

**Nassau County  
Opioid Treatment Program**

Program treats over 600 clients with Opiate Substance Use Disorders on a daily basis. Medication Assisted Treatment has proven to be an effective medical treatment for opioid addiction. It improves clients' health, education, family relationships and self-esteem while increasing clients' prospects for gainful employment.

**Services:**

- ⇒ Counseling
- ⇒ Nursing services
- ⇒ Psychiatric Services
- ⇒ Medical assessment
- ⇒ Acupuncture Services
- ⇒ HIV/AIDS testing and education
- ⇒ Tapering program
- ⇒ Medical Maintenance program
- ⇒ Women's groups
- ⇒ Men's groups
- ⇒ Coordinate care with Court Systems, DSS, and Case Management, and Community Based Organizations

**The NC Opioid Treatment Program is accredited by the Joint Commission**



**Nassau County  
Opioid Treatment  
Program  
at NUMC, Bldg K**

**Intake Contacts:**  
*Methadone/Suboxone ... 516-572-5801*  
*Naltrexone (ER)..... 516-572-6631*  
*General..... 516-572-6305*

*Administrative Office..... 516-572-5906*  
*Fax..... 516-572-6777 or 6771*

*NC Opioid Treatment Program*  
*.....516-572-5500*  
*.....516-572-5555*

*Clinic Hours .. Mon-Fri 6:00am-11:00am*  
*..... Sat-Sun 7:00am-11:00am*  
*(Medicating hours)*



*Office Hours:.... Mon-Fri 5:45am-3:15pm*

Edward P. Mangano  
County Executive

James R. Dolan, Jr. DSW, LCSW  
Acting Commissioner  
Director of Community Services



**COUNTY OF NASSAU  
DEPARTMENT OF HUMAN SERVICES**  
 Office of Mental Health,  
 Chemical Dependency and  
 Developmental Disabilities Services

**Nassau County  
Opioid  
Treatment  
Program**

2201 Hempstead Turnpike, Building K  
East Meadow, NY 11554

## **Nassau County Opioid Treatment Program Mission Statement**

The Mission of NC Opioid Treatment Program is to treat individuals suffering from an Opiate Substance Use Disorder with a comprehensive, culturally competent bio-psycho-social approach to assist the chemically dependent persons to cease the use of illicit and/or controlled substances and move towards leading a healthy and productive life.

The goal of this program is to utilize intensive, inter-disciplinary services and individualized treatment planning to successfully intervene with the chemically dependent client.

Objectives include but are not limited to:

- ◆ Medical intervention with physically compromised Hepatitis C and HIV population,
- ◆ Psychiatric stabilization of those clients with dual diagnoses
- ◆ To provide medical assisted treatment and assign clients to appropriate treatment track to achieve optimal client focused outcomes
- ◆ Supply addiction specific recovery counseling.



**WE CAN HELP!**

## **Nassau County Opioid Treatment Program Treatment Tracks**

Methadone Maintenance Track

Suboxone Track

Naltrexone for Extended Release Track

Medical Maintenance Track

### **Methadone Maintenance**

Methadone is a long-acting opioid full agonist (opioid blocker) that is prescribed as a treatment for opioid substance use disorder which addresses **only** the treatment of opiates. Methadone is given daily at a therapeutic dose and when patient is stabilized, Methadone will:

- \* suppress opioid withdrawal symptoms
- \* reduce cravings for opioids
- \* not induce intoxication (e.g.: sedation or euphoria)
- \* reduce the euphoric effects of other opioids, such as heroin.
- \* Give the individual a chance to work on their life issues with the clinical staff

### **Suboxone**

Suboxone is used for the treatment of opioid substance use disorder and is a partial agonist medication-assisted treatment. Suboxone is given in the form of a sublingual film which contains the active ingredients buprenorphine and naloxone.

## **Extended Release Naltrexone**

This form of Opioid Substance Use Disorder treatment is a complete opioid blocker antagonist which consists of an extended-release injectable suspension of naltrexone that is administered once a month by a healthcare professional. This form of medication assistance, when given, attaches to certain opioid receptors in the brain and blocks the pleasurable feelings associated with taking opioids. It can

- prevent relapse to opioid dependence after detox
- treat alcohol dependence. (One should have complete abstinence from alcohol before starting this treatment)
- must be opioid-free for a minimum of 7-14 days to avoid sudden opioid withdrawal

Long Acting Naltrexone for Extended Release is not a narcotic, not pleasure producing, not addictive, and no withdrawal

### **Medical Maintenance**

This track is for individuals who have been maintained on an Opioid medication assisted treatment for a long period of time and have repaired their lifestyle. These individuals do not want to taper off of the maintenance medication and are in need of medical supervision only.