

June Activities

Nassau County Office for the Aging

Location_HISPANIC BROTHERHOOD INC 9 CLINTON AVE., ROCKVILLE CENTRE NY 11570__516-766-6610_____ This
program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging
through the New York State Office for the Aging and the U. S. Administration on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 10-12 RECREATION 10:30-11:30 YOGA 12-1 LUNCH 1-2 BINGO/DOMINO	5 ZUMBA 10-12 RECREATION 12-1 LUNCH 1-2 BINGO/DOMINO	6 NUTRITION EDCUCATION CLASS 10-12 RECREATION 12-1 LUNCH 1-2 BINGO/DOMINO HEALTH ASSESSMENT	7
10	11 10-12 RECREATION 10:30-11:30 YOGA 12-1 LUNCH 1-2 BINGO/DOMINO	12 ZUMBA 10-12 RECREATION 12-1 LUNCH 1-2 BINGO/DOMINO	13 10-12 RECREATION 12-1 LUNCH 1-2 BINGO/DOMINO FATHER’S DAY CELEBRATION	14
17	18 10-12 RECREATION 10:30-11:30 YOGA 12-1 LUNCH 1-2 BINGO/DOMINO	19 ZUMBA 10-12 RECREATION 12-1 LUNCH 1-2 BINGO/DOMINO	20 10-12 RECREATION 12-1 LUNCH 1-2 BINGO/DOMINO	21
24	25 10-12 RECREATION 10:30-11:30 YOGA 12-1 LUNCH 1 – 2 BINGO/DOMINO	26 ZUMBA 10-12 RECREATION 12-1 LUNCH 1-2 BINGO/DOMINO ST. FRANCIS HOSPITAL UNIDAD MOBIL	27 10-12 RECREATION 12- 1 LUNCH 1-2 BINGO/DOMINO	28