

Glen Cove Chapter Presents:
Virtual Health Talk Series
Beginning in May 2021
On the 1st Saturday of every month!

“Safe Walking Tips”
Saturday, May 1, 2021 at 10AM EST

Dr. Barbara Keber, MD, FAAFP
Glen Cove Hospital, Northwell Health



To participate, point your phone camera at the QR code to scan it or visit:
<https://agefriendlyglencove.com/virtual-events/>

Why Walk With a Doc?

- Learn about health topics from local healthcare professionals
- Become comfortable discussing health topics with your physician
- Enjoy a fun and easy way to exercise and improve health!
- Connect with members in the local community

For more information, please contact the Age-Friendly Glen Cove team at the Glen Cove Senior Center at 516-759-9610 or email us at agefriendlyglencove@gmail.com

We are a local chapter of an international program.

Learn more at www.walkwithadoc.org



@agefriendlyglencove