

Monday, November 16, 2020

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

- Excel Swimming:6 am-9 am = Dive lanes 5-10
- Navy Seal training:9 am-10 am = Dive lanes 1-4
- Hope Fitness:3:30 pm-5 pm = Public lane #5
- 5 pm-7 pm = Public lane #7
- Long Island Diving:5 pm-7 pm = 1 meter dive boards (dive lanes 7-10)
- L.I. Aquatic Club:5 pm-8:50 pm = Lanes 1-10
- Total Masters Swimming: 7:45 am-8:45 am = Dive lanes 8-10

Dive Lane 10	2 B U L K H E A D S	LANE 10	1 B U L K H E A D	P	P	P	P	P	P	P	P	
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U	
Dive Lane 8		LANE 8		B	B	B	B	B	B	B	B	
Dive Lane 7		LANE 7		L	L	L	L	L	L	L	L	
Dive Lane 6		LANE 6		I	I	I	I	I	I	I	I	
Dive Lane 5		LANE 5		C	C	C	C	C	C	C	C	
Dive Lane 4		LANE 4		L	L	L	L	L	L	L	L	
Dive Lane 3		LANE 3		A	A	A	A	A	A	A	A	
Dive Lane 2		LANE 2		N	N	N	N	N	N	N	N	
Dive Lane 1		LANE 1		E	E	E	E	E	E	E	E	
				#1	#2	#3	#4	#5	#6	#7		

Swim session times:

- 6a-7:30a:

19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available)

38 max lap swimmers, 10 “adult walkers”; use of the “team” locker rooms only
- 7:30a-9a:

19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available)

38 max lap swimmers, 10 “adult walkers”; use of the “public” locker rooms only
- 9a-10:45 am:

9-10a: 21 lanes available (Lanes 1-10, DL 5-10 & 5 public lanes avail.)

42 max lap swimmers, 10 “adult walkers”

10-10:45a: 25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes avail.)

50 max lap swimmers, 10 “adult walkers”

use of the “team” locker rooms only.
- 11a-12:45p:

25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes available)

50 max lap swimmers, 10 “all ages walkers”; use of the “public” locker rooms only
- 1p-2:45p: :

25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes available)

50 max lap swimmers, 10 “all ages walkers”; use of the “team” locker rooms only
- 3p-4:45p:

24 lanes available (Lanes 1-10, DL 1-10 & public lanes 1-4 available)

48 max lap swimmers, 10 “all ages walkers”; use of the “public” locker rooms only
- Note:

lap swim only after 5 pm (2 extra lanes will be placed in the shallow section)
- 5p-6:45p:

12 lanes available (Dive lanes 1-6 & public lanes 1-6 avail.)

24 max lap swimmers, Lap swim only, No shallow area;

use of the “team” locker rooms only.
- 7p-9p:

7-7:45p: 17 lanes available (Dive lanes 1-10 & 7 public lanes available)

34 max lap swimmers, Lap swim only, No shallow area

7:45-9p: 14 lanes available (Dive lane 1-7 & 7 public lanes available)

28 max lap swimmers, Lap swim only, No shallow area

All times, availability and lane assignments are subject to change.