

# JUNE 2019 ACTIVITIES

Franklin Square Senior Community Service Center  
(Sponsored by Catholic Charities)  
619 FENWORTH BLVD, FRANKLN SQUARE, NY, 11010  
(516) 481-3322

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> 9:15-11 Coffee time 10:00 MOVIE 12:00 Lunch 1:00 Line Dancing 1:00 Cards/games/socialize/music	<b>4</b> 9:15-11 Coffee time 10:30 BINGO 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 CHAIR YOGA 1:00 Trip to Walgreens 1:00 SILVER NOTES Concert MEMORIAL/FATHER'S DAY	<b>5</b> 9:15-11 Coffee time 10:30 Trivia/ Puzzles/ Games 10:30 Tai Chi 10:30 Nurse Carol 12:00 Anniversary Party at Pompei (by reservation only ) 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 AFEP (Arthritis Prevention Exercise)	<b>6</b> 9:15-11 Coffee time 10:30 LIVE BAND PERFORMANCE 10:30 Ballroom Dance Instruction 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 AFEP (Arthritis Prevention Exercise)	<b>7</b> 9:15-11 Coffee time 10:30 BINGO 12:00 Lunch 1:00 Site Council Meeting 1:00 Cards/games/socialize/music 1:00 Chair Yoga SHOPPING
<b>10</b> 9:15-11 Coffee time 10:00 MOVIE 12:00 Lunch 1:00 Line Dancing 1:00 Cards/games/socialize/music	<b>11</b> 9:15-11 Coffee time 10:30 BINGO 10-11 SILVER NOTES 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 CHAIR YOGA	<b>12</b> 9:15-11 Coffee time 10:30 Trivia/ Puzzles/ Games 10:30 Tai Chi 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 AFEP (Arthritis Prevention Exercise)	<b>13</b> 9:15-11 Coffee time 10:30 LIVE BAND PERFORMANCE 10:30 Ballroom Dance Instruction 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 AFEP (Arthritis Prevention Exercise) FATHER'S DAY PARTY	<b>14</b> 9:15-11 Coffee time 10:30 BINGO 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 Chair Yoga
<b>17</b> 9:15-11 Coffee time 10:00 MOVIE 12:00 Lunch 1:00 Line Dancing 1:00 Cards/games/socialize/music	<b>18</b> 9:15-11 Coffee time 10:30 BINGO 10-11 SILVER NOTES 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 CHAIR YOGA	<b>19</b> 9:15-11 Coffee time 10:30 Trivia/ Puzzles/ Games 10:30 Tai Chi 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 AFEP (Arthritis Prevention Exercise)	<b>20</b> 9:15-11 Coffee time 10:30 LIVE BAND PERFORMANCE 10:30 Ballroom Dance Instruction 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 AFEP (Arthritis Prevention Exercise) 1:00 Nutrition with Cornell	<b>21</b> 9:15-11 Coffee time 10:30 BINGO 10:30 Nurse Carol 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 Chair Yoga SHOPPING
<b>24</b> 9:15-11 Coffee time 10:00 MOVIE 12:00 Lunch 1:00 Line Dancing 1:00 Cards/games/socialize/music	<b>25</b> 9:15-11 Coffee time 10:30 BINGO 10-11 SILVER NOTES 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 CHAIR YOGA	<b>26</b> 9:15-11 Coffee time 10:30 Trivia/ Puzzles/ Games 10:30 Tai Chi 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 AFEP (Arthritis Prevention Exercise)	<b>27</b> 9:15-11 Coffee time 10:30 LIVE BAND PERFORMANCE 10:30 Ballroom Dance Instruction 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 AFEP (Arthritis Prevention Exercise)	<b>28</b> 9:15-11 Coffee time 10:30 BINGO 12:00 Lunch 1:00 Cards/games/socialize/music 1:00 Chair Yoga BIRTHDAY CELEBRATION