LOCATION: Catholic Charities Oceanside SCSC 80 Anchor Ave., Oceanside, NY 11572

516-764-9792 Please call for lunch reservation. Thank you.

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the NY State Office for the Aging and the U.S. Administration on Aging

516-764-9792 Please		amı	inistration on Aging			
MONDAY	TUESDAY	WEDNESDAY		THURSDAY		FRIDAY
ST. ANTHONY'S FEAST WEEK OF	ALTERNATE COLD MEAL ON TUESDAY	9:00 Coffee,Socialization,Bingo	1	9:00 Coffee,Socialization,Bingo	2	9:00 Coffee & Socialization 3
		10:30 DOLLAR STORE		10:45 GAMES W/LINDA		10:30 Bingo
JUNE 6, 7, 8, AND 9.	Tues., May 07 – California Salad	11:00 Yoga w/Mary		10:45 FOOD SHOPPING		10:45 CHI GONG & MEDITATION
	Tues., May 14 – California Salad	11:00 CVS Shopping		11:00 ARTHRITIS FOUNDATION		W/ANNE
NO PARKING IN LOT AS OF MONDAY,	Tues., May 21 – California Salad	12:00 SWEET & SOUR MEATBALLS		EXERCISE PROGRAM W/BARRIE		12:00 BEEF & BEAN CHILI
JUNE 3 RD	Tues., May 28 – California Salad	12:45 Cards, Games, Billiards		12:00 CHICKEN MARSALA		12:45 MOVING TO MUSIC W/ANNE
				12:45 Cards, Games, Billiards		12:45 Cards, Games, Billiards
SORRY FOR INCONVENIENCE						
9:00 Coffee, Socialization, Bingo 6	9:00 Coffee,Socialization,Bingo 7	1111 1	8	9:00 Coffee,Socialization,Bingo	9	9:00 Coffee & Socialization 10
10:30 DOLLAR STORE	10:45 CSFP/FAN IN FREEPORT	10:30 TRADER JOE'S		10:00 ADELPHIA STUDENT NURSES		10:30 Bingo
11:00 ARTHRITIS FOUNDATION	10:45 GAMES W/LINDA	11:00 Coloring		10:45 GAMES W/LINDA		10:45 CHI GONG & MEDITATION
EXERCISE PROGRAM W/BARRIE	10:45 DANCERCISE W/MARIE	Color Pencils and Books in Office		10:45 FOOD SHOPPING		W/ANNE
11:00 FOOD SHOPPING	12:00 CHICKEN FRANCAISE	11:00 Yoga w/Mary		11:00 ARTHRITIS FOUNDATION		12:00 ROAST PORK W/GRAVY
12:00 SPAGHETTI & MEATBALLS	12:45 MOVING TO MUSIC W/ANNE	11:00 CVS Shopping		EXERCISE PROGRAM W/BARRIE		12:45 MOVING TO MUSIC W/ANNE
12:30 Words of Wisdom w/Tom	12:45 Cards, Games, Billiards	12:00 MEATLOAF W/GRAVY		12:00 CHICKEN SALAD		12:45 Cards, Games, Billiards
12:45 Cards, Games, Billiards		12:45 MOTHER'S DAY CELEBRATION		12:45 BINGO W/TOM, MARIE &		
		ROCK TO THE MUSIC W/ANNE	+	MARGARET		
9:00 Coffee, Socialization, Bingo 13	9:00 Coffee, Socialization, Bingo 14		15	9:00 Coffee, Socialization, Bingo	16	9:00 Coffee & Socialization 17
11:00 ARTHRITIS FOUNDATION	10-12 Health Assessment w/Mary,RN	11:00 Coloring		10:45 GAMES W/LINDA		10:30 Bingo
EXERCISE PROGRAM W/BARRIE	10:45 GAMES W/LINDA	11:00 Yoga w/Mary		10:45 FOOD SHOPPING		10:45 CHI GONG & MEDITATION
11:00 FOOD SHOPPING	10:45 DANCERCISE W/MARIE	11:00 CVS Shopping		11:00 ARTHRITIS FOUNDATION		W/ANNE
12:00 3-CHEESE QUICHE	12:00 SLOPPY JOE	12:00 CHICKEN MARSALA		EXERCISE PROGRAM W/BARRIE		12:00 PEPPER STEAK W/GRAVY
12:30 NUTRITION W/CORNELL	12:45 MOVING TO MUSIC W/ANNE	12:30 FORTY FIFTH ANNIVERSARY		12:00 TILAPIA OREGANATA		12:45 MOVING TO MUSIC W/ANNE
12:45 Words of Wisdom w/Tom	12:45 Cards, Games, Billiards	CELEBRATION LIVE MUSIC W/JOHN		12:45 BINGO W/TOM, MARIE &		12:45 Cards, Games, Billiards
12:45 Cards, Games, Billiards				MARGARET		
9:00 Coffee,Socialization,Bingo 20	9:00 Coffee,Socialization,Bingo 21		22	9:00 Coffee,Socialization,Bingo	23	9:00 Coffee & Socialization 24
10:30 DOLLAR STORE	10:45 GAMES W/MARIE	11:00 Coloring		10:45 GAMES W/LINDA		10:30 Bingo
11:00 ARTHRITIS FOUNDATION	10:45 DANCERCISE W/MARIE	11:00 Yoga w/Mary		10:45 FOOD SHOPPING		10:45 CHI GONG & MEDITATION
EXERCISE PROGRAM W/BARRIE	12:00 SHEPHERD'S PIE	11:00 CVS Shopping		11:00 ARTHRITIS FOUNDATION		W/ANNE
11:00 FOOD SHOPPING	12:45 MOVING TO MUSIC W/ANNE	12:00 VEGETABLE LASAGNA		EXERCISE PROGRAM W/BARRIE		12:00 SPINACH QUICHE
12:00 PORK CHOP W/GRAVY	12:45 Cards, Games, Billiards	12:30 LEVITTOWN SENIORS SHOW		12:00 BBQ CHICKEN		12:45 MOVING TO MUSIC W/ANNE
12:30 Words of Wisdom w/Tom		LET THEM ENTERTAIN YOU		12:45 BINGO W/TOM, MARIE &		12:45 Cards, Games, Billiards
12:45 Cards, Games, Billiards				MARGARET		
27	9:00 Coffee,Socialization,Bingo 28		29	9:00 Coffee,Socialization,Bingo	30	9:00 Coffee & Socialization 31
MEMORIAL DAY	10:45 GAMES W/LINDA	10:30 BRUNCH		10:45 GAMES W/LINDA		10:30 Bingo
	10:45 DANCERCISE W/MARIE	11:00 Coloring		10:45 FOOD SHOPPING		10:45 CHI GONG & MEDITATION
CENTER CLOSED	12:00 SWISS BURGER	11:00 Yoga w/Mary		11:00 ARTHRITIS FOUNDATION		W/ANNE
	12:45 MOVING TO MUSIC W/ANNE	11:00 CVS Shopping		EXERCISE PROGRAM W/BARRIE		12:00 FRENCH BREAD PIZZA
	12:45 Cards, Games, Billiards	12:30 Cards, Games, Billiards		12:00 PORK CUTLET W/GRAVY		12:45 MOVING TO MUSIC W/ANNE
				12:45 Cards, Games, Billiards		12:45 Cards, Games, billiards