

# June 2019 Activities

# Nassau County Office for the Aging

**FREEPORT SCSC, 66 CHURCH ST., FREEPORT, NY 11520 516-623-2008**

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><sup>3</sup> Enjoy Dominos, Cards, Crochet Creative Coloring, Socialize <i>11:00 -12:00 Exercise Program</i> <i>W/ Anne Moffat</i> 12:00 Piano Time w/ Bob 1:15 Cards, Dominos, Games</p>	<p><sup>4</sup> Enjoy Dominos, Cards, Crochet Creative Coloring or Socialize <b>10:15 MOVIE</b> <b>SECRETATIA</b> <i>1:15 SENIOR VOLLEYBALL</i></p>	<p><sup>5</sup> Enjoy Dominos, Cards, Crochet, Socialize <b>10:30 FREEPORT STAKES</b> <b>DAY AT THE RACES</b> <i>11:30-12:30 Strength with Samantha Perry Jurek</i> 1:15 Creative Coloring, Socialize</p>	<p><sup>6</sup> Enjoy Dominos, Cards, Crochet, Creative Coloring, Socialize <b>10:00 – 11:00 Movement W/Music</b> <b>w/ Naomi Robles</b> <b>11:00 GAME TIME W/ WADE</b> 1:00 Piano Time w/ Bob</p>	<p><sup>7</sup> Enjoy Dominos, Cards, Crochet, Creative Coloring, Socialize  <b>9:30 - 10:30 Yoga W/ Sandye Pinz</b>  11:00 – 12:20 Bingo for Prizes</p>
<p><sup>10</sup> Enjoy Dominos, Cards, Crochet Creative Coloring, Socialize <i>11:00 -12:00 Exercise Program</i> <i>W/ Anne Moffat</i> 12:00 Piano Time w/ Bob 1:15 Cards, Dominos, Board Games</p>	<p><sup>11</sup> Enjoy Dominos, Cards, Crochet, Creative Coloring or Socialize <b>11:30-2:45</b> <b>FATHER'S DAY DANCE</b> <b>ENTERTAINMENT</b> <b>BY TONY GRANT</b></p>	<p><sup>12</sup> Enjoy Dominos, Cards, Crochet, Socialize <b>10:30 GAME TIME W/ WADE</b> <i>11:30-12:30 Strength with Samantha Perry Jurek</i> 1:15 Creative Coloring, Socialize</p>	<p><sup>13</sup> <b>Join us at 10:15 for a WATERFRONT PARK SENIOR CENTER PICNIC</b> <b>11:00 -12:00 EXERCISE IN THE PARK WITH NAOMI ROBLES</b> <b>12:15 Lunch</b></p>	<p>Enjoy Dominos, Cards, Crochet, Creative Coloring, Socialize  <b>9:30 - 10:30 Yoga W/ Sandye Pinz</b>  11:00 – 12:20 Bingo for Prizes<sup>14</sup></p>
<p><sup>17</sup> Enjoy Dominos, Cards, Crochet Creative Coloring, Socialize <i>11:00 -12:00 Exercise Program</i> <i>W/ Anne Moffat</i> 12:00 Piano Time w/ Bob 1:15 Cards, Dominos, Board Games</p>	<p><sup>18</sup> Enjoy Dominos, Cards, Crochet Creative Coloring or Socialize <b>10:15 DOLLAR TREE</b> <b>MUST RESERVE</b> <b>11:00 GAME TIME W/ WADE</b> <i>1:15 SENIOR VOLLEYBALL</i></p>	<p><sup>19</sup> Enjoy Dominos, Cards, Crochet, Socialize <b>10:30 Creative Coloring or Painting</b> <b>w/ Fran &amp; Debra</b> <i>11:30-12:30 Strength with Samantha Perry Jurek</i> 1:15 Creative Coloring, Socialize</p>	<p><sup>20</sup> Enjoy Dominos, Cards, Crochet, Creative Coloring, Socialize <b>10:00 – 11:00 Movement W/Music</b> <b>w/ Naomi Robles</b> <b>11:00 BELLY DANCING</b> <b>PRESENTATION</b> 1:00 Piano Time w/ Bob</p>	<p>Enjoy Dominos, Cards, Crochet, Creative Coloring, Socialize  <b>9:30 - 10:30 Yoga W/ Sandye Pinz</b>  11:00 – 12:20 Bingo for Prizes<sup>21</sup></p>
<p><sup>24</sup> Enjoy Dominos, Cards, Crochet Creative Coloring, Socialize <i>11:00 -12:00 Exercise Program</i> <i>W/ Anne Moffat</i> 12:00 Piano Time w/ Bob 1:15 Cards, Dominos, Board Games</p>	<p><sup>25</sup> Enjoy Dominos, Cards, Crochet, Creative Coloring or Socialize <b>11:30-2:45</b> <b>SUMMER DANCE</b> <b>WITH DJ BOB</b></p>	<p><sup>26</sup> Enjoy Dominos, Cards, Crochet, Socialize <b>BEACH PROGRAM STARTS TODAY BUS LEAVES AT 10</b> <b>10:30 GAME TIME W/ WADE</b> <i>11:30-12:30 Strength with Samantha Perry Jurek</i></p>	<p><sup>27</sup> Enjoy Dominos, Cards, Crochet, Creative Coloring, Socialize <b>10:00 – 11:00 Movement W/Music</b> <b>w/ Naomi Robles</b> <b>11:30 TRIVIA</b> 1:00 Piano Time w/ Bob</p>	<p>Enjoy Dominos, Cards, Crochet, Creative Coloring, Socialize  <b>9:30 - 10:30 Yoga W/ Sandye Pinz</b>  11:00 – 12:20 Bingo for Prizes<sup>28</sup></p>
<p>ADVANCE REGISTRATION FOR MEALS REQUIRED VOLUNTARY SUGGESTED CONTRIBUTIONS  8:00 – 10:00 Breakfast \$2.00 12:30 Lunch Daily \$3.00 EXCEPT FOR Party Days when it will be served at 1pm Transportation \$1.50 per day</p>				