

Monday, September 27, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	6 am-9 am = Dive lanes 5-10
Aquajog:	10 am-11 am = Lanes 1-3
Bellmore HS:	3:30 pm-5 pm = Dive lanes 4-6, 9-10 & & dive boards (DL 7-8)
Hope Fitness:	4 pm-9 pm = Public lane #5
HS Dual Meet:	4:30 pm-6:30 pm = Lanes 1-6 & dive boards (DL 7-8, 5-6p)
L.I. Aquatic Club:	5 pm-6:30 pm = Lanes 1-10 & dive lanes 1-6
	6:30 pm-8:45 pm = Lanes 1-10
St. Francis Prep HS:	6:30 pm-7:45 pm = Dive lanes 1-4
Long Island Diving:	7 pm-9 pm = 1 meter dive boards (dive lanes 7-10)
Total Masters:	7:45 pm-8:45 pm = Dive lanes 1-3

Swim lessons:

Level 1 class:	4 pm-4:45 pm = half of shallow section
Pre Level 1 class:	5 pm-5:30 pm = public lane #7 (& ramp area)
Level 3 class:	5:45 pm-6:30 pm = public lane #7 (& ramp area)
Pre Level 3 class:	6:30 pm-7 pm = public lane #7 (& ramp area)
Beginner Teen/Adult:	7:15 pm-8:15 pm = public lanes #6-7 (& ramp area)

Dive Lane 10	2	LANE 10	1	P	P	P	P	P	P	P	P	
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U	
Dive Lane 8	B	LANE 8	B	L	L	L	L	L	L	L	L	
Dive Lane 7	U	LANE 7	U	I	I	I	I	I	I	I	I	
Dive Lane 6	L	LANE 6	L	C	C	C	C	C	C	C	C	
Dive Lane 5	K	LANE 5	K	L	L	L	L	L	L	L	L	
Dive Lane 4	H	LANE 4	H	A	A	A	A	A	A	A	A	
Dive Lane 3	E	LANE 3	E	N	N	N	N	N	N	N	N	
Dive Lane 2	A	LANE 2	A	E	E	E	E	E	E	E	E	
Dive Lane 1	D	LANE 1	D	#1	#2	#3	#4	#5	#6	#7		

Note:

- **Max 4 people per lane in any 50 meter lanes (circle swimming required for 3 or more)**
- **Max 3 people per lane in any 25 yd/m lanes (circle swimming required for 3 or more)**

Swim session times:

6a-7:30a:	19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available) 57 max lap swimmers, 40 “adult walkers”
7:30a-9a:	19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available) 57 max lap swimmers, 40 “adult walkers”
9a-10:45 am:	9-10a: 25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes avail.) 75 max lap swimmers, 40 “adult walkers” 10-10:45a: 22 lanes available (Lanes 4-10, DL 1-10 & 5 public lanes avail.) 66 max lap swimmers, 40 “adult walkers”
11a-12:45p:	25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes available) 75 max lap swimmers, 60 “all ages walkers/recreation swimming” use of the “public” locker rooms only
1p-2:45p:	25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes available) 75 max lap swimmers, 60 “all ages walkers/recreation swimming” use of the “team” locker rooms only
3p-4:45p:	3-4:30p: 17 lanes available (Lanes 1-10, DL 1-3 & Public lanes 1-4 available) 51 max lap swimmers, 60 “all ages walkers/recreation swimming” 4:30-4:45p: 11 lanes available (Lanes 7-10, DL 1-3 & Public lanes 1-4 available) 33 max lap swimmers, <u>30 “all ages walkers/recreation swimming”</u>

Note: lap swim only after 5 pm (2 extra lanes will be placed in the shallow section, ages 13 & over)

5p-6:45p:	7 lanes available (Dive lanes 9-10 & public lanes 1-4, 6 available) 21 max lap swimmers, lap swim only, No shallow area
7p-9p:	7-7:45p: 6 lanes available (Dive lanes 5-6 & public lanes #1-4 available) 18 max lap swimmers, Lap swim only, No shallow area 7:45-8:15p: 7 lanes available (Dive lanes 4-6 & public lanes #1-4 available) 21 max lap swimmers, Lap swim only, No shallow area 8:15-9p: 9 lanes available (Dive lanes 4-6 & public lanes #1-4, 6-7 available) 27 max lap swimmers, Lap swim only, No shallow area

All times, availability and lane assignments are subject to change.