



List of Nassau County On- and Off-Road Bicycle Facilities

Last Updated January 19, 2021

The following tables provide information on bicycle facilities in Nassau County, New York. Click on the Facility Name links in the tables below to view bike trail segments in Google Maps. Facility information was compiled using data from the New York Metropolitan Transportation Council (NYMTC) and 511 NY Rideshare, in addition to research by Nassau County staff. Mileage information is only an estimate. Additional routes or changes to routes may have occurred since this information was last updated.

All routes shown below can also be viewed on the [Nassau Bike Trail Map](#) on the Nassau County Department of Public Works' website. Further map updates are ongoing.

Notice a trail segment missing? Please email DViana@nassaucountyny.gov for comments and suggestions.

Nassau County- Existing On-Road Bicycle Facilities				
Facility Name	Facility Type	From	To	Mileage (approx.)
Bethpage Bikeway Extension – Froehlich Farm Boulevard	Bike Lane	Sunnyside Blvd Ext, Woodbury	Woodbury Rd, Woodbury	0.5
Bethpage Bikeway Extension – Piquets Lane / Southwoods Road	Bike Lane	Woodbury Rd, Woodbury	Syosset-Woodbury Rd, Woodbury	1.1
Bethpage Bikeway Extension - Woodbury Road	Bike Lane	Sunnyside Blvd Ext, Woodbury	Piquets Ln, Woodbury	0.6
Edwards Blvd	Shared Use Lane	East Park Ave, Long Beach	Boardwalk, Long Beach	0.3
Garvies Point Road / Herb Hill Road Path	Shared Use Lane	Garvies Point Rd, Glen Cove	Garvies Point Rd, Glen Cove	0.8

Ocean Boulevard, Atlantic Beach	Bike Lane	Dutchess Blvd, Atlantic Beach	Yates Ave, Atlantic Beach	0.8
OceanView Ave	Shared Use Lane	Connecticut Ave, Long Beach	New York Ave, Long Beach	0.6
Prospect Avenue	Bike Lane	Brush Hollow Rd, New Cassel	Elizabeth St- Maplewood Dr, New Cassel	1.0
West Harbor Drive	Bike Lane	Ludlam Ave, Bayville	Bayville Ave- Centre Island Rd, Bayville	0.9
Total Mileage				6.6

Nassau County- Existing Off-Road Bicycle Facilities				
Facility Name	Facility Type	From	To	Mileage (approx.)
Arthur J. Hendrickson Park, Valley Stream	Shared Use Path			1.5
Atlantic Beach Boardwalk	Boardwalk	The Plaza at Ocean Blvd, Atlantic Beach	Putnam Boulevard at Ocean Blvd, Atlantic Beach	0.7
Baldwin Harbor Park, Baldwin	Shared Use Path			2.0
Bethpage Bikeway	Shared Use Path	Sunnyside Blvd & Woodbury Rd, Woodbury	Merrick Rd, Massapequa	13.2
Cantiague Park, Hicksville	Shared Use Path	Cantiague Rock Rd, Westbury	Kansas St, Hicksville	0.5
Cedar Creek Park, Seaford	Shared Use Path			2.1
Christopher Morley Park, North Hills	Shared Use Path			0.4

Cow Meadow Park, Freeport	Shared Use Path			0.7
Eisenhower Park, East Meadow	Shared Use Path			4.1
Glen Cove Waterfront Esplanade (Garvies Point) (Under Construction)	Shared Use Path			1.1
Hempstead Lake State Park	Shared Use Path			2.4
John J. Burns Park Shared Use Path	Shared Use Path			0.6
Jones Beach Boardwalk	Shared Use Path	Parking Field 2	Parking Field 6	2.0
Jones Beach Shared Use Path	Shared Use Path	West End of Jones Beach State Park	Jones Beach Boardwalk	2.5
Long Beach Boardwalk	Boardwalk	New York Ave, Long Beach	Neptune Ave, Long Beach	2.2
Long Island Motor Parkway Trail	Shared Use Path	Merrick Avenue at Hempstead Turnpike, East Meadow	Salisbury Park Drive at Old Westbury Road, Salisbury	4.7
Milburn Creek Park, Baldwin	Shared Use Path			0.6
Milburn Pond Park, Baldwin	Shared Use Path			0.4
Nassau Expressway Shared Use Path	Shared Use Path	Rockaway Turnpike, Inwood	Burnside Avenue, Inwood	0.6
Nassau Hub Trail Network For full map of this trail, see the Nassau Bike Trail Map . Segments of this network are detailed below and collectively total 7.5 miles.	Shared Use Path	Oak St, Hempstead	Merrick Ave, East Meadow	7.5
		<i>Charles Lindbergh Blvd / Mitchel Athletic Complex, Uniondale</i>	<i>Charles Lindbergh Blvd / Mitchel Athletic</i>	1.7

			<i>Complex, Uniondale</i>	
		<i>Hempstead Tpke / Oak Street, Uniondale</i>	<i>Hempstead Tpke / Merrick Ave, East Meadow</i>	1.5
		<i>Quentin Roosevelt Blvd- Charles Lindbergh Blvd / Commercial Ave, Garden City</i>	<i>Earle Ovington Blvd / Hempstead Tpke, Uniondale</i>	1.4
		<i>Charles Lindbergh Blvd- Quentin Roosevelt Blvd / Meadowbrook State Pkwy, Uniondale</i>	<i>Charles Lindbergh Blvd-Quentin Roosevelt Blvd / Commercial Ave, Garden City</i>	1.4
		<i>Earle Ovington Blvd, Uniondale</i>	<i>Charles Lindbergh Blvd, Uniondale</i>	1.1
		<i>James Doolittle Blvd, Uniondale</i>	<i>James Doolittle Blvd, Uniondale</i>	0.4
Newbridge Park, Bellmore	Shared Use Path			0.7
North Woodmere Park	Shared Use Path			1.0
Ocean Parkway	Shared Use Path	Jones Beach Field 5	Tobay Beach	3.6
Ocean Parkway (Under Construction)	Shared Use Path	Tobay Beach	Captree State Park	10
Seamans Neck Park, Seaford	Shared Use Path			1.1
Sunrise Trail, Lynbrook	Shared Use Path	Earle Ave, Lynbrook	Ocean Ave, Lynbrook	0.6
Valley Stream State Park Shared Use Path	Shared Use Path			0.8
Wantagh Park	Shared Use Path			2.5
Wantagh Parkway (Ellen Farrant Memorial Bikeway)	Shared Use Path	Cedar Creek Park, Seaford	Jones Beach, Field 5	5.0

Wantagh Parkway	Pedestrian Walkway	Brush Hollow Rd, Westbury	Park Ave, Wantagh	7.5
W Bay Drive, Long Beach	Shared Use Path	Washington Blvd, Long Beach	Magnolia Blvd, Long Beach	0.4
Whitney Pond Park, Manhasset	Shared Use Path			0.2
Total Mileage				83.2

**Nassau County-
Significant Hiking Trails**

**For a list of additional off-road hiking trails and trail maps, visit the Concerned Long Island Mountain Bicyclists (CLIMB) website at www.climbonline.org.*

Facility Name	Facility Type	From	To	Mileage (approx.)
Nassau-Suffolk Greenbelt	Hiking Trail (Paved and Unpaved)	NY 108 – Harbor Rd, Cold Spring Harbor	Massapequa Preserve at Merrick Rd, Massapequa	18.5 (total)
	Paved Shared Use Path (Listed above as Bethpage Bikeway)	Sunnyside Blvd & Woodbury Rd, Woodbury	Merrick Rd, Massapequa	13.2
	Unpaved Hiking Trail	Sunnyside Blvd, Woodbury	Harbor Rd, Cold Spring Harbor	5.2
Total Mileage				18.5

**Nassau County-
Proposed Facilities**

Facility Name	Facility Type	From	To	Mileage (approx.)
Broadway	Bike Lane	New York Ave, Long Beach	Maple Blvd, Long Beach	2.5
Grand Avenue	Shared Use Lane	Sunrise Highway, Baldwin	Merrick Road, Baldwin	0.2

<p><u>LI Motor Parkway Trail – Bethpage Segment</u></p> <p><i>*Trail will follow a new path in Battle Row County Park that is not currently shown in Google Maps.*</i></p>	<p>Shared Use Path and Shared Use Lane</p>	<p>Bethpage Bikeway, Bethpage</p>	<p>Bethpage Sweet Hollow Road, Old Bethpage</p>	<p>0.9</p>
<p><u>Park Street / Beech Street</u></p>	<p>Shared Use Path</p>	<p>Yates Avenue, Atlantic Beach</p>	<p>Nevada Ave, East Atlantic Beach</p>	<p>0.9</p>
<p>Total Mileage</p>				<p>4.5</p>