



FOOD INSECURITY

UNDERSTANDING FOOD INSECURITY

Food insecurity is the limited or uncertain access to adequate food for an active, healthy life for all household members.



Nationally



Of U.S. households were food insecure at least some time during the year in 2018.

New York State



Of NY households were food insecure at least some time during the year in 2018.

College Campuses:



Nationally, undergraduates experienced some level of food insecurity.

Food Access

67,500+ residents in neighborhoods covering Glen Cove, Freeport, Hempstead, Long Beach, Roosevelt and, Uniondale have low access to fresh food.



67,500+

Residents lived more than a half mile from the nearest supermarket.



23% of These Areas

Experienced low vehicle availability to travel to the nearest supermarket.

Resources

- ▶ The U.S. Department of Agriculture has many programs to help people get food. If you need food help today, call the National Hunger Hotline at 1-866-348-6479.
Many local organizations distribute fresh, perishable food items, including
- ▶ Island Harvest delivers a vital supply of food to counter the rising problem of food insecurity on Long Island. Contact 516-294-8528.
- ▶ Long Island Cares provides nutritional food and support services for a network of more than 580 community-based member agencies. Contact 631-582-FOOD (3663).
- ▶ The INN provides a broad variety of essential services to assist those challenged by hunger, homelessness and profound poverty. Contact 516-486-8506.

Work Cited:

- Household Food Security in the United States in 2018. (2019, November). USDA.
- Food Insecurity at CUNY: Results from a Survey of CUNY Undergraduate Students. 2011.
- Food Stamps. 2018. American Community Survey, U.S. Census.
- Food Policy Action Statement to Deny Food Assistance. 2019. Food Policy Action.

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