

Monday, April 12, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	6 am-9 am = Dive lanes 5-10
Navy Seal training:	9 am-10 am = Dive lanes 1-4
Wantagh HS:	3 pm-4 pm = Lanes 1-2
Bellmore-Merrick HS:	3 pm-4 pm = Lanes 3-6
East Meadow HS:	3 pm-4 pm = Lanes 7-10
Dive meet setup:	3 pm-3:30 pm = Dive lanes 1-10
Dive Meet:	3:30 pm-9 pm = Dive lanes 1-10 (1 meter dive boards)
Hope Fitness:	No practice today
L.I. Aquatic Club:	No practice today
Long Island Diving:	No practice today
Total Masters Swimming:	No practice today

Dive Lane 10	2	LANE 10	1	P	P	P	P	P	P	P	P	
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U	
Dive Lane 8	B	LANE 8	B	B	B	B	B	B	B	B	B	
Dive Lane 7	U	LANE 7	U	L	L	L	L	L	L	L	L	
Dive Lane 6	L	LANE 6	L	I	I	I	I	I	I	I	I	
Dive Lane 5	K	LANE 5	K	C	C	C	C	C	C	C	C	
Dive Lane 4	H	LANE 4	H	L	L	L	L	L	L	L	L	
Dive Lane 3	E	LANE 3	E	A	A	A	A	A	A	A	A	
Dive Lane 2	A	LANE 2	A	N	N	N	N	N	N	N	N	
Dive Lane 1	D	LANE 1	D	E	E	E	E	E	E	E	E	
	S			#1	#2	#3	#4	#5	#6	#7		

Swim session times:

6a-7:30a:	19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available) 38 max lap swimmers, 10 “adult walkers”; use of the “team” locker rooms only
7:30a-9a:	19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available) 38 max lap swimmers, 10 “adult walkers”; use of the “public” locker rooms only
9a-10:45 am:	25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes avail.) 50 max lap swimmers, 10 “adult walkers” use of the “team” locker rooms only.
11a-12:45p:	25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes available) 50 max lap swimmers, 10 “all ages walkers” use of the “public” locker rooms only
1p-2:45p:	25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes available) 50 max lap swimmers, 10 “all ages walkers” use of the “team” locker rooms only
3p-4:45p:	3-4p: 5 lanes available (5 public lanes available) 10 max lap swimmers, 10 “all ages walkers” 4-4:45p: 15 lanes available (Lanes 1-10 & 5 public lanes available) 30 max lap swimmers, 10 “all ages walkers” use of the “public” locker rooms only

Note: lap swim only after 5 pm (2 extra lanes will be placed in the shallow section)

5p-6:45p:	17 lanes available (Lanes 1-10 & public lanes 1-7 avail.) 34 max lap swimmers, Lap swim only, No shallow area use of the “team” locker rooms only.
7p-9p:	17 lanes available (Lanes 1-10 & public lanes 1-7 avail.) 34 max lap swimmers, Lap swim only, No shallow area use of the “public” locker rooms only

All times, availability and lane assignments are subject to change.

Note: the dive pool will be closed after 3 pm. Only coaches, athletes and officials permitted in the dive pool area.