

# Nassau County Aquatic Center

## 2020 Spring Session - Aquatic Fitness Classes

Registration starts on Monday, February 10<sup>th</sup> at 8:00 am

<b><u>Mondays</u></b> Dates: 3/2-5/4		Beginner Teen/Adult 7:15-8:15pm (Double size class) \$99			
<b><u>Tuesdays</u></b> Dates: 3/3-5/5	Aqua jog 9:30-10:30am \$66	Aqua Aerobics 11:00a-12:00p \$66	Aqua jog 7:00-8:00p \$60 No Class: 3/31		
<b><u>Wednesdays</u></b> Dates: 3/4-5/6	Teen/Adult Fit Swim 6pm-7pm \$81 No Class: 4/1, 4/29				
<b><u>Thursdays</u></b> Dates: 3/5-5/7	Adult Fit Swim 7:15-8:15am \$99	Aqua Aerobics 9:30-10:30am \$66	Aqua jog 11:00a-12:00p \$66	"Get Comfortable in Water" 7:30-8:30p \$81 No Class: 3/5, 3/12	Aqua jog 7:00-8:00p \$36 No Class: 3/5, 3/12, 4/2, 4/9, 4/23
<b><u>Fridays</u></b> Dates: 3/20-5/8 No class:3/6 & 3/13	Aqua Aerobics 1:30-2:30pm \$48 No Class: 4/17	Intermediate Adult Swim 7:15-8:15pm \$72 No class: 4/24			
<b><u>Saturdays</u></b> Dates: 3/21-5/9 No class:3/7 & 3/14	Aqua jog 8:30-9:30am \$42 No class: 4/4, 4/18, 4/25, 5/9	Beginner Teen/Adult 10-11am \$72 No class: 4/25			

### Registration Rules:

- Leisure Pass is required at time of registration. We cannot look up a Leisure Pass in the computer.
- Sign up is first come, first serve and must be done in person. Places in the line cannot be held for someone else. Upon arrival, you must go the end of the line.
- Payment in full is due at the time of registration. No refunds or make-ups are allowed.
- Registration is on-going during business hours until classes fill.
- You may not sign up for more than 2 aquatic fitness classes on the first registration day.

**Note:** \$6.00/9.00 (depending on class type) non-refundable registration fee  
Is included in each class fee

**Discounts offered for taking multiple Aquatic Fitness classes.**

#### Discounts

2 classes per session	\$12.00 discount (off total)
3 classes per session	\$25.00 discount (off total)
4 classes per session	\$40.00 discount (off total)

**ALL SCHEDULES ARE SUBJECT TO CHANGE**

[www.nassaucountyny.gov/agencies/Parks](http://www.nassaucountyny.gov/agencies/Parks)

572-0500

**NASSAU COUNTY DEPT. OF PARKS, RECREATION & MUSEUMS**