Nassau County Aquatic Center

2018 Fall Session - Aquatic Fitness Classes

Registration starts on Monday, Sept. 10th at 8:00 am

Adult Registration Rules:

- Leisure Pass is required at time of registration. We cannot look up a Leisure Pass in the computer.
- Sign up is first come, first serve and must be done in person. Places in the line cannot be held for someone else. Upon arrival, you must go the end of the line.
- Payment in full is due at the time of registration. No refunds or make-ups are allowed.
- Registration is on-going during business hours until classes fill.
- You may not sign up for more than 2 aquatic fitness classes on the first registration day.

AQUATIC FITNESS CLASS SCHEDULE

Check brochure or website for class descriptions. All classes are 1 hour.

<u>Monday</u> Dates: Sept. 17 – Nov. 19	<u>Tuesday</u> Dates: Sept. 18 – Nov. 20	<u>Wednesday</u> Dates: Sept. 19 – Nov. 21	<u>Thursday</u> Dates: Sept. 20 – Nov. 15	Friday Dates: Sept. 20 – Nov. 15
Adult Fit Swim (18 & over) 7:15 a.m. \$60.00 No class: 10/8		Aquajog 9:00 a.m. \$66.00	Adult Fit Swim (18 & over) 7:15 a.m. \$60.00	Aqua-aerobics 1:30 p.m. \$54.00 No class: 10/12
Aquajog 8:30 a.m. \$60.00 No class: 10/8	Aqua-aerobics 11 a.m. \$60.00 No class: 11/6		Aqua-aerobics 11 a.m. \$54.00 No class: 10/11	Teen/Adult Intermediate Swim Lesson (13 & over) 6:30 p.m. \$80.00
Teen/Adult Beg. Swim Lesson (13 & over) 7:30 p.m. \$80.00 No class: 10/8	Aquajog 5:30 p.m. \$42.00 No class: 10/2, 10/9, 10/23 &11/6	Teen/Adult Intermediate Swim Lesson (13 & over) 7:30 p.m. \$88.00	Aquajog 8:00 p.m. 5 classes \$54.00 No class: 10/25	Teen/Adult Fit Swim (13 & over) 7:30 p.m. \$48.00 No class: 11/2 & 11/16

Note: \$6.00 non-refundable registration fee is included in each class fee *Discounts offered for taking multiple Aquatic Fitness classes.*

Discounts				
2 classes per session	\$12.00 discount (off total)			
3 classes per session	\$25.00 discount (off total)			
4 classes per session	\$40.00 discount (off total)			

ALL SCHEDULES ARE SUBJECT TO CHANGE

www.nassaucountyny.gov/agencies/Parks

572-0500

<u>NASSAU COUNTY DEPT. OF PARKS,</u> <u>RECREATION & MUSEUMS</u>