

# Sunday, April 18, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Event Power Triathlon: 6:30 am-9:30 am = Freedom pool

**Swim Meet: 8 am-1 pm = Lanes 1-10 & dive lanes 1-2, 9-10**

Long Island Diving: 1 pm-4 pm = 1 & 3 meter dive boards (DL 5-10)

Nassau LG test: 1 pm-4 pm = Dive lanes 1-4

Island Swim Academy: 1:30 pm-3:30 pm = Lanes 1-6

**Swim Meet: 4 pm-8 pm = Lanes 1-10 & dive lanes 1-2, 9-10**

Dive Lane 10	2  B U L K H E A D S	LANE 10	1  B U L K H E A D	P U B L I C	P U B L I C	P U B L I C	P U B L I C	P U B L I C	P U B L I C	P U B L I C	P U B L I C	Moveable Floor Section A M P
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U	
Dive Lane 8		LANE 8		B	B	B	B	B	B	B	B	
Dive Lane 7		LANE 7		L	L	L	L	L	L	L	L	
Dive Lane 6		LANE 6		I	I	I	I	I	I	I	I	
Dive Lane 5		LANE 5		C	C	C	C	C	C	C	C	
Dive Lane 4		LANE 4		L	L	L	L	L	L	L	L	
Dive Lane 3		LANE 3		A	A	A	A	A	A	A	A	
Dive Lane 2		LANE 2		N	N	N	N	N	N	N	N	
Dive Lane 1		LANE 1		E	E	E	E	E	E	E	E	
				#1	#2	#3	#4	#5	#6	#7		

**Swim session times:**

- 9am-10:45a:

7 lanes available (7 public lanes available)  
14 max lap swimmers, Lap swim only, No shallow area
- 11a-12:45p:

7 lanes available (7 public lanes available)  
14 max lap swimmers, Lap swim only, No shallow area
- 1p-2:45p:

7 lanes available (7 public lanes available)  
14 max lap swimmers, Lap swim only, No shallow area
- 3p-4:45p:

7 lanes available (7 public lanes available)  
14 max lap swimmers, Lap swim only, No shallow area
- 5 pm-6 pm:

7 lanes available (7 public lanes available)  
14 max lap swimmers, Lap swim only, No shallow area
- Use of the “public” locker rooms only all day.

*All times, availability and lane assignments are subject to change.*

**Note:**

- Lap swim only all day today
- No shallow water/walking area available
- Dive pool/lanes closed all day

**Locker rooms:**

- The swim meet will use the team locker rooms only
- Public/members will use the public locker rooms all day
- Swim meet participants cannot access any area in the “public lane” area or go past the bulkhead located near the team locker rooms
- Public/members cannot access any area surrounding the competition and dive pool and cannot go past the bulkhead located near the team locker rooms