STOP THE SPREAD OF GERMS
Help prevent the spread of respiratory viruses like NOVEL CORONAVIRUS

Wash your hands often with soap and water for at least 20 seconds.

Cover your cough or sneeze with a tissue, then throw it in the trash.

Avoid touching your eyes, nose and mouth.

Stay home when you are sick, except to get medical care.

Clean and disinfect frequently touched objects and surfaces.

Avoid close contact with people who are sick.

If you have any questions, please call the
NYS CORONAVIRUS HOTLINE 888-364-3065
or call
NASSAU COUNTY CORONAVIRUS CALL CENTER 516-227-9570

Nassau County Department of Health • 200 County Seat Drive, Mineola
THE POWER OF
SOCIAL DISTANCING

NOW

5 DAYS

30 DAYS

1 PERSON INFECTED
INFECTS
2.5 PEOPLE INFECTED
INFECTS
406 PEOPLE INFECTED

50% LESS EXPOSURE

5 DAYS

30 DAYS

1 PERSON INFECTED
INFECTS
1.25 PEOPLE INFECTED
INFECTS
15 PEOPLE INFECTED

75% LESS EXPOSURE

5 DAYS

30 DAYS

1 PERSON INFECTED
INFECTS
.625 PEOPLE INFECTED
INFECTS
2.5 PEOPLE INFECTED

STOP THE SPREAD OF CORONAVIRUS
Maintain 6 Feet of Distance At All Times in Public

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