MAY 2019

**Activities** 

**LOCATION:** Catholic Charities Oceanside SCSC 80 Anchor Ave., Oceanside, NY 11572

516-764-9792 Please call for lunch reservation. Thank you.

Nassau County Office for the Aging
This program is made possible with funding from the Nassau County Department of
Human Services, Office for the Aging through the NY State Office for the Aging and the U.S. Administration on Aging

	516-764-9792 Please call for functifieservation. Thank you. the 0.5. Administration on Aging				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
ST. ANTHONY'S FEAST WEEK OF	ALTERNATE COLD MEAL ON	9:00 Coffee, Socialization, Bingo 1	9:00 Coffee,Socialization,Bingo 2	9:00 Coffee & Socialization 3	
	TUESDAY	10:30 DOLLAR STORE	10:45 GAMES W/LINDA	10:30 Bingo	
JUNE 6, 7, 8, AND 9.		11:00 Yoga w/Mary	10:45 FOOD SHOPPING	10:45 CHI GONG & MEDITATION	
	Tues., May 07 - California Salad	11:00 CVS Shopping	11:00 ARTHRITIS FOUNDATION	W/ANNE	
NO PARKING IN LOT AS OF	Tues., May 14 - California Salad	12:00 SWEET & SOUR MEATBALLS	EXERCISE PROGRAM W/BARRIE	12:00 BEEF & BEAN CHILI	
MONDAY, JUNE 3 RD	Tues., May 21 - California Salad	12:45 Cards, Games, Billiards	12:00 CHICKEN MARSALA	12:45 MOVING TO MUSIC W/ANNE	
	Tues., May 28 - California Salad		12:45 Cards, Games, Billiards	12:45 Cards, Games, Billiards	
SORRY FOR INCONVENIENCE					
9:00 Coffee, Socialization, Bi ngo 6	9:00 Coffee, Socialization, Bi ngo 7	9:00 Coffee, Socialization, Bingo 8	9:00 Coffee,Socialization,B ingo 9	9:00 Coffee & Socialization 10	
10:30 DOLLAR STORE	10:45 CSFP/FAN IN FREEPORT	10:30 TRADER JOE 'S	10:00 ADELPHIA STUDENT NURSES	10:30 Bingo	
11:00 ARTHRITIS FOUNDATION	10:45 GAMES W/LINDA	11:00 Coloring	10:45 GAMES W/LINDA	10:45 CHI GONG & MEDITATION	
EXERCISE PROGRAM W/BARRIE	10:45 DAN CERCISE W/MARIE	Color Pencils and Books in Office	10:45 FOOD SHOPPING	W/ANNE	
11:00 FOOD SHOPPING	12:00 CHICKEN FRANCAISE	11:00 Yoga w/Mary	11:00 ARTHRITIS FOUNDATION	12:00 ROAST PORK W/GRAVY	
12:00 SPAGHETTI & MEATBALLS	12:45 MOVING TO MUSIC W/ANNE	11:00 CVS Shopping	EXERCISE PROGRAM W/BARRIE	12:45 MOVING TO MUSIC W/ANNE	
12:30 Words of Wisdom w/Tom	12:45 Cards, Games, Billiards	12:00 MEATLOAF W/GRAVY	12:00 CHICKEN SALAD	12:45 Cards, Games, Billiards	
12:45 Cards, Games, Billiards		12:45 MOTHER'S DAY CELEBRATION ROCK TO THE MUSIC W/ANNE	12:45 BINGO W/TOM, MARIE & MARGARET		
9:00 Coffee, Socialization, Bingo 13	9:00 Coffee, Socialization, Bingo 14	9:00 Coffe e, Socialization, Bi ngo 15	9:00 Coffee, Socialization, Bingo 16	9:00 Coffee & Socialization 17	
11:00 ARTHRITIS FOUNDATION	10-12 Health Assessment w/Mary,RN	11:00 Coloring	10:45 GAMES W/LINDA	10:30 Bingo	
EXERCISE PROGRAM W/BARRIE	10:45 GAMES W/LINDA	11:00 Yoga w/Mary	10:45 FOOD SHOPPING	10:45 CHI GONG & MEDITATION	
11:00 FOOD SHOPPING	10:45 DANCERCISE W/MARIE	11:00 CVS Shopping	11:00 ARTHRITIS FOUN DATION	W/ANNE	
12:00 3-CHEESE QUICHE	12:00 SLOPPY JOE	12:00 CHICKEN MARSALA	EXERCISE PROGRAM W/BARRIE	12:00 PEPPER STEAK W/GRAVY	
12:30 NUTRITION W/CORNELL	12:45 MOVING TO MUSIC W/ANNE	12:30 FORTY FIFTH ANNIVERSARY	12:00 TILAPIA OREGANATA	12:45 MOVING TO MUSIC W/ANNE	
12:45 Words of Wisdom w/Tom	12:45 Cards, Games, Billiards	CELEBRATION LIVE MUSIC W/JOHN	12:45 BINGO W/TOM, MARIE &	12:45 Cards, Games, Billiards	
12:45 Cards, Games, Billiards	12.45 Gurus, Gurries, Dimarus	CEEEDICATION EIVE MOSIO WISOTIN	MARGARET	12.43 Garas, Garries, Dimaras	
12. 10 Garas, Garries, Biniaras			Witteract		
9:00 Coffee, Socialization, Bingo 20	9:00 Coffee, Socialization, Bingo 21	9:00 Coffee, Socializ ation, Bingo 22	9:00 Coffee, Socialization, Bingo 2 3	9:00 Coffee & Socialization 24	
10:30 DOLLAR STORE	10:45 GAMES W/ MARIE	11:00 Coloring	10:45 GAMES W/LINDA	10:30 Bingo	
11:00 ARTHRITIS FOUNDATION	10:45 DANCERCISE W/MARIE	11:00 Yoga w/Mary	10:45 FOOD SHOPPING	10:45 CHI GONG & MEDITATION	
EXERCISE PROGRAM W/BARRIE	12:00 SHEPHERD'S PIE	11:00 CVS Shopping	11:00 ARTHRITIS FOUNDATION	W/ANNE	
11:00 FOOD SHOPPING	12:45 MOVING TO MUSIC W/ANNE	12:00 VEGETABLE LASAGNA	EXERCISE PROGRAM W/BARRIE	12:00 SPINACH QUICHE	
12:00 PORK CHOP W/ GRAVY	12:45 Cards, Games, Billiards	12:30 LEVITTOWN SENIORS SHOW	12:00 BBQ CHICKEN	12:45 MOVING TO MUSIC W/ANNE	
12:30 Words of Wisdom w/Tom		LET THEM ENTERTAIN YOU	12:45 BINGO W/TOM, MARIE &	12:45 Cards, Games, Billiards	
12:45 Cards, Games, Billiards			MARGARET		
27	9:00 C offee, Socialization, Bingo 28	9:00 Coffee, Socialization, Bingo 29	9:00 Coffee, Socialization, Bingo 30	9:00 Coffee & Socialization 31	
MEMORIAL DAY	10:45 GAMES W/LINDA	10:30 BRUNCH	10:45 GAMES W/LINDA	10:30 Bingo	
	10:45 DANCERCISE W/MARIE	11:00 Coloring	10:45 FOOD SHOPPING	10:45 CHI GONG & MEDITATION	
CENTER CLOSED	12:00 SWISS BURGER	11:00 Yoga w/Mary	11:00 ARTHRITIS FOUNDATION	W/ANNE	
	12:45 MOVING TO MUSIC W/ANNE	11:00 CVS Shopping	EXERCISE PROGRAM W/BARRIE	12:00 FRENCH BREAD PIZZA	
	12:45 Cards, Games, Billiards	12:30 Cards, Games, Billiards	12:00 PORK CUTLET W/GRAVY	12:45 MOVING TO MUSIC W/ANNE	
			12:45 Cards, Games, Billiards	12:45 Cards, Games, billiards	