Friday, September 24, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)																
Team / Group l	Jse Schedule:															
Excel Sw	/imming:	6 am-9 am = Div	6 am-9 am = Dive lanes 4-10													
Meet setup:		1 pm-2:45 pm =	Lanes	1-10)											
Hope Fitness:		3 pm-8 pm = Pu	blic lar	ne #5												
East Meadow HS:		3 pm-4:30 pm =	3 pm-4:30 pm = Dive lanes $1-4 \& \&$ dive boards (DL 7-8)													
Wantagh HS:		3:30 pm-5 pm =	3:30 pm-5 pm = Lanes 7-10													
Bellmore HS:		3:30 pm-5 pm =	3:30 pm-5 pm = Dive lanes 5-6, 9-10 & & dive boards (DL 7-8)													
Sewanhaka HS:		4:30 pm-6 pm =	4:30 pm-6 pm = Dive lanes $1-4 \& \&$ dive boards (DL 7-8)													
SWIM MEET:		5 pm-8 pm = La	nes 1-1	.0												
Mary Louis Academy:		5 pm-6:30 pm =	Dive la	anes	1-4											
Long Island Diving:		6 pm-8 pm = 1-3	3m & 2	-1m	dive	boa	rds (d	dive l	anes 6-10)							
Swim lessons:	-								·							
Pre Level 2 class:		10 am-10:30 am	n = half	of s	hallo	w se	ctior	1								
Infant/Toddler class:		10:45 am-11:15	am = ł	half d	of sha	allow	v sect	tion								
Level 4 class:		4 pm-4:45 pm =	public	lane	e #1											
Level 3 class:		5 pm-5:45 pm =	public	lane	e #7 (& ra	mp a	rea)								
Level 5 class:		6 pm-6:45 pm =	public	lane	e #1											
Beginner class:			6:30 pm-7:30 pm = public lane #7 (& ramp area)													
Beginne	1 Class.	0.30 pm-7.30 pi	n – pu			m / (O	c i uii	יף טיי	7:45 pm-8:45 pm = public lanes $\#6-7$ (& ramp area)							
Jr. Lifegu			•			•		•								
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75 max lap swimmers, 60 "all ages walkers/recreation swimming" use of the "public" locker rooms only

15 lanes available (Dive lanes 1-10 & 5 public lanes available) 1p-2:45p:: 45 max lap swimmers, 60 "all ages walkers/recreation swimming" use of the "team" locker rooms only

10 lanes available (Lanes 1-6 & public lanes 1-4 avail.) 3p-4:45p: 3-4p: 30 max lap swimmers, 60 "all ages walkers/recreation swimming" 9 lanes available (Lanes 1-6 & Public lanes 2-4 available) 4-4:45p: 27 max lap swimmers, 60 "all ages walkers/recreation swimming"

		27 max tap swimmers, ou all ages warkers/recreation swimming					
Note: lap swim only after 5 pm (2 extra lanes will be placed in the shallow section, ages 13 & over)							
<u>5p-6:45p</u> :	5-5:45p:	5 lanes available (Public lanes 1-4, 6 available)					
		15 max lap swimmers, lap swim only, No shallow area					
	5:45-6:45p:	5 lanes available (Public lanes 2-4, 6-7 available)					
		15 max lap swimmers, lap swim only, No shallow area					
<u>7p-9p</u> :	7-8p:	4 lanes available (Public lanes #1-4 available)					
		12 max lap swimmers, Lap swim only, No shallow area					
	8-9p:	5 lanes available (Public lanes #1-5 available)					
		15 may lan swimmars, Lan swim only No shallow area					

15 max lap swimmers, Lap swim only, No shallow area

All times, availability and lane assignments are subject to change.

Please note: the dive pool, jacuzzi & suana are closed after 5pm