

LUNCH MENU & CALENDAR – JUNE 2019 Westbury Senior Center

***Classes sponsored by NCDOH, OFA, NY SOFA & U.S. ADMIN ON AGING**

****Classes sponsored by Donohue – Cecere Funeral Directors**

*****Classes sponsored by Heightened Security, Inc.**

******Classes sponsored by Nassau County Medical Center**

DIRECTOR: MAUREEN DROGE

ASSISTANT DIRECTOR: ANDREA PADINHA

PLEASE CALL THE DAY BEFORE BY 11 AM TO MAKE YOUR RESERVATION

CENTER PHONE # 334-5886

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30 Special Friends 3 1:00 Bowling @ Garden City Bowl <u>ACES</u> 10:30 Line Dancing 1:00 Strength w/ Samantha*** 1:00 Pinochle SWEDISH MEATBALLS OR MOZZARELLA & TOMATO SANDWICH	9:30 Wise Workouts - DVD 4 10:00 Sculpture (downstairs) 10:30 Wise Workouts (CANCELED) 1:00 Yoga 1:00 Mah Jongg 1:00 Ten Pennies/ Scrabble 2:15 Move & Balance** GRILLED CHICKEN OVER SALAD OR TUNA SALAD SANDWICH	10:30 Special Friends 5 <u>ACES</u> 9:30 Reflection Writing 10:30 <u>General Meeting</u> 1:00 <u>Veteran's Benefits Discussion</u> Presented by: Nassau County Veteran Services KIELBASA WITH SAUERKRAUT OR EGG SALAD SANDWICH	10:00 Knitting 6 10:30 <i>Harmonaires at The Bristol</i> <u>ACES</u> 9:30 Silver Foxes “A” 10:00 Painting (downstairs) 10:30 Silver Foxes “B” 1:00 Salsa 1:00 Canasta CHICKEN PICATTA OR SEAFOOD SALAD SANDWICH	<u>ACES</u> 10:30 Qi Gong 7 1:00 Open Bridge 1:00 Jewelry Making 1:00 Creating with Leather RAVIOLI WITH SAUCE OR CHICKEN SALAD SANDWICH
10:30 Special Friends 10 10:00 <i>Board of Directors Meeting</i> 11:00 <i>Red Hat Society Mtg.</i> 1:00 Bowling @ Garden City Bowl <u>ACES</u> 10:30 Line Dancing 1:00 Strength w/ Samantha*** / Pinochle 1:00 <u>Giving A Gift From The Heart</u> Presented by: Catholic Home Care Good Shepherd Hospice PENNE A LA VODKA WITH CHICKEN OR TUNA SALAD SANDWICH	9:30 Wise Workouts - DVD 11 10:00 Sculpture (downstairs) 10:30 Wise Workouts 1:00 Yoga 1:00 Mah Jongg 1:00 Ten Pennies/ Scrabble 2:15 Move & Balance** CHICKEN MARSALA OR EGG SALAD SANDWICH	10:30 Special Friends 12 <u>ACES</u> 9:30 Reflection Writing 10:30 <u>Make Better Beverage Choices</u> Presented by: Cooperative Extension 11th ANNUAL GOLF OUTING FUNDRAISER VEGETABLE LASAGNA OR MOZZARELLA TOMATO SANDWICH	10:00 Knitting 13 10:30 <i>Harmonaires at Sunrise</i> <u>ACES</u> 9:30 Silver Foxes “A” 10:00 Painting (downstairs) 10:30 Silver Foxes “B” 1:00 Salsa 1:00 Canasta VEGGIE BURGER OR CHICKEN SALAD SANDWICH	<u>ACES</u> 10:30 Qi Gong 14 1:00 Open Bridge 2:00 Wii Games POT ROAST OR SEAFOOD SALAD SANDWICH
10:30 Special Friends 17 1:00 Bowling @ Garden City Bowl <u>ACES</u> 10:30 Line Dancing 1:00 Strength w/ Samantha*** 1:00 <u>Reminisce with Michele</u> 1:00 Pinochle CHICKEN PARMIGIANA OR CHICKEN SALAD SANDWICH	9:30 Wise Workouts - DVD 18 10:00 Sculpture (downstairs) 10:30 Wise Workouts 1:00 Yoga 1:00 Mah Jongg 1:00 Ten Pennies/ Scrabble 2:15 Move & Balance** MEATLOAF WITH GRAVY OR MOZZARELLA TOMATO SANDWICH	10:30 Special Friends 19 <u>ACES</u> 9:30 Reflection Writing 11:30 INSTALLATION LUNCHEON VERDI'S GRILLED CHICKEN CAESAR SALAD OR SEAFOOD SALAD SANDWICH	20 ALL ACES MAIN ROOM CLASSES CANCELED 10:00 Knitting 10:30 <i>Harmonaires at Amber Court</i> <u>ACES</u> 9:00 am -3:30 pm AARP Driving Class 10:00 Painting 1:00 Canasta STUFFED SHELLS OR TUNA SALAD SANDWICH	<u>ACES</u> 10:30 Qi Gong 21 1:00 Open Bridge 1:00 Jewelry Making 1:00 Creating with Leather ROAST TURKEY WITH GRAVY OR EGG SALAD SANDWICH
10:30 Special Friends 24 1:00 Bowling @ Garden City Bowl <u>ACES</u> 10:30 Line Dancing 1:00 Strength w/ Samantha*** 1:00 <u>Stop The Bleed Save A Life</u> Presented by: Marvin Berg 1:00 Pinochle CHICKEN CUTLET WITH SAUCE OR SEAFOOD SALAD SANDWICH	9:30 Wise Workouts - DVD 25 10:00 Sculpture (downstairs) 10:30 Wise Workouts 1:00 Yoga 1:00 Mah Jongg 1:00 Ten Pennies/ Scrabble 2:15 Move & Balance** BAKED ZITI WITH EGGPLANT OR CHICKEN SALAD SANDWICH	10:30 Special Friends 26 <u>ACES</u> 9:30 Reflection Writing 10:00 Blood Pressure Screening 10:00 <u>Executive Committee Mtg.</u> 12:00 CELEBRATION DAY Entertainment by: Singer Eder Jeffrey Ballard LAST DAY OF SPRING ACES CHICKEN FRANCAISE OR TUNA SALAD SANDWICH	27 10:30 <i>Harmonaires at The Arbors</i> CENTER OPEN FOR CARDS, GAMES AND LUNCH BEEF STEW OR EGG SALAD SANDWICH	28 CENTER OPEN FOR CARDS, GAMES AND LUNCH SALMON CAKE OR MOZZARELLA & TOMATO