

# Monday, January 4, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	No practice
WSI training:	9 am-2 pm = Lanes 1-4 & part of shallow section
Navy Seal training:	9 am-10 am = Dive lanes 1-4
Levittown HS:	3:30 pm-5 pm = Dive lanes 1-5 & dive boards (DL 7-8)
Bellmore-Merrick HS:	3:30 pm-5 pm = Lanes 7-10 & dive boards (DL 7-8)
SouthSide HS:	3:45 pm-5 pm = Lanes 3-6 & dive boards (DL 7-8)
Wantagh HS:	4:15 pm-5:45 pm = Dive lanes 6, 9-10 & dive boards (DL 7-8)
Manhasset HS:	5 pm-6:30 pm = Dive lanes 1-3
Hope Fitness:	4 pm-5 pm = Public lane #5 5 pm-7 pm = Public lane #7
L.I. Aquatic Club:	5 pm-8:50 pm = Lanes 1-10
Long Island Diving:	7 pm-9 pm = 1 meter dive boards (dive lanes 7-10)
Total Masters Swimming:	8 pm-9 pm = Dive lanes 1-3

Dive Lane 10	2	LANE 10	1	P	P	P	P	P	P	P	P	
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U	
Dive Lane 8	B	LANE 8	B	B	B	B	B	B	B	B	B	
Dive Lane 7	U	LANE 7	U	L	L	L	L	L	L	L	L	
Dive Lane 6	L	LANE 6	L	I	I	I	I	I	I	I	I	
Dive Lane 5	K	LANE 5	K	C	C	C	C	C	C	C	C	
Dive Lane 4	H	LANE 4	H	L	L	L	L	L	L	L	L	
Dive Lane 3	E	LANE 3	E	A	A	A	A	A	A	A	A	
Dive Lane 2	A	LANE 2	A	N	N	N	N	N	N	N	N	
Dive Lane 1	D	LANE 1	D	E	E	E	E	E	E	E	E	
	S			#1	#2	#3	#4	#5	#6	#7		

Swim session times:

<u>6a-7:30a:</u>	<b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes available) 50 max lap swimmers, 10 “adult walkers”; use of the “team” locker rooms only
<u>7:30a-9a:</u>	<b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes available) 50 max lap swimmers, 10 “adult walkers”; use of the “public” locker rooms only
<u>9a-10:45 am:</u>	9-10a: <b>17 lanes available</b> (Lanes 5-10, DL 5-10 & 5 public lanes avail.) 34 max lap swimmers, 10 “adult walkers” 10-10:45a: <b>21 lanes available</b> (Lanes 5-10, DL 1-10 & 5 public lanes avail.) 42 max lap swimmers, 10 “adult walkers” use of the “team” locker rooms only.
<u>11a-12:45p:</u>	<b>21 lanes available</b> (Lanes 5-10, DL 1-10 & 5 public lanes available) 42 max lap swimmers, 10 “all ages walkers”; use of the “public” locker rooms only
<u>1p-2:45p:</u>	1-2p: <b>21 lanes available</b> (Lanes 5-10, DL 1-10 & 5 public lanes avail.) 42 max lap swimmers, 10 “all ages walkers” 2-2:45p: <b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes avail.) 50 max lap swimmers, 10 “all ages walkers” use of the “team” locker rooms only
<u>3p-4:45p:</u>	3-4p: <b>9 lanes available</b> (Lanes 1-2, DL 9-10 & public lanes 1-5 available) 18 max lap swimmers, 10 “all ages walkers” 4-4:45p: <b>6 lanes available</b> (Lanes 1-2 & public lanes 1-4 available) 12 max lap swimmers, 10 “all ages walkers” use of the “public” locker rooms only
<b>Note:</b> lap swim only after 5 pm (2 extra lanes will be placed in the shallow section)	
<u>5p-6:45p:</u>	5-6p: <b>8 lanes available</b> (Dive lanes 4-5 & public lanes 1-6 avail.) 16 max lap swimmers, Lap swim only, No shallow area 6-6:45p: <b>13 lanes available</b> (Dive lanes 4-10 & public lanes 1-6 avail.) 26 max lap swimmers, Lap swim only, No shallow area use of the “team” locker rooms only.
<u>7p-9p:</u>	7-8p: <b>13 lanes available</b> (Dive lanes 1-6 & 7 public lanes available) 26 max lap swimmers, Lap swim only, No shallow area 8-9p: <b>10 lanes available</b> (Dive lane 4-6 & 7 public lanes available) 20 max lap swimmers, Lap swim only, No shallow area use of the “public” locker rooms only

*All times, availability and lane assignments are subject to change.*