



## *Tuesday, July 14th Virtual Schedule*

### Live Zoom Schedule

#### **Tai Chi with Maria at 10:00am**

Zoom ID: 327 502 6011

Password: Dance

[https://us02web.zoom.us/j/3275026011?](https://us02web.zoom.us/j/3275026011?pwd=aFNENDRBV0RGL1c2SkpYcC82VEhDQT09)  
[pwd=aFNENDRBV0RGL1c2SkpYcC82VEhDQT09](https://us02web.zoom.us/j/3275026011?pwd=aFNENDRBV0RGL1c2SkpYcC82VEhDQT09)

#### **Zumba With Andrea at 2:00pm**

Zoom ID 757-851-7221

Password: Health

[https://us02web.zoom.us/j/7578517221?](https://us02web.zoom.us/j/7578517221?pwd=NllycWxGS2UzQnpuT1piZWw5WnhGUT09)  
[pwd=NllycWxGS2UzQnpuT1piZWw5WnhGUT09](https://us02web.zoom.us/j/7578517221?pwd=NllycWxGS2UzQnpuT1piZWw5WnhGUT09)

### Live Facebook Schedule

Follow Glen Cove Senior Center on Facebook for Live classes!  
Below please find Tuesday's classes



#### **Painting with Chuck at 10am**

