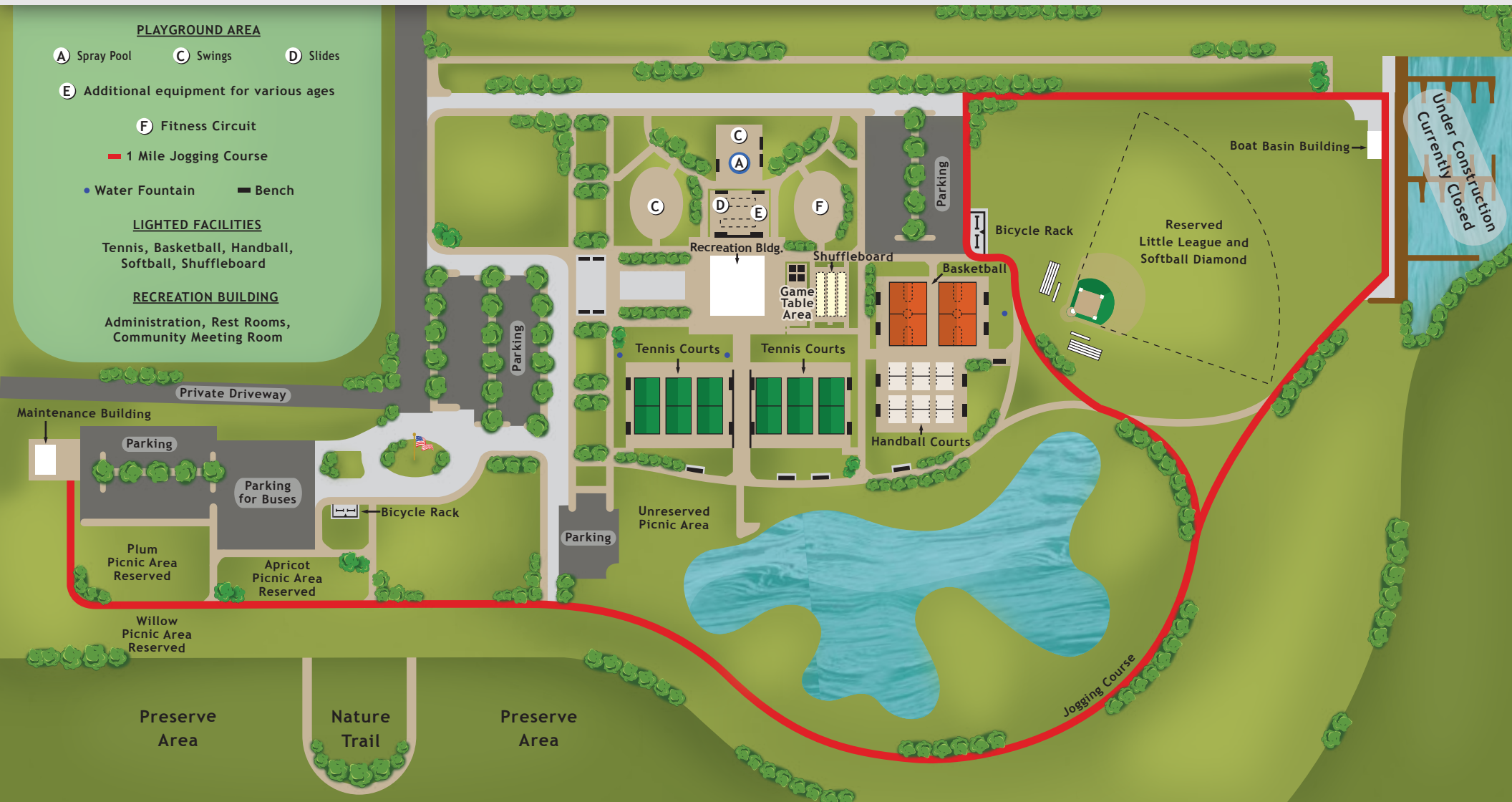


COW MEADOW PARK AND PRESERVE GUIDE



Cow Meadow

Cow Meadow Park & Preserve is a beautiful relaxing water-front area that has been established as part of the Nassau County Park system since 1970. Reserved and unreserved picnic areas with barbecues, community room, shuffle board, softball/little league, basketball and tennis courts. (Leisure Pass required; to reserve, call 571-8685).



South Shore Blueway Trail

The South Shore Blueway Trail provides safe recreation, where families and groups can explore the natural beauty and cultural wonders of Long Island's south shore with human-powered boats and beachable sail craft —easily accessible by all. Encouraging residents and visitors to enjoy recreational, educational and scenic experiences and, promote healthy lifestyles. For more information: southshoreblueway.com



Milburn Creek Boat Launch

Milburn Creek Boat Launch and Park is a narrow 24-acre park split by Milburn Creek. Milburn Creek Park includes a half-mile walking or jogging trail and a boat launch, accessible via the Atlantic Avenue entrance. Marina Boat Launch Stickers are available at Cow Meadow Park (Milburn Boat Ramp). Seasonal Launch Ramp Sticker \$70.00, Daily Launch Ramp Sticker \$25.00.