LAURA CURRAN COUNTY EXECUTIVE



JORGE A. MARTINEZ DEPUTY COMMISSIONER

COUNTY OF NASSAU DEPARTMENT OF HUMAN SERVICES Office for the Aging

60 Charles Lindbergh Boulevard, Suite #260 Uniondale, New York 11553-3691 516-227-8900/FAX 516-227-8972 seniors@hhsnassaucountyny.us

Please complete the following questionnaire to help the Nassau County Office for the Aging identify the needs for Community-Based Services. This information will help plan future services and programs. Please return the completed survey as soon as possible. All demographic information will be kept confidential and is only used for statistical purposes.

Transportation

| Check appropriate box: | Yes | No |
|--|-----|----|
| Do you have difficulty getting to your medical appointments? | | |
| Do you have difficulty getting to the grocery store and other errands? | | |
| Do you currently drive? | | |
| Do you currently use public transportation? | | |
| Do you use Able Ride? | | |
| Do you currently use Senior Center transportation? | | |
| Do you currently use private taxis? | | |
| Do you currently use a transportation application such as Uber, Lyft, etc.? | | |

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Nutrition

| Check appropriate box: | Yes | No |
|---|-----|----|
| Can you always afford to buy nutritious foods? | | |
| Do you find it difficult to shop and cook for yourself? | | |
| Do you find it difficult to maintain a healthy weight? | | |
| Do you attend a congregate meal program at a Nassau County Senior Center? | | |
| Do you utilize Nassau County's Home Delivered Meals Program? | | |

Housing

| Check appropriate box: | Yes | No |
|--|-----|----|
| Do you have difficulty paying for heat and other utilities? | | |
| Do you find it difficult to perform household chores (cleaning, etc.)? | | |
| Do you find it difficult being able to pay the rent/mortgage and property taxes? | | |
| Do you have difficulty maintaining the outside of your home (lawn care, snow removal)? | | |
| Do you find it difficult locating reliable help to perform home maintenance/repairs? | | |
| Do you feel safe in your community? | | |

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Insurance/Health Yes No Check appropriate box: Do you understand Medicare and various options? Do you know about low-income health insurance subsidies? Are you aware of long-term care services and support options? Do you find it difficult preventing falls, in and out of the home? Do you have a chronic health condition that is difficult to manage? **Services and Supports** Yes No Check appropriate box: Do you participate in fitness classes, art classes, or other activities offered by Nassau County Senior Centers? Do you have difficulty accessing senior centers? Do you require in-home personal care services? Do you require assistance in applying for government programs? Have you heard of the NY Connects Aging Helpline? **Caregiver Information** Check appropriate box: Yes No Are you a caregiver?

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Do you know about respite services for caregivers, such as adult day

programs, for people with dementia or other functional

impairments?

Demographic Information

| My current age is: | | | | | | |
|--|---|-----------------------------|--|--|--|--|
| I live: (please select all that apply) | | | | | | |
| ☐ Alone ☐ With Spouse ☐ Wi | th Child | her | | | | |
| Town or city you live in: | | | | | | |
| Town or city you live in: | | | | | | |
| | | | | | | |
| ☐ Hempstead ☐ North Hempstead ☐ O | ☐ Hempstead ☐ North Hempstead ☐ Oyster Bay ☐ Long Beach ☐ Glen Cove | | | | | |
| What is your zip code? | | | | | | |
| | | | | | | |
| How many people currently live in your hou | reshold (including you | rsalf)? | | | | |
| flow many people currently live in your not | isenoid (including you | rseij): | | | | |
| What is your current housing status? | | | | | | |
| ☐ Rent ☐ Homeowner ☐ Live with a fa | amily member \(\Pi \) Oth | er | | | | |
| Them I Homeowner I live with a re- | | CI . | | | | |
| D II G '1M !' 2 N | | | | | | |
| Do you Use Social Media? ☐ Yes | □ No | | | | | |
| Please select <u>one or more</u> of the following to | hat hest describe your | social media use) | | | | |
| Trease server one or more of the following in | idi besi deseribe your | social media use) | | | | |
| ☐ Facebook ☐ Twitter ☐ Instagram [| ☐ LinkedIn ☐ Snap | chat | | | | |
| How do you identify? ☐ Female | ☐ Male | ☐ Prefer not to say | | | | |
| | | | | | | |
| Race/Ethnicity: (Please select one or more | of the following that be | est describes your race and | | | | |
| ethnicity) | | | | | | |
| ☐ American Indian or Alaska Native | ☐ Asian or Asian-A | merican | | | | |
| ☐ Black or African-American | ☐ Hawaiian Native or Pacific Islander | | | | | |
| ☐ Hispanic/Latino | ☐ White Caucasian | | | | | |
| ☐ Other (<i>Please specify</i>) | - Winte Caacastan | | | | | |
| (| | | | | | |
| My monthly income is \$1,041 or less? | □ Yes | □ No | | | | |
| | | | | | | |
| My monthly income is \$1,561 or less? | □ Yes | □ No | | | | |
| | | | | | | |

<u>Thank you</u> for participating in the Nassau County Department of Human Services, Office for the Aging *Needs and Concerns of Older Adults* survey. Your involvement is greatly appreciated. If you have any questions, please contact our NY Connects helpline at (516) 227-8900.