health? Both physical and mental health are entangled with one another and both play vital roles in our bodies systems.



[Download Agency Contribution Request Form](#)

What's News in Nassau?

The year 2018 presents itself with a lot of opportunities and possibilities for self-improvement and self-discipline. A new year results in many people striving to be a better version of themselves. For example, some goals people put into place are eating healthier, saving more money, working harder and drinking less. David DeSteno, psychology professor from Northeastern University wrote an op-ed piece for the New York Times on December 29th, 2017 (1). He discussed the difficulty in maintaining common resolutions. By the second week of January many people drop their vows and by the end of the year only 10% are faithfully observing them. Current psychological research suggests that reinforcing a client's pride in self-care, supporting gratitude and compassion, and reducing loneliness yield stronger engagement and adherence to wellness activities. The severe mentally ill and substance use disorder communities that turn to Mercy Medical Center represent a psychiatric and medically vulnerable population which has historically encountered higher incidences of chronic physical illness (Cardiovascular, respiratory and infectious diseases, diabetes and hypertension) and up to 10-25-year premature mortality rates compared with the general population. (2) Mercy Medical Center's behavioral health service in Garden City (established over 50 years ago) was awarded New York State's first integrated behavioral health clinic license for its mental health, substance use disorder, primary health care and partial hospital program (separately licensed) in 2013.



Contact Us
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(516)-227-7057
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[516-227-8255](#)



Mercy's primary care services are available 16 hours each week with internal medicine care provided by board certified internists, supported by nurses who perform phlebotomy, EKGs, nebulizer treatments and intermuscular psychiatric medication injections. Dr. Atul Gawande's article on January 23rd, 2017 in the New Yorker magazine titled The Heroism of Incremental Care (3) describes Mercy's model of cohesive, community building, compassionate care. Mercy has documented outcomes of a gradual progression of health gains over the weeks, months and years of care that includes medical, psychiatric, individual/group psychotherapy, art therapy, open art studio, pet therapy and self-help meetings. The interdisciplinary approach and collaboration of internists, therapists and psychiatrists/nurse practitioners promotes patient pride in self-care, compassion and gratitude in a healing community environment.



Another Mercy initiative, started in 2016 is a New York State Office of Mental Health grant funded by the On-Track program for newly diagnosed young adults with psychotic disorders. On November 4th, 2016, along with

the help of Rockville Center Coalition for Youth and the Friends of Mercy a presentation was held at Molloy college's opioid symposium at their Hay Theater. This was in response to the increased abuse seen with prescription drugs and heroin on Long Island that has gained wide recognition in recent years. There were 150 attendees at the symposium - titled Long Island Opioid Addiction Epidemic: A Discussion with The Community on Recovery, Prevention and Treatment. This event focused on the dissemination of information about support and treatment options, explored the personal experiences of a recovering substance abuser and new terminology and trends were also discussed.

Mercy Medical Center's Behavioral Health Service provides a free family support group (on alternating Tuesday evenings from 6:30-8:00pm) open to the community for family members of those struggling with behavioral health problems.

Call **516-705-3400 Ext:3230** for information about Mercy's Behavioral Health Services.

Did You Know?

- Exercise training proves helpful in reducing anxiety symptoms for patients who have a documented chronic illness (Dishman, R., Herring, M., & O'Connor, P., 2010).
- Acute exercise sessions combined with regular exercise regimens help to improve memory and help to decrease stress versus a sedentary life style (Davis, F., Hopkins, M., VanTieghem, M., & Whalen, P., 2012)
- Mental health and physical health are intimately linked (World Health Organization (WHO), 2013).
- Consuming fruits and vegetables for a healthier life style is not just a myth! The validity behind these statements are immensely truthful and greatly benefit a positive physical health status (Mujcic, R. & Oswald, A., 2016).
- Researchers (Fichera, E., Ohrnberger, J., & Sutton, M., 2017) document that past history in regards to mental and physical health status is a large contributing factor to someone's current health status.
- Depression can make it very difficult to lead a normal life and make it even more strenuous to maintain a healthy life style (Collingwood, J., 2016).



- Primary care providers deliver half of the mental health care for common conditions such as anxiety, ADHD, depression, behavioral problems, and substance use. Yet, people with mental illnesses who are treated in a primary care setting are less likely to receive effective behavioral health care (NIMH, 2017).
- [75 percent of adult patients with depression see primary care providers, but only half are accurately diagnosed](#) (NIMH, 2017).
- Ever wondered what stress truly means? Stress is how the brain and body respond to any demand. Every type of demand or stressor—such as exercise, work, school, major life changes, or traumatic events—can be stressful (NIMH, 2017)
- Sleep is very important and your body heals when you do it. Monitoring your sleeping patterns can prove to be very beneficial (Office of Women's Health, 2017).
- Higher physical activity and physical fitness levels are associated with improved cognitive performance (e.g., concentration, memory) among students. (CDC)
- Students who are physically active tend to have better grades, school attendance, cognitive performance (e.g., memory), and classroom behaviors (e.g., on-task behavior). (CDC)

Agency Spotlight



Individuals diagnosed with mental health and substance use disorders are dying 25 years younger than those not diagnosed with a mental illness; and mostly from untreated and preventable chronic illness like hypertension, diabetes, obesity and cardiovascular disease. Recognizing the need, CNGC, serving over 6,000 residents of Long Island annually, wanted to facilitate change in this area and help their clients have better mental and physical health at the same time. To this end, CNGC was awarded the NYS Office of Mental Health GTAC grant in 2014. The grant allowed CNGC to partner with Nassau Medical Associates and later with the Long Island Federally Qualified Health Center (LIFQHC) to provide on-site primary care services to the clients CNGC serves. The primary care doctor first treated clients in May 2014 and CNGC continues to increase their on-site capacity. CNGC serves over 350 individual clients with primary care services on-site at the wellness center. In 2015, CNGC was awarded the Primary and Behavioral Health Care Initiative (PBHCI) grant from SAMHSA to continue moving forward with positive outcomes. The PBHCI grant also enhanced the CNGC's ability to add a critical component - every wellness center client also receives care coordination. Care coordination has aided significantly in compliance and adherence to medical visits and follow up as well as increased communication between all of the providers and the client to ensure that the overall health and wellness of the client is at the forefront of all decisions. Since the program started CNGC has also focused on research and data and has collected and analyzed health outcomes of clients. These outcomes have shown positive results: 30% of the clients were no longer at risk for diabetes, 88% showed improvement in their depression symptoms and obesity rate improved by 47%. These outcomes are some of the many successes clients at CNGC experience every day through true integration of behavioral and physical health care. Under one roof, CNGC provides any necessary service to clients to help improve their overall health and wellness.

The wellness center services also include:

- An evidence based peer-centered group (WHAM) for individuals with chronic health and behavioral health conditions where each session is aimed at activating and enhancing self-management skills - utilizing a client-centered, strength based perspective rooted in ten science based resiliency factors.
- Walkie Talkies Walking Club- clients walk and talk their way to fitness
- Solutions for wellness - reducing the risk of chronic health conditions by learning strategies to make better food choices
- Breathe Easy - helping clients find a smoke reduction strategy that will work for them.
- Fitness program with a local gym
- Consumer Advisory Board to obtain feedback and input into program planning

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CN Guidance & Counseling Services

950 South Oyster Bay Road

Hicksville, NY 11801

Phone: (516) 822-6111

Fax: (516) 396-0553

info@centralnassau.org

Agency Spotlight

Garden City School District

(Department of Pupil Personnel Services)

5th Annual Community Support Services Fair

Thursday, February 15, 2018

6:00pm - 8:00pm

Garden City High School Library

170 Rockaway Avenue, Garden City, NY 11530

Meet with a variety of vendors from children and adult service organizations

Randy Young
Education Outreach Specialist,
LI Parent Center



Guest Speakers begin at 6:30PM
Topic: Pathways to Graduation

Cathy Pantelides
Transition Specialist,
Eastern Suffolk BOCES

For additional information or questions, please contact:

Michele Vincent, LCSWR, # 516-478-1500

Mandi Stefankiewicz, MS/CAGS, # 516-478-2035

Garden City School District is hosting the 5th Annual Community Support Services Fair

Garden City Public School District will be hosting an event called The Garden City Transition and Support Fair. This is the fifth year in a row this event will be held. The event will take place at the Garden City High School Library at 170 Rockaway Avenue, Garden City, NY 11530. This event will connect local families to various resources and support services that are available through the community. The fair will have vendors from vocational and work training, mental health resources, camps, speech services, recreation, respite care, waiver services, and much more!

Opioid Epidemic Information



[Here's What It Would Cost to Fix the Opioid Crisis, According to 5 Experts](#) (November 27, 2017)

[Largest study of opioid deaths reveals who is at most risk](#)
Analysis reveals that those with chronic pain, psychiatric disorders, were at highest risk. (November 28, 2017)

[Opioid lawsuits are stacking up. But will they pay off for NY counties?](#) (November 21, 2017)

[Governor Cuomo Launches New Fentanyl Public Awareness Campaign](#)
[Traducción al español](#)

As part of the campaign, New Yorkers are encouraged to carry naloxone to help when someone is experiencing an overdose. Under the New York State Department of Health's [Naloxone Co-payment Assistance Program](#) (N-CAP), individuals can access low-cost or no-cost naloxone at pharmacies across the state. At participating pharmacies, individuals with prescription coverage as part of their health insurance plan can receive up to \$40 in co-payment assistance for the purchase of this lifesaving drug. Uninsured individuals and individuals without prescription coverage can receive naloxone at no cost through New York's network of [registered opioid overdose prevention programs](#).

[4 ways that telemedicine can address the opioid crisis](#) (December 1, 2017)

[Mortality from opioid addiction quadruples](#) (December 4, 2017)

[FDA Approves Once-Monthly Buprenorphine Injection for Opioid Use Disorder](#)

Current buprenorphine-based treatments for OUD employ an oral mode of administration (in the form of a dissolvable film or tablets) and require daily intake, thus posing the issue of medication adherence. These treatments are also available in the form of an implant (Probuphine), which provides stable delivery of low-dose buprenorphine over a 6-month period.² The agency's commissioner, Scott Gottlieb, MD, noted in the press release the importance of providing an array of treatment options for OUD. December 1, 2017

Calendar of Naloxone Trainings <i>Must register online in order to attend the upcoming events</i> Register for upcoming Overdose Prevention and Naloxone/Narcan Trainings		
Town	Date	Location
Roosevelt	Wed, 2-7-18 7-9pm	REACT Center 27A Washington Place Roosevelt, NY 11575
Glen Cove	Mon, 3-5-18 7-9pm	Congregation Tifereth Israel 40 Hill St Glen Cove, NY 11542
Cold Spring Harbor	Th, 3-15-18 7-9pm	Cold Spring Harbor Laboratory, Hawkins Conference Room 1 Bungtown Road Cold Spring Harbor, NY 11724
Franklin Square	3-19-18 7-9pm	H. Frank Carey High School 230 Poppy Avenue Franklin Square, NY 11010
Hicksville	3-27-18 7-9pm	Central Nassau Guidance & Counseling Center Conference Room 950 South Oyster Bay Road Hicksville, NY 11801
West Hempstead	4-9-18 7-9pm	West Hempstead Library 500 Hempstead Avenue West Hempstead, NY 11552
Woodmere	4-16-18 7-9pm	Woodmere Fire Department 20 Irving Place Woodmere, NY 11598
Bayville	4-18-18 7-9pm	Bayville Fire Department 258 Bayville Avenue Bayville, NY 11709

How can we assist seniors with keeping up with their health?

1. Take Advantage of doctors' visits:

Medicare pays for two wellness visits: a one-time Welcome to Medicare Visit and an Annual Wellness Visit.

2. Focus on Prevention

Preventative care visits, including health screenings for cholesterol levels, heart problems, colon cancer and more, qualify for Medicare coverage. Seniors are also encouraged to get vaccinations that can help prevent pneumonia and influenza.

3. Remember Mental Health

The Geriatric Mental Health Foundation recommends that seniors do crossword puzzles, read, write, and try new hobbies to stimulate their minds and engage with the world around them. Activities like these can ward off a decline in mental health.

4. Encourage physical activity

Exercise not only increases energy but improves memory and alleviates depression. Short strolls, long walks or an exercise program approved by a physician, can keep seniors healthier longer.

5. Educate on healthy eating

The digestive system changes with age, so catering to their dietary needs is imperative. Always encourage them to follow the dietary instructions given to them by their Primary care physician in order to maintain a healthy digestive system.

6. Sufficient sleep is still important!

Insomnia and frequent waking in the night are common amongst seniors. Turn the lights down in the evening to spur drowsiness, and make sure the senior's bedroom is quiet, comfortable and cool.

7. Make time to Socialize/enjoy activities

Time spent with friends, children and grandchildren may help seniors feel connected, especially if they have mobility issues. Local senior centers often provide transportation to and from the center, making it more accessible for those who no longer drive.



The world we live in is aging. Today, there are roughly 600 million people aged 60 and over worldwide; this total will nearly double by 2025 and will reach almost two billion by 2050. Increased longevity is a triumph for public health and the result of improvements in social and economic development. Having a primary care physician, and keeping up with health concerns are imperative as statistics have shown that many individuals will face, as they age, the risk of having at least one chronic disease, such as hypertension, or diabetes.
http://www.who.int/ageing/primary_health_care/en/

Justice Junction

**Nassau County Drug Treatment Court
99 Main St. Hempstead, N.Y. 11550**

Today, Nassau County Drug Treatment Court is helping save lives and rebuild them. If you or your family has not been detrimentally affected by the drug epidemic yet, there is a high probability you know of others who have. Some of them, unfortunately in remembrance.

Individuals who are arraigned in Criminal Court are referred to Drug Treatment Court by a judge or attorney. They are then assessed by trained clinicians for eligibility, and the level and type of treatment needed. The clinician makes treatment recommendations to the court and the client is ordered by the judge



into treatment. The level and type of treatment may range from outpatient, intensive outpatient, 28-day rehab., or long term residential treatment depending on the severity of the client's addiction. Other considerations for treatment may include the need to address mental illness, medical assistance, withdrawal, trauma, homelessness, domestic violence, skills for living, social, and vocational needs as well as many others.

Clients are in treatment court for a minimum of one year and continue to come to court. The treatment programs report drug testing and progress reports to the court and clients are closely monitored by their case managers. A client's treatment may increase, intensify or decrease depending on their progress. Many of our client's go on to lead successful clean and sober lives.

It is the interwoven team process that makes Nassau County Drug Treatment Court highly effective and beneficial for the clients served. Not only is the case management team in constant communication with each other, but there is also daily 2-way communication with the Court's Judge, the NY State Drug Treatment Court Team and Project Director, and the Assigned Assistant District Attorney, all operating from the same location. The Treatment Programs, families, and the client are also integral team members. The Drug Treatment Court is part of the Nassau County Department of Human Services, Office of Mental Health, Chemical Dependency & Developmental Disabilities.

The advantages of Drug Treatment Court, compared to incarceration, are clear and numerous in terms of saving lives, helping to rehabilitate those who suffer from addiction, reuniting families, benefiting the community and saving tax payers money. We wish to thank the many dedicated hard-working individuals who provide and support this vital service.

Written by Elva Ann Orlandini and Richard Remauro, Nassau County Drug Treatment Court

Innovation Corner

[Light Therapy Might Help People With Bipolar Depression](#)

November 27, 2017

[A Washington state county sheriff's department says it will now use videoconferencing to do mental competency evaluations at the jail](#)

November 28, 2017

[Device To Stem Opioid Withdrawal Pain Gets Greenlight From FDA](#)

November 20, 2017

[To Reduce Recidivism, New York City Tries a Bold New Approach](#)

Do away with all jail sentences of less than a month. That's the idea behind newSTART, a jail diversion program launched in New York.

November 21, 2017

[The Emerging Digital Treatment Era](#)

What is the range of digital treatment technologies? Digital treatment technology is a broad term used to describe a technology tool that can be used to treat a consumer's physical, behavioral, or cognitive health condition. These tech tools include mobile apps, devices that feed information into medical apps, wearables, and telehealth.

December 5, 2017

[AI Algorithms to Prevent Suicide Gain Traction](#)

Facebook is one of several companies exploring ways to detect online behaviors that have been linked to self-harm.

December 13, 2017

[Study: Cannabis Component May Treat Psychosis](#)

An ingredient in cannabis called cannabidiol or CBD has shown promise in a clinical trial as a potential new treatment for psychosis.

December 15, 2017

[Health Systems Target Telehealth to Fill a Mental Healthcare Gap](#)

With anxiety and depression affecting more and more Americans, providers are turning to telehealth and digital health to give their patients on-demand access to therapy and coping tools.



Community Bulletin

Events	Dates	Location	Register
BHIT	1-31-18	Webinar on Data Analytics	Register (1:00pm-2:00pm)
CTAC	1-31-18	Infant and Early Childhood Mental Health Part I: The Foundations of Infant and Early Childhood Mental Health	Register (12:00pm-1:00pm)
PsychU	2-5-18	Caring For The Patient With Schizophrenia: Nursing, Pharmacy, & Social Work Perspectives	Register View Flyer (12:00pm-1:00pm)
<u>Naloxone/Narcan Training</u>	2-7-18	REACT Center 27A Washington Place Roosevelt, NY 11575	Register (7:00pm-9:00pm)
BHIT	2-7-18	Webinar on <i>Cyber Security</i>	Register (2:00pm-3:00pm)
MCTAC	2-14-18	Contract Protection: Individuals handling contracting with Medicaid Managed Care Organizations are especially encouraged to attend	Register (2:00pm-3:00pm)
mHealth Intelligence	2-15-18	Harnessing Health Capabilities to Improve Care Delivery	Register (1:00pm)
CTAC	2-16-18	Infant and Early Childhood Mental Health Part II: Best Practices in Treating Infant- Early Childhood Mental Health Concerns	Register (12:00pm-1:00pm)
MCTAC	2-21-18	Putting the Pieces Together: Shared Experiences of Adult BH HCBS Implementation	Register (12:00pm-1:00pm)
Manatt Health	2-27-18	What Are the Megatrends Shaping Data- Driven Healthcare?	Register (1:00pm-2:00pm)
Mental Health Association	Feb.-2018	Please see calendar of training opportunities	
CTAC	Pre- Recorded	We strongly encourage school-based MH providers and pupil personnel staff to invite teachers, school administrators, and other school-based staff to participate in this series. In the Face of Adversity: Promoting Resilience Through Trauma- Sensitive Schools	Part 1: Trauma-Sensitive Schools Part 2: Tier 1 – Trauma-Informed Care for All Part 3: Tier 2 – Trauma-Informed Interventions for Students in Need
	1-18-18	Part 4: Providing Services to Students with Clinically Significant Difficulties Following Trauma Exposure	Register (12:00pm-1:00pm)
	2-8-18	Part 5: Restorative Justice: A Trauma- Informed Approach to Discipline in School	Register (12:00pm-1:00pm)
CTAC	3-1-18	Exploring Partnerships and Collaboration, Part II Strategy and Due Diligence	Register (12:00pm-1:00pm)

<u>Naloxone/Narcan Training</u>	3-5-18	Congregation Tifereth Israel 40 Hill St, Glen Cove, NY 11542	Register (7:00pm-9:00pm)
<u>Naloxone/Narcan Training</u>	3-15-18	Cold Spring Harbor Laboratory Hawkins Conference Room Cold Spring Harbor, NY 11724	Register (7:00pm-9:00pm)
<u>Naloxone/Narcan Training</u>	3-27-18	Central Nassau Guidance & Counseling Conference Room 950 South Oyster Bay Road Hicksville, NY 11801	Register (7:00pm-9:00pm)
PsychU	3-28-18	Antidepressant Utilization In Bipolar Disorder: What Is The Evidence?	Register (12:00pm-1:00pm)
<u>Naloxone/Narcan Training</u>	4-9-18	West Hempstead Library 500 Hempstead Ave West Hempstead, NY 11552	Register (7:00pm-9:00pm)
<u>Naloxone/Narcan Training</u>	4-16-18	Woodmere Fire Department 20 Irving Place Woodmere, NY 11598	Register (7:00pm-9:00pm)
MCTAC	Pre-Recorded	Substance Use Disorders: What You Need to Know Part I	View Webinar
MCTAC	Pre-Recorded	Part 1: Finding Our New True North Part 2: From Volume to Value: Shifting the Paradigm Part 3: Back to Basics: Improving Access Part 4: Integrated Care: Re-Thinking Our Role	View Part I View Part II View Part III View Part IV
DOH Value Based Payment (VBP) Learning Resources	Online	VBP University is designed to be an academic resource to raise awareness, knowledge and expertise in the move to VBP	VBP University
MCTAC	Online	Resources from the Tools to Support the Development of a Performance Driven Culture Trainings	Resources
MCTAC	Online	Recovery-Oriented HCBS Training: Challenges and Opportunities Slides Available	Resources
MCTAC	Pre-Recorded	Children's SPA Service Webinar: Family and Peer Supports	View Webinar
MCTAC	Pre-Recorded	2016 Family Peer Advocate Credential Application Overview	View Webinar
MCTAC	Pre-Recorded	Introduction to Family Peer Support Services	View Webinar
MCTAC	Pre-Recorded	Family Peer Support Services: Partnering with Hospitals	View Webinar
SAMHSA	Pre-Recorded	Financing Peer Support Services through Medicaid - Billing Codes and Other Factors	View Webinar
MCTAC Webinar	Pre-Recorded	Training Series for Designated Adult BH HCBS Providers	View Webinar
OPEN MINDS	Online	What Does 'Value-Based' Look Like In The I/DD Field?	Click here for details

SAMHSA	Pre-Recorded	Financing Peer Support Services through Medicaid - Billing Codes and Other Factors	View Webinar
MCTAC OASAS Certified Part 822 Programs	Pre-Recorded	In-community guidance for OASAS certified Part 822 programs	Introductory Webinar Q&A Billing Guidance "Benefits and Opportunities" Webinar
CTAC OASAS 820 Implementation Videos	Pre-Recorded	Providers discuss their experiences in transitioning to a Part 820 from an administrative and billing perspective	Chapter 1: Administrative Readiness Chapter 2: Clinical Readiness
MCTAC Pre-Recorded Webinar	Pre-Recorded	The DSM 5 and the Cultural Formulation Interview: What It Is and How to Implement It	English Spanish
MCTAC Follow the Yellow Brick Road	Pre-Recorded	Steps for a Smooth Transition into the Electronic Health Systems World	Presentation slides Webinar recording Project plan

Additional Resources

[The Association of School Prevention, Intervention, Resource and Educational Professionals \(ASPIRE\)](#)

[Disaster Preparation Brochure](#)

[Long Island Advocacy Center](#)

[Long Island Families Together LIFT](#)

[National Alliance on Mental Illness NAMI Queens/Nassau](#)

[Nassau Alliance for Addiction Services NAFAS](#)

[Nassau County Local Community Coalitions](#)

[Nassau Suffolk Law Services](#)

[Suicide Prevention Brochure](#)

[Long Island Family Support Services Advisory Council](#)

New Grant Opportunities

Due date

SAMHSA CMHS	Garrett Lee Smith (GLS) Campus Suicide Prevention Grant Pre-Application Webinar Announcement for this RFA (PDF 339.19 KB)	2/20/18
CSAT	Screening, Brief Intervention and Referral to Treatment (SBIRT)	2/21/18
CSAT	Grants to Expand Substance Abuse Treatment Capacity in Adult Treatment Drug Courts and Adult Tribal Healing to Wellness Courts (SAMHSA Treatment Drug Courts) Pre-Application Webinar Announcement for this RFA (PDF 94.69 KB)	2/21/18
SAMHSA CMHS	Minority AIDS Initiative – Service Integration (MAI-SI)	3/5/18
SAMHSA CMHS	Law Enforcement and Behavioral Health Partnerships for Early Diversion (Early Diversion Grants) Pre-Application Webinar Announcement for this RFA (PDF 337.03 KB)	3/5/18

SAMHSA CMHS	Treatment for Individuals with Serious Mental Illness, Serious Emotional Disturbance or Co-Occurring Disorders Experiencing Homelessness (Treatment for Individuals Experiencing Homelessness) Pre-Application Webinar Announcement for this RFA (PDF 339.96 KB)	3/9/18
SAMHSA CMHS	Clinical Support System for Serious Mental Illness Funding Opportunity Announcement (FOA)	3/19/18
CSAP	Drug-Free Communities (DFC) Support Program – New	3/29/18
CSAP	Drug-Free Communities (DFC) Support Program – Competing Continuation	3/29/18
Please add behavioral health E-newsletter BHAC@hhsnassaucountyny.us to your address book/contacts to ensure continued receipt of newsletter.		
BHAC E-Newsletter Archive		