Sunday, February 28, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

LG Training class: 9 am-1 pm = Lanes 1-2

1 pm-5 pm = Lanes 1-2

Excel Swimming: 9 am-10:30 am = Lanes 3-10 "Learn to Dive": 9 am-10 am = Platform only

10 am-12 pm = 1 meter boards only (subject to change)

Nassau LG test: 10 am-1 pm = Dive lanes 1-3

Island Swim Academy: 10:30 am-12:30 pm = Lanes 4-10

Long Island Diving: 12 pm-4 pm = All boards
St. Rose CYO Team: 1 pm-3 pm = Lanes 1-10
SCUBA: 2 pm-4 pm = Dive lanes 1-3

High Dive Champions: 4 pm-5 pm = 1 meter boards only

5 pm-6 pm = 1 & 3 meter boards only

Pool setup: 5 pm-6 pm = Dive lanes 1-3

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Swim session times:

<u>9am-10:45a</u>: 9-10 am: 8 lanes available (Dive lanes 1-3 & 5 public lanes avail.)

16 max lap swimmers, 10 "adult walkers"

10-10:45a: **5 lanes available** (5 public lanes avail.)

10 max lap swimmers, 10 "adult walkers"

use of the "team" locker room only

11a-12:45p: **6 lanes available** (Lanes 3 & 5 public lanes avail.)

12 max lap swimmers, 10 "all ages walkers"

use of the "public" locker rooms only

1p-2:45p: 1-2 pm: 8 lanes available (Dive lanes 1-3 & 5 public lanes avail.)

16 max lap swimmers, 10 "all ages walkers"

2-2:45 pm: **5 lanes available** (5 public lanes available)

10 max lap swimmers, 10 "all ages walkers"

use the "team" locker rooms only

3p-4:45p: **15 lanes available** (Lanes 1-10 & 5 public lanes avail.)

30 max lap swimmers, 10 "all ages walkers"

use the "public" locker rooms only

5 pm-6 pm: **13 lanes available** (Lanes 3-10 & 5 public lanes avail.)

26 max lap swimmers, 10 "all ages walkers"

use the "team" locker rooms only

Locker room closing times:

11:15a-12:45p: The team locker rooms will be closed for cleaning
1:15p-2:45p: The public locker rooms will be closed for cleaning
3:15p-4:45p: The team locker rooms will be closed for cleaning
5:15p-6p: The public locker rooms will be closed for cleaning

All locker rooms close at 6:20p

All times, availability and lane assignments are subject to change.