



Tuesday, August 25th Virtual Schedule

Live Zoom Schedule

Tai Chi with Maria at 10:00am

Zoom ID: 327 502 6011

Password: Dance

[https://us02web.zoom.us/j/3275026011?
pwd=aFNENDRBV0RGL1c2SkpYcC82VEhDQT09](https://us02web.zoom.us/j/3275026011?pwd=aFNENDRBV0RGL1c2SkpYcC82VEhDQT09)

Exercise with Victoria at 11:15am

Meeting ID: 577 786 7766

Passcode: 6jgaTc

[https://us04web.zoom.us/j/5777867766?
pwd=bmtqWkwyQWc0QktMcTRNVC90ekdpZz09](https://us04web.zoom.us/j/5777867766?pwd=bmtqWkwyQWc0QktMcTRNVC90ekdpZz09)

Zumba With Andrea at 2:00pm

Zoom ID 757-851-7221

Password: Health

[https://us02web.zoom.us/j/7578517221?
pwd=NllycWxGS2UzQnpuT1piZWw5WnhGUT09](https://us02web.zoom.us/j/7578517221?pwd=NllycWxGS2UzQnpuT1piZWw5WnhGUT09)

Live Facebook Schedule

Follow Glen Cove Senior Center on Facebook for Live classes!
Below please find Tuesday's classes



Painting with Chuck at 10am

