

Sunday, March 7, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming: 9 am-10:30 am = Lanes 3-10
"Learn to Dive": 9 am-10 am = Platform only
10 am-12 pm = 1 meter boards only (subject to change)
Island Swim Academy: 10:30 am-12:30 pm = Lanes 4-10
Long Island Diving: 12 pm-4 pm = All boards
Nassau LG Review class: 2 pm-3 pm = Public lanes 1-2
St. Agnes CYO: 2 pm-4 pm = Lanes 1-10
High Dive Champions: 4 pm-5 pm = 1 meter boards only
5 pm-6 pm = 1 & 3 meter boards only
Pool setup: 5 pm-6 pm = Dive lanes 1-3

D I V E B O A R D S	D	D	D	2 B U L K H E A D S	LANE 10	1 B U L K H E A D	P	P	P	P	P	MOVEABLE FLOOR SECTION
	I	I	I		LANE 9		U	U	U	U	U	
	V	V	V		LANE 8		B	B	B	B	B	
	E	E	E		LANE 7		L	L	L	L	L	
					LANE 6		I	I	I	I	I	
	L	L	L		LANE 5		C	C	C	C	C	
	A	A	A		LANE 4		L	L	L	L	L	
	N	N	N		LANE 3		A	A	A	A	A	
	E	E	E		LANE 2		N	N	N	N	N	
	#	#	#		LANE 1		#1	#2	#3	#4	#5	

Swim session times:

9am-10:45a: 10 lanes available (Lanes 1-2, DL 1-3 & 5 public lanes avail.)
20 max lap swimmers, 10 "adult walkers"
use of the "team" locker room only

11a-12:45p: 11 lanes available (Lanes 1-3, DL 1-3 & 5 public lanes avail.)
22 max lap swimmers, 10 "all ages walkers"
use of the "public" locker rooms only

1p-2:45p: 1-2 pm: 18 lanes available (Lanes 1-10, DL 1-3 & 5 public lanes avail.)
36 max lap swimmers, 10 "all ages walkers"
2-2:45 pm: 6 lanes available (Dive lanes 1-3 & public lanes #3-5 avail)
12 max lap swimmers, 10 "all ages walkers"
use the "team" locker rooms only

3p-4:45p: 3-4 pm: 8 lanes available (Dive lanes 1-3 & 5 public lanes avail.)
16 max lap swimmers, 10 "all ages walkers"
4-4:45 pm: 18 lanes available (Lanes 1-10, DL 1-3 & 5 public lanes avail.)
36 max lap swimmers, 10 "all ages walkers"
use the "public" locker rooms only

5 pm-6 pm: 15 lanes available (Lanes 1-10 & 5 public lanes avail.)
30 max lap swimmers, 10 "all ages walkers"
use the "team" locker rooms only

Locker room closing times:

11:15a-12:45p: The team locker rooms will be closed for cleaning

1:15p-2:45p: : The public locker rooms will be closed for cleaning

3:15p-4:45p: The team locker rooms will be closed for cleaning

5:15p-6p: The public locker rooms will be closed for cleaning
All locker rooms close at 6:20p

All times, availability and lane assignments are subject to change.