

Sunday, January 31, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	9 am-10:30 am = Lanes 3-10
"Learn to Dive":	9 am-10 am = Platform only
	10 am-12 pm = 1 meter boards only (subject to change)
Nassau LG Test:	10 am-1 pm = Dive lanes 1-3
Long Island Diving:	12 pm-4 pm = All boards
HS Dual Meet:	12 pm-2 pm = Lanes 1-10
St. Agnes CYO Team:	2 pm-4 pm = Lanes 1-10
Lifeguard training class:	2 pm-5 pm = Dive lanes 1-3
High Dive Champions:	4 pm-5 pm = 1 meter boards only
	5 pm-6 pm = 1 & 3 meter boards only
Pool setup:	5 pm-6 pm = Dive lanes 1-3

D I V E B O A R D S	D	D	D	2 B U L K H E A D S	LANE 10	1 B U L K H E A D	P	P	P	P	P	MOVEABLE FLOOR SECTION
	I	I	I		LANE 9		U	U	U	U	U	
	V	V	V		LANE 8		B	B	B	B	B	
	E	E	E		LANE 7		L	L	L	L	L	
					LANE 6		I	I	I	I	I	
	L	L	L		LANE 5		C	C	C	C	C	
	A	A	A		LANE 4		L	L	L	L	L	
	N	N	N		LANE 3		A	A	A	A	A	
	E	E	E		LANE 2		N	N	N	N	N	
	#	#	#		LANE 1		#1	#2	#3	#4	#5	
	3	2	1									

Swim session times:

<u>9am-10:45a:</u>	9-10 am:	8 lanes available (Dive lanes 1-3 & 5 public lanes avail.) 16 max lap swimmers, 10 "adult walkers"
	10-10:45a:	5 lanes available (5 public lanes avail.) 10 max lap swimmers, 10 "adult walkers" use of the "team" locker room only
<u>11a-12:45p:</u>	11a-12 pm:	15 lanes available (Lanes 1-10 & 5 public lanes avail.) 30 max lap swimmers, 10 "all ages walkers"
	12-12:45p:	5 lanes available (5 public lanes avail.) 10 max lap swimmers, 10 "all ages walkers" use of the "public" locker rooms only
<u>1p-2:45p:</u>	1-2 pm:	8 lanes available (Dive lanes 1-3 & 5 public lanes avail.) 16 max lap swimmers, 10 "all ages walkers"
	2-2:45 pm:	5 lanes available (5 public lanes available) 10 max lap swimmers, 10 "all ages walkers" use the "team" locker rooms only
<u>3p-4:45p:</u>	3-4 pm:	5 lanes available (5 public lanes available) 10 max lap swimmers, 10 "all ages walkers"
	4-4:45 pm:	15 lanes available (Lanes 1-10 & 5 public lanes avail.) 30 max lap swimmers, 10 "adult walkers" use the "public" locker rooms only
<u>5 pm-6 pm:</u>		15 lanes available (Lanes 1-10 & 5 public lanes avail.) 30 max lap swimmers, 10 "all ages walkers" use the "team" locker rooms only

All times, availability and lane assignments are subject to change.