

Sunday, September 27, 2020

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

- Excel Swimming: 9 am-10:30 am = Lanes 3-10
- “Learn to Dive”: 9 am-12 pm = 1 meter boards only (dive lanes 7-10)
- Nassau LG test: 10 am-1 pm = Dive lanes 1-4
- Island Swim Academy: 10:30 am-12:30 pm = Lanes 5-10
- Long Island Diving: 12 pm-4 pm = 1 & 3 meter boards only (dive lanes 5-10)
- High Dive Champions: 4 pm-5 pm = 1 meter boards only (dive lanes 5-10)
5 pm-6 pm = 1 & 3 meter boards only (dive lanes 5-10)

Dive Lane 10	2 B U L K H E A D S	LANE 10	1 B U L K H E A D	P	P	P	P	P	MOVEABLE FLOOR SECTION
Dive Lane 9		LANE 9		U	U	U	U	U	
Dive Lane 8		LANE 8		B	B	B	B	B	
Dive Lane 7		LANE 7		L	L	L	L	L	
Dive Lane 6		LANE 6		I	I	I	I	I	
Dive Lane 5		LANE 5		C	C	C	C	C	
Dive Lane 4		LANE 4		L	L	L	L	L	
Dive Lane 3		LANE 3		A	A	A	A	A	
Dive Lane 2		LANE 2		N	N	N	N	N	
Dive Lane 1		LANE 1		E	E	E	E	E	
				#1	#2	#3	#4	#5	

Swim session times:

- 9am-10:45a:** 9-10a: **11 lanes available** (Lanes 1-2, DL 1-4 & 5 public lanes avail.)
22 max lap swimmers, 10 “adult walkers”
10-10:45a: **7 lanes available** (Lanes 1-2 & 5 public lanes available)
14 max lap swimmers, 10 “adult walkers”
use of the “team” locker room only
- 11a-12:45p:** **9 lanes available** (Lanes 1-4 & 5 public lanes available)
18 max lap swimmers, 10 “all ages walkers”
use of the “public” locker rooms only
- 1p-2:45p:** **19 lanes available** (Lanes 1-10, DL 1-4 & 5 public lanes avail.)
38 max lap swimmers, 10 “all ages walkers”
use the “team” locker rooms only
- 3p-4:45p:** **19 lanes available** (Lanes 1-10, DL 1-4 & 5 public lanes avail.)
38 max lap swimmers, 10 “all ages walkers”
use the “public” locker rooms only
- 5 pm-6 pm:** **19 lanes available** (Lanes 1-10, DL 1-4 & 5 public lanes avail.)
38 max lap swimmers, 10 “all ages walkers”
use the “team” locker rooms only

Locker room closing times:

- 11:15a-12:45p:** The team locker rooms will be closed for cleaning
 - 1:15p-2:45p:** : The public locker rooms will be closed for cleaning
 - 3:15p-4:45p:** The team locker rooms will be closed for cleaning
 - 5:15p-6p:** The public locker rooms will be closed for cleaning
- All locker rooms close at 6:20p

All times, availability and lane assignments are subject to change.