

**JUNE 2019**                      **Activities**  
**LOCATION:** Oceanside SCSC  
80 Anchor Ave., Oceanside, NY 11572  
516-764-9792 Please call for lunch reservation. Thank you.

**Nassau County Office for the Aging**  
This program is made possible with funding from the Nassau County Department of  
Human Services, Office for the Aging through the NY State Office for the Aging and  
the U.S. Administration on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ST. ANTHONY'S FEAST WEEK OF</b>  <b>JUNE 6, 7, 8, AND 9.</b>  <b>NO PARKING IN LOT AS OF MONDAY, JUNE 3<sup>RD</sup></b>  <b>SORRY FOR INCONVENIENCE</b>	<u><b>ALTERNATE COLD MEAL ON TUESDAY</b></u>  <b>Tues., June 4 – California Salad</b> <b>Tues., June 11 – California Salad</b> <b>Tues., June 18 – California Salad</b> <b>Tues., June 25 – Chicken Salad</b>			
9:00 Coffee,Socialization,Bingo      3 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 11:00 <b>FOOD SHOPPING</b> 12:00 BEEF & BEAN CHILI 12:45 <b>Words of Wisdom w/Tom</b> 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      4 10:45 GAMES W/LINDA 10:45 DANCERCISE W/MARIE 12:00 PORK CUTLET W/GRAVY 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      5 11:00 <b>Coloring</b> <b>Color Pencils and Books in Office</b> 11:00 Yoga w/Mary 11:00 <b>CVS Shopping</b> 12:00 CHICKEN THIGH W/GRAVY 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      6 10:45 GAMES W/LINDA 10:45 <b>FOOD SHOPPING</b> 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 12:00 BEEF GOULASH 12:45 Cards, Games, Billiards	9:00 Coffee & Socialization      7 10:30 Bingo 10:45 CHI GONG & MEDITATION W/ANNE 12:00 VEGGIE BURGER 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards
9:00 Coffee,Socialization,Bingo      10 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 11:00 <b>FOOD SHOPPING</b> 12:00 3-THREE QUICHE 12:45 <b>Words of Wisdom w/Tom</b> 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      11 10-12 <b>Health Assessment W/RN PAT</b> 10:45 GAMES W/LINDA 10:45 DANCERCISE W/MARIE 12:00 SWEDISH MEATBALLS 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      12 11:00 <b>Coloring</b> 11:00 Yoga w/Mary 11:00 <b>CVS Shopping</b> 12:00 BBQ CHICKEN 12:45 Cards, Games, Billiards	9:00 Coffee, Socialization,Bingo      13 10:45 GAMES W/LINDA 10:45 <b>DOLLAR STORE</b> 10:45 <b>FOOD SHOPPING</b> 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 12:00 PULLED PORK SANDWICH 12:45 <b>YOU BE THE JUDGE</b>	9:00 Coffee & Socialization      14 10:30 Bingo 10:45 CHI GONG & MEDITATION W/ANNE 12:00 CHICKEN SALAD 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards
9:00 Coffee,Socialization,Bingo      17 10:30 <b>DOLLAR STORE</b> 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 11:00 <b>FOOD SHOPPING</b> 12:00 PEPPER STEAK 12:45 <b>NUTRITION W/CORNELL ROBYN</b> 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      18 10:45 GAMES W/MARIE 10:45 DANCERCISE W/MARIE 10:45 <b>SITE COUNCIL MEETING</b> 12:00 BEEF BURRITO 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      19 11:00 <b>Coloring</b> 11:00 Yoga w/Mary 11:00 <b>CVS Shopping</b> 12:00 FRENCH BREAD PIZZA 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      20 10:45 GAMES W/LINDA 10:45 <b>DOLLAR STORE</b> 10:45 <b>FOOD SHOPPING</b> 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 12:00 TILAPIA OREGANATA 12:45 Cards, Games, Billiards	9:00 Coffee & Socialization      21 10:30 Bingo 10:45 CHI GONG & MEDITATION W/ANNE 12:00 POTATO QUICHE 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards
9:00 Coffee, Socialization,Bingo      24 10:30 <b>DOLLAR STORE</b> 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 11:00 <b>FOOD SHOPPING</b> 12:00 MANICOTTI 12:45 <b>Words of Wisdom w/Tom</b> 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      25 10:45 GAMES W/LINDA 10:45 DANCERCISE W/MARIE 12:00 PARMESAN CRUSTED FISH 12:45 MOVING TO MUSIC W/ANNE 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      26 11:00 <b>Coloring</b> 11:00 Yoga w/Mary 11:00 <b>CVS Shopping</b> 12:00 PORK CUTLET W/GRAVY 12:30 <b>SITE COUNCIL GROUP MEETING</b> 12:45 Cards, Games, Billiards	9:00 Coffee,Socialization,Bingo      27 10:45 GAMES W/LINDA 10:45 <b>FOOD SHOPPING</b> 11:00 ARTHRITIS FOUNDATION EXERCISE PROGRAM W/BARRIE 12:00 SAUSAGE, PEPPERS, ONIONS 12:45 <b>YOU BE THE JUDGE</b>	<div>28</div> <div>CENTER CLOSED</div> <div>STAFF DAY</div>