

GYM HOURS

THE GYM IS OPEN TO FACILITY MEMBERS ONLY

Operating hours:

Monday:	6 am-9 pm	} <u><i>closed 12:45-3p for cleaning</i></u>
Tuesday:	6 am-9 pm	
Wednesday:	6 am-9 pm	
Thursday:	6 am-9 pm	
Friday:	6 am-9 pm	
Saturday:	6 am-3:45pm	
Sunday:	9 am-2:45pm	

There will be scheduled session times for each day. Each session will allow for 20 people maximum at one time. All participants must exit at conclusion of the session.

Gym session times:

Monday-Friday:

6a-7:30a
7:30a-9a
9-10:45 am
11a-12:45p
3p-4:45p
5p-6:45p
7p-9p

Saturday:

6am-7:45a
8am-9:45a
10a-11:45a
12-1:45p
2p-3:45p

Sunday:

9am-10:45a
11a-12:45p
1p-2:45p

GYM EQUIPMENT GUIDELINES

- YOU MUST WEAR A MASK AT ALL TIMES AND KEEP 6 FEET DISTANCE FROM OTHERS
- YOU MUST CLEAN/WIPE DOWN ANY PIECE OF EQUIPMENT AFTER USE. THE FACILTIY WILL SUPPLY AMPLE CLEANING MATERIALS
- NO SIDE BY SIDE “CYBEX” MACHINES CAN BE USED AT THE SAME TIME
- DO MOVE ANY EQUIPMENT. DO NOT REMOVE ANY CAUTION TAPE OR FLOOR MARKINGS

GYM GENERAL GUIDELINES

- THERE CAN BE NO MORE THAN 20 PEOPLE USING THE GYM AT ONE TIME.
- PLEASE WASH YOUR HANDS THOROUGHLY BEFORE ENTERING THE GYM
- ALL MEMBERS ENTERING FACILITY MUST CHECK IN WITH MEMBERSHIP ID AND ANSWER ANY COVID SCREENING QUESTIONS.
- YOU MUST WEAR A MASK AT ALL TIMES AND KEEP 6 FEET DISTANCE FROM OTHERS
- THERE WILL BE SCHEDULED GYM SESSIONS EACH DATE. ALL PARTICIPANTS MUST EXIT AT THE END OF EACH SESSION. IF YOU WISH TO REJOIN THE NEXT SESSION, YOU MUST GET IN THE BACK OF ANY LINE FOR THE NEXT SESSION
- IF YOU WISH TO MOVE FROM USING THE GYM TO USING THE POOL, YOU MUST CHECK OUT OF THE GYM AND CHECK IN FOR THE POOL AT THE FRONT DESK. THERE MAY NOT BE ENOUGH SPACE IN THE POOL TO SWIM.
- LOCKER ROOMS AND SHOWERS WILL BE AVAILABLE BUT SPACE IS LIMITED
- LOCKER ROOMS WILL BE CLOSED REGULARLY FOR CLEANING. SCHEDULES ARE POSTED
- SECTIONS OF THE GYM MAY CLOSE FOR CLEANING WITHOUT NOTICE