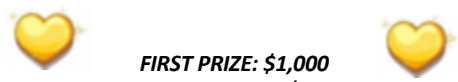


June 2019 Activities

GLEN COVE SENIOR CENTER, 130 Glen Street, GC, NY 11542

Nassau County Office for the Aging

This program is made possible with funding from the City of Glen Cove, the Nassau County Department of Human Services,
Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:00 – Crocheting with Friends 10:00 – Project Beacon w/ Sherri M., LMSW 10:30 – SAGE Golf Outing Registration & Breakfast 10:30 – Exercise w/ YMCA 11:00 – Monday Fun-Day 12:00 – SAGE Golf Outing Tee Off 1:00 – Creative Writing w/ Loretta C. 1:00 - Bridge, Mah Jong, Scrabble Club 1:00 - Tai Chi w/ Spencer G. 1:15 – Food Shopping 5:00 – SAGE Golf Outing Reception (Metropolitan)	4 9:45– Pickleball Club at Stanco Park w/ Eric 10:00 – Project Beacon w/ Sherri M., LMSW 10:00-11:30– Painting & Drawing w/ Chuck 10:30 – Brain Booster Club 1:00 – Canasta, Bingo 12:15– Hypertension Lecture 1:00 – LILA 3:00 – Sign Language w/ Heide L. 3:45 – Chess Class	5 9:00 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 12:30 - Nutrition Lecture 1:00- Bridge 1:30 – Inspirational Afternoon: Healthy Brain lecture 1:30 - Mah Jong: Beginners & Intermediates 2:00 – Chair Yoga w/ Patty	6 10:00 – Project Beacon w/ Sherri M., LMSW. 10:15 – Arthritis Exercise & Education Class– Bus to Glen Cove Hospital 11:00 – Balloon Volleyball w/ Eric 11:00 - American Legion Meeting Post 76 11:00 - French Class 1:00 – Canasta 1:15 – Food Shopping 1:30 – Center Club Meeting 3:00 – Dancercise w/ Carol R.	7 9:00 – IAC Exec Board, Monthly Breakfast 9:00 – Seniorobics w/ Fran, Crocheting w/ Friends 10:00– Health Assessment w/ Northwell 10:30– Bereavement w/ Sherri 10:30 – Site Council 10:30 – Current Events w/ Yvonne, Exercise w/ YMCA 11:00 – Golden Voices Rehearsal 12:00– 50’s Era Celebration: Dress like it’s the 50’s! 1:00 – Bingo 1:30 – Line Dancing, ADP Continentals 3:00 – Tai Chi w/ Spencer G.
10 9:00 – Crocheting with Friends 10:00 – Haircuts w/ Rose 10:00 – Project Beacon w/ Sherri M., LMSW 10:15 – Intergenerational Program: G.C. Daycare 10:30 – Exercise w/ YMCA 11:00 – Monday Fun-Day 1:00 – Creative Writing w/ Loretta C., Bridge, Mah Jong, Scrabble Club, Tai Chi w/ Spencer G. 1:15 – Food Shopping 1:30 - Trivia Game Show w/ Eric	11 9:45– Walking Club at Sea Cliff Beach w/ Eric 10:00 – Project Beacon w/ Sherri M., LMSW 10:00-11:30– Painting & Drawing w/ Chuck 10:30 – Brain Booster Club 1:00 – Canasta, Bingo 1:00– Happy Hour Club 2:00-3:00– SNAP (Food Stamps) w/ Yesenia by appointment 3:00 – Sign Language w/ Heide L. 3:45 - Chess Class	12 9:00 – Seniorobics w/ Fran 9:00 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 11:15 – Drum Circle w/ Eric 12:30 – Prostate and Breast Cancer Screening Lecture w/ Nassau University Medical Center 1:00 - Bridge 1:30 - Mah Jong: Beginners & Intermediates 1:30 – Karaoke w/ Eric	13 9:00 – Coney Island Museum & Aquarium Trip 10:00 – Project Beacon w/ Sherri M., LMSW 10:15 – Arthritis Exercise & Education Class– Bus to Glen Cove Hospital 11:00 – French Class 1:00 – Canasta 1:15 – Food Shopping 3:00 – Dancercise w/ Carol R.	14 9:00 – Seniorobics w/ Fran, Crocheting 10:00-11:30 – Painting & Drawing w/ Chuck 10:30 – Current Events w/ Yvonne, Exercise w/ YMCA 11:00 – Senior Moments Show 88.1 FM 11:00 – Golden Voices Rehearsal 12:00– Father’s Day & Flag Day Celebration w/ Alex Alexander 1:00 – Bingo 1:30 - Line Dancing, ADP Continentals 3:00– Tai Chi w/ Spencer G.
17 9:00 – Crocheting with Friends 10:00 – Project Beacon w/ Sherri M., LMSW 10:30 – Exercise w/ YMCA 11:00 – Monday Fun-Day 12:15- “Around The World In Song” w/ Lois Morton 1:00 – Creative Writing w/ Loretta C 1:00 - Bridge, Mah Jong, Scrabble Club, Tai Chi 1:15 – Food Shopping	18 8:45– Uptown NYC Tour Trip 10:00 – Project Beacon w/ Sherri M., LMSW 10:00-11:30 – Painting & Drawing w/ Chuck 10:30 – Brain Booster Club 1:00 – Canasta 1:00 - Bingo 3:00 – Sign Language w/ Heide L	19 9:00 – Seniorobics w/ Fran 9:00 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 12:15 – 1:00 - Bridge 1:30 – “Music Exploration: Folk Music” w/ The Sunshine Music Duo 1:30 - Mah Jong: Beginners & Intermediates 2:00 – Chair Yoga w/ Patti	20 9:45– Pickleball Club at Stanco Park w/ Eric 10:00 – Project Beacon w/ Sherri M., LMSW. 10:15 – Arthritis Exercise & Education Class– Bus to Glen Cove Hospital 11:00 - French Class 1:00 – Canasta 1:15 – Food Shopping 1:30 – Center Club Meeting 3:00 – Dancercise w/ Carol R.	21 9:00 – Seniorobics w/ Fran, Crocheting 10:30 – Current Events w/ Yvonne, Exercise w/ YMCA 11:00 – Golden Voices Rehearsal 12:45 – Birthday Celebrations w/ Betty Q. and The G Golden Voices 1:00 – Bingo 1:30 – Line Dancing, ADP Continentals 2:00 – VSC Bereavement w/ Sherri 3:00 – Tai Chi w/ Spencer G.
24 9:00 – Crocheting with Friends 10:00 – Project Beacon w/ Sherri M., LMSW 10:15 – Glass Jewelry Workshop 10:30 – Exercise w/ YMCA 11:00 – Monday Fun-Day 1:00 – Creative Writing w/ Loretta C., Bridge, Mah Jong, Scrabble Club, Tai Chi w/ Spencer G. 1:00 - Movie: “The Wife” 1:15 – Food Shopping	25 10:00 – Project Beacon w/ Sherri M., LMSW 10:00-11:30 – Painting & Drawing w/ Chuck 10:30 – Brain Booster Club 11:00 – “Minute To Win It” Game Show w/ Eric 11:00 – Happy Hour Club 1:00 – Canasta, Bingo 1:30 – Caregivers w/ Lorraine 3:00 – Sign Language w/ Heide L. 1:15 – Food Shopping	26 8:30– Louis Armstrong House & Queens Museum Trip 9:00 – Seniorobics w/ Fran 9:00 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 1:00 - Bridge 1:30 - Mah Jong: Beginners & Intermediates 2:00 – VSC Chair Yoga w/ Patty	27 9:45– Walking Club at Tappen Beach w/ Eric 10:00 – Project Beacon w/ Sherri M., LMSW. 10:15 – Arthritis Exercise & Education Class– Bus to Glen Cove Hospital 11:00 - French Class 12:45 - “Mamma Mia” at Cultural Arts Playhouse Trip 1:00 – Canasta 1:15 – Food Shopping 3:00 – Dancercise w/ Carol R.	28 9:00 – FDR Museum & Library & Culinary Institute Lunch Trip 9:00 – Seniorobics w/ Fran, Crocheting 10:00 – Health Assessment w/ Northwell 10:30 – Current Events w/ Yvonne, Exercise w/ YMCA 11:00 – Golden Voices Rehearsal 12:45 - HEART OF GOLD RAFFLE DRAWING 1:00 – Bingo 1:30 – Line Dancing & ADP Continentals 3:00 – Tai Chi w/ Spencer G.
<u>June Trips</u> June 13th– Coney Island Museum, Aquarium, and Lunch June 18th– Uptown NYC Tour with Lunch June 20th- “Mamma Mia” at Cultural Arts Playhouse June 26th– Louis Armstrong House, Queens Museum June 28th– FDR Museum, Library, and Culinary Institute <u>July Trips</u> July 12th– New York River Cruise July 17th- “Nice Work If You Can Get It” at Oakdale Theater July 22nd– Staten Island Yankees Game: Luxury Suite with All You Can Eat & Drink Buffet July 25th– NY Mets Game July 26th– Essex Train & Boat Cruise w/ Lunch	<p style="text-align: center;">Glen Cove SAGE Foundation Presents the June Golf Classic</p> <div style="text-align: center;">  </div> <p style="text-align: center;">To benefit the Glen Cove Senior Center Monday, June 3rd 2019 Glen Cove Golf Club</p>	<p style="text-align: center;">HEART OF GOLD RAFFLE</p> <div style="text-align: center;">  </div> <p style="text-align: center;">FIRST PRIZE: \$1,000 SECOND PRIZE: \$250</p> <p style="text-align: center;">ONLY 150 TICKETS WILL BE SOLD! DRAWING WILL BE JUNE 28TH!</p>	<p style="text-align: center;">50’s ERA CELEBRATION</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Friday, June 7th at 12:00pm Come dressed in your 50’s best!</p>	<p style="text-align: center;">FATHER’S DAY CELEBRATION</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Friday, June 14th at 12:00pm</p>