

# Wednesday, April 14, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

## Team / Group Use Schedule:

Excel Swimming:	6 am-7:15 am = Dive lanes 4-10
	7:15 am-9 am = Dive lanes 5-10
Navy Seal training:	<del>9 am-10 am = Dive lanes 1-4</del>
Meet setup:	2:45 pm-3:30 pm = Lanes 1-10
Wantagh HS:	3 pm-4 pm = Dive lanes 7-10
Swim Meet:	3:30 pm-9 pm = Lanes 1-10 & dive lanes 1-10
Hope Fitness:	No practice today
L.I. Aquatic Club:	No practice today
Long Island Diving:	No practice today
Total Masters Swimming:	No practice today

Dive Lane 10	2 B U L K H E A D S	LANE 10	1 B U L K H E A D	P	P	P	P	P	P	P	P	
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U	
Dive Lane 8		LANE 8		B	B	B	B	B	B	B	B	
Dive Lane 7		LANE 7		L	L	L	L	L	L	L	L	
Dive Lane 6		LANE 6		I	I	I	I	I	I	I	I	
Dive Lane 5		LANE 5		C	C	C	C	C	C	C	C	
Dive Lane 4		LANE 4		L	L	L	L	L	L	L	L	
Dive Lane 3		LANE 3		A	A	A	A	A	A	A	A	
Dive Lane 2		LANE 2		N	N	N	N	N	N	N	N	
Dive Lane 1		LANE 1		E	E	E	E	E	E	E	E	
				#1	#2	#3	#4	#5	#6	#7		

## Swim session times:

<b>6a-7:30a:</b>	<b>16 lanes available</b> (Lanes 1-8, DL 1-3 & 5 public lanes available) 32 max lap swimmers, 10 “adult walkers”; use of the “team” locker rooms only
<b>7:30a-9a:</b>	<b>19 lanes available</b> (Lanes 1-10, DL 1-4 & 5 public lanes available) 38 max lap swimmers, 10 “adult walkers”; use of the “public” locker rooms only
<b>9a-10:45 am:</b>	<b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes available) 50 max lap swimmers, 10 “all ages walkers”; use of the “team” locker rooms only
<b>11a-12:45p:</b>	<b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes available) 50 max lap swimmers, 10 “all ages walkers”; use of the “public” locker rooms only
<b>1p-2:45p:</b>	<b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes available) 50 max lap swimmers, 10 “all ages walkers”; use of the “team” locker rooms only
<b>3p-4:45p:</b>	<b>5 lanes available</b> (Public lanes 1-5 available) 10 max lap swimmers, 10 “all ages walkers” use of the “public” locker rooms only

**Note:** lap swim only after 5 pm (2 extra lanes will be placed in the shallow section)

<b>5p-6:45p:</b>	<b>7 lanes available</b> (7 public lanes avail.) 14 max lap swimmers, Lap swim only, No shallow area use of the “public” locker rooms only
<b>7p-9p:</b>	<b>7 lanes available</b> (7 public lanes available) 14 max lap swimmers, Lap swim only, No shallow area use of the “public” locker rooms only

All times, availability and lane assignments are subject to change.

## Locker rooms (after 3 pm):

- The swim meet will use the team locker rooms only
- Public/members will use the public locker rooms after 3 pm
- Swim meet participants cannot access any area in the “public lane” area or go past the bulkhead located near the team locker rooms
- Public/members cannot access any area surrounding the competition and dive pool and cannot go past the bulkhead located near the team locker rooms