August Activities Great Neck SCSC

Location 80 Grace Ave, Great Neck, NY 11021

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

	TUESDAY	WEDNESDAY	THURSDAY	EDIDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00-11:00 Bingo 11:30-12:00 Discussion Group 12 p.m. Lunch 1:00-2:00 Conversation	10:00-11:00 Bingo 11:30-12:00 Discussion Group 10:30 – 11:30 a.m. World in Depth	10:00-11:00 Bingo 11:30-12:00 Exercise with Sarah 10:30 – 11:30 a.m. Music w/ Mindye	10:30 – 11:30 a.m. Movie Day 11 a.m. – Noon Piano w/ Dr. Saltzman 12 p.m. Lunch	9:45 – 10:45 a.m. Tai Chi 12 p.m. Lunch 12:30-2p.m. English lessions
1 – 3p.m. Womanspace Memoirs	12 p.m. Lunch	1:00-2:00 Conversation 1 – 3p.m. Womanspace	1:00-3:00 Ping Pong	
10:00-11:00 Bingo 11:30-12:00 Discussion Group	10 10:00-11:00 Bingo 11:30-12:00 Discussion Group	11 10:00-11:00 Bingo 10:00-12:00 Farmers market coupons	10:30 – 11:30 a.m. Movie Day	9:45 – 10:45 a.m. Tai Chi
11:00 – 12:00 Cornell Nutrition Ed (meals for singles) 12 p.m. Lunch	10:30 – 11:30 a.m. World in Depth 12 p.m. Lunch	10:30 – 11:30 a.m. Music w/ Mindye 11:30-12:00 Exercise with Sarah 12 p.m. Lunch	11 a.m. – Noon Piano w/ Dr. Saltzman 12 p.m. Lunch	12 p.m. Lunch 12:30-2p.m. English lessions
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16	17	18	19	20
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