

MOST FREQUENTLY USED NUMBERS/COVID-19 (as of 4/13/2020)

COVID-19

- NASSAU COUNTY CORONA VIRUS HOTLINE- 516-227-9570 OR Text COVID19NC to 888777 OR <https://www.nassaucountyny.gov/4963/COVID-19-INFORMATION>
- NYS CORONA VIRUS HOTLINE- (Jones beach test site, employment, medical access etc.) 1-888-364-3065
- Nassau County Dept of Health- 516-227-9697/ afterhours & weekends- 516-742-6154
- NYS Dept Of Health- 1-866-881-2809

WARMLINES/ SUPPORT

- Mental Health Assoc. PHONE LINK- (24/7) 516-489-0100 ext. 1
- LICC- 516-679-1111
- NYS COVID-19 Emotional Support Helpline- 1-844-863-9314
- NAMI- 1800-950-6264
- Northwell Hotline for Pregnant Women – 833-487-2273
- FCA Immigrant Communities Support- 516-546-0357
- Institute for Parenting at Adelphi University- 516-515-1948. (parents, caregivers, and educators of young children (ages 0-6) who have questions regarding babies' and young children's development and wellbeing, in times of heightened stress.)
- SAMHSA Disaster Distress Hotline- 1800-985-5990 (24/7 crisis counseling & support)

EMERGENCY HOUSING

- NCDSS Emergency Housing/ Temporary Assistance - 516-573-8626 / housing w virus: 516-227-7597
- Nassau Haven- Respite for ages 10-20 (only 6 beds as of 3/20/20)- 516- 221-1310
- Nassau County Veterans Services- 516-572-6565

EMPLOYMENT PROTECTIONS/ ASSISTANCE

- NYS Paid Sick Leave Covid19- 1-888-364-3605 or (www.governor.ny.gov/programs/paid-sick-leave-covid-19-impacted-new-yorkers.)

- Unemployment Insurance: Labor Department- 1-888-209-8124 (8:00 am to 5:00 pm m-f) OR (<https://on.ny.gov/NYSUI>)

telephone filing hours as follows:

(Monday through Thursday, 8 am to 7:30 pm.

Friday, 8:00 am to 6:00 pm.

Saturday, 7:30 am to 8:00 pm)

You should apply based on the first letter of your last name: A - F file on Monday | G - N file on Tuesday | O - Z file on Wednesday. If you missed your day, file on Thurs-Fri-Sat. Any claim you file will be backdated to the date you became unemployed. If you are eligible, you will be paid for all benefits due.

- Office of Attorney Gen. Labor Bureau- 212-416-8700 (questions about your rights in the workplace or if you believe your employment protections have been violated)
- NYS Paid Family Leave- (paid leave to care for fam w serious health condition)- 1-844-337-6303
- NYS Short Term Disability- (time off due to illness; cannot collect disability and paid leave simultaneously)- 877 632-4996. OR www.wcb.ny.gov
- SBA disaster assistance program- (small business loans)- 1-800-659-2955
- UNITED WAY (retail gif cards for recently unemployed, furloughed due to Covid-19)- apply at <http://www.unitedwayli.org/COVID19HELP>
- One Fair Wage Emergency Fund- (temp cash assistance to restaurant workers, car service drivers, personal services workers) Online application: <http://ofwemergencyfund.org/help>

AFFORDABLE HEALTH COVERAGE

- NYS Marketplace (open enrollment through 5/15/2020) 1-855-355-5777 OR www.nystateofhealth.ny.gov

BEREAVEMENT

- Good Shepherd Hospice- (virtual sessions) 516-465-6262
- Mount Sinai South Nassau -(virtual sessions) register – 516-377-5400 option 1

MH/CD

- Zucker Hillside (mental health walk-in 9am-3pm M-F)- 718-470-8300
- CNG Mobile recovery unit (substance)- 516-396-2778
- OMH and OASAS clinics- now providing TELE-HEALTH.

SENIORS/ FOOD

- NC Dept of Aging- 516-227-8900
- LICC Senior helpline- 516-679-0000
- FCA Friendly Visiting (seniors 1hr day)- 516-743-2389
- FCA LINK-AGE (55+ case mgt, meals, RN assess, Med drop off)- 516-292-1300 ext. 1245
- Alzheimer's Assoc Helpline (24/7) 1800-272-3900
- Long Island Cares (food delivery & pantries)- 631-582-3663
- Long Island Harvest-(delivers to vets and partnering with schools)- 631-873-4775
- Mary Brennan INN- (must go in person to pick up food)- 516-486-6243

DV/LEGAL

- Safe Center- 516-542-0404
- NYS Domestic and Sexual Violence Hotline- 1-800-942-6906
- Volunteer Lawyers Project- 516-292-8299
- Nassau/ Suffolk Law- 516-292-8100
- Social Security Administration- 800-772-1213