

516-764-9792 Please call for lunch reservation. Thank you.

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the NY State Office for the Aging and the U.S. Administration on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ST. ANTHONY'S FEAST WEEK OF JUNE 6, 7, 8, AND 9. NO PARKING IN LOT AS OF MONDAY, JUNE 3 RD SORRY FOR INCONVENIENCE	ALTERNATE COLD MEAL ON TUESDAY Tues., May 07 - California Salad Tues., May 14 - California Salad Tues., May 21 - California Salad Tues., May 28 - California Salad	9:00 Coffee,Socialization,Bingo 1 10:30 DOLLAR STORE 11:00 Yoga w/Mary 11:00 CVS Shopping 12:00 SWEET & SOUR MEATBALLS 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo 2 10:45 GAMES W/LINDA 10:45 FOOD SHOPPING 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 12:00 CHICKEN MARSALA 12:45 Cards, Games, Billiards	9:00 Coffee & Socialization 3 10:30 Bingo 10:45 CHI GONG & MEDITATION W/ANNE 12:00 BEEF & BEAN CHILI 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards
9:00 Coffee,Socialization,Bi ngo 6 10:30 DOLLAR STORE 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 11:00 FOOD SHOPPING 12:00 SPAGHETTI & MEATBALLS 12:30 Words of Wisdom w/Tom 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bi ngo 7 10:45 CSFP/FAN IN FREEPORT 10:45 GAMES W/LINDA 10:45 DANCERCISE W/MARIE 12:00 CHICKEN FRANCAISE 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards	9:00 Coffee, Socialization, Bingo 8 10:30 TRADER JOE 'S 11:00 Coloring Color Pencils and Books in Office 11:00 Yoga w/Mary 11:00 CVS Shopping 12:00 MEATLOAF W/GRAVY 12:45 MOTHER'S DAY CELEBRATION ROCK TO THE MUSIC W/ANNE	9:00 Coffee,Socialization,B ingo 9 10:00 ADELPHIA STUDENT NURSES 10:45 GAMES W/LINDA 10:45 FOOD SHOPPING 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 12:00 CHICKEN SALAD 12:45 BINGO W/TOM, MARIE & MARGARET	9:00 Coffee & Socialization 10 10:30 Bingo 10:45 CHI GONG & MEDITATION W/ANNE 12:00 ROAST PORK W/GRAVY 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards
9:00 Coffee,Socialization,Bingo 13 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 11:00 FOOD SHOPPING 12:00 3-CHEESE QUICHE 12:30 NUTRITION W/CORNELL 12:45 Words of Wisdom w/Tom 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization, Bingo 14 10-12 Health Assessment w/Mary,RN 10:45 GAMES W/LINDA 10:45 DANCERCISE W/MARIE 12:00 SLOPPY JOE 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards	9:00 Coffe e,Socialization,Bi ngo 15 11:00 Coloring 11:00 Yoga w/Mary 11:00 CVS Shopping 12:00 CHICKEN MARSALA 12:30 FORTY FIFTH ANNIVERSARY CELEBRATION LIVE MUSIC W/JOHN	9:00 Coffee, Socialization,Bingo 16 10:45 GAMES W/LINDA 10:45 FOOD SHOPPING 11:00 ARTHRITIS FOUN DATION EXERCISE PROGRAM W/BARRIE 12:00 TILAPIA OREGANATA 12:45 BINGO W/TOM, MARIE & MARGARET	9:00 Coffee & Socialization 17 10:30 Bingo 10:45 CHI GONG & MEDITATION W/ANNE 12:00 PEPPER STEAK W/GRAVY 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards
9:00 Coffee,Socialization,Bingo 20 10:30 DOLLAR STORE 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 11:00 FOOD SHOPPING 12:00 PORK CHOP W/ GRAVY 12:30 Words of Wisdom w/Tom 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo 21 10:45 GAMES W/ MARIE 10:45 DANCERCISE W/MARIE 12:00 SHEPHERD'S PIE 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards	9:00 Coffee,Socializ ation,Bingo 22 11:00 Coloring 11:00 Yoga w/Mary 11:00 CVS Shopping 12:00 VEGETABLE LASAGNA 12:30 LEVITTOWN SENIORS SHOW LET THEM ENTERTAIN YOU	9:00 Coffee,Socialization,Bingo 23 10:45 GAMES W/LINDA 10:45 FOOD SHOPPING 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 12:00 BBQ CHICKEN 12:45 BINGO W/TOM, MARIE & MARGARET	9:00 Coffee & Socialization 24 10:30 Bingo 10:45 CHI GONG & MEDITATION W/ANNE 12:00 SPINACH QUICHE 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards
MEMORIAL DAY 27 CENTER CLOSED	9:00 Coffee,Socialization,Bingo 28 10:45 GAMES W/LINDA 10:45 DANCERCISE W/MARIE 12:00 SWISS BURGER 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo 29 10:30 BRUNCH 11:00 Coloring 11:00 Yoga w/Mary 11:00 CVS Shopping 12:30 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo 30 10:45 GAMES W/LINDA 10:45 FOOD SHOPPING 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 12:00 PORK CUTLET W/GRAVY 12:45 Cards, Games, Billiards	9:00 Coffee & Socialization 31 10:30 Bingo 10:45 CHI GONG & MEDITATION W/ANNE 12:00 FRENCH BREAD PIZZA 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, billiards