



The CDC's National Health and Nutrition Examination Survey (NHANES) is in your area! NHANES is an annual survey of the nation's health status – and Nassau County is one of several counties selected to participate this year. The survey is unique in that it combines interviews and physical examinations.

Results of NHANES benefit people in the United States in important ways. Facts about the distribution of health problems and risk factors in the population give researchers important clues to the causes of disease. Information collected from the current survey is compared with information collected in previous surveys. This allows health planners to detect the extent to which various health problems and risk factors have changed in the U.S. population over time. By identifying the health care needs of the population, government agencies and private sector organizations can establish policies and plan research, education, and health promotion programs that help improve present health status and prevent future health problems.

Participation in the survey is **by invitation only** – but **if you are invited**, we hope you will participate! For more information visit: <http://www.cdc.gov/nchs/nhanes.htm>