

# Sunday, October 31, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

|                      |                                     |
|----------------------|-------------------------------------|
| Excel Swimming:      | 9 am-10:30 am = Lanes 3-10          |
| “Learn to Dive”:     | 9 am-10 am = Platform only          |
|                      | 10 am-12 pm = 1 meter boards only   |
| Island Swim:         | 10:30 am-12:30 pm = Lanes 5-10      |
| Long Island Diving:  | 12 pm-3 pm = All boards             |
| Nassau LG test:      | 2 pm-5 pm = Dive lanes 1-3          |
| High Dive Champions: | 4 pm-5 pm = 1 meter boards only     |
|                      | 5 pm-6 pm = 1 & 3 meter boards only |
| Pool setup:          | 5 pm-6 pm = Dive lanes 1-3          |

|  |   |   |   |  |         |   |    |    |    |    |    |                              |
|--|---|---|---|--|---------|---|----|----|----|----|----|------------------------------|
| D<br>I<br>V<br>E<br><br>B<br>O<br>A<br>R<br>D<br>S | D | D | D | 2<br><br>B<br>U<br>L<br>K<br>H<br>E<br>A<br>D<br>S | LANE 10 | 1<br><br>B<br>U<br>L<br>K<br>H<br>E<br>A<br>D | P  | P  | P  | P  | P  | MOVEABLE<br>FLOOR<br>SECTION |
|  | I | I | I |  | LANE 9  |   | U  | U  | U  | U  | U  |                              |
|  | V | V | V |  | LANE 8  |   | B  | B  | B  | B  | B  |                              |
|  | E | E | E |  | LANE 7  |   | L  | L  | L  | L  | L  |                              |
|  |   |   |   |  | LANE 6  |   | I  | I  | I  | I  | I  |                              |
|  | L | L | L |  | LANE 5  |   | C  | C  | C  | C  | C  |                              |
|  | A | A | A |  | LANE 4  |   | L  | L  | L  | L  | L  |                              |
|  | N | N | N |  | LANE 3  |   | A  | A  | A  | A  | A  |                              |
|  | E | E | E |  | LANE 2  |   | N  | N  | N  | N  | N  |                              |
|  | # | # | # |  | LANE 1  |   | E  | E  | E  | E  | E  |                              |
|  | 3 | 2 | 1 |  |         |   | #1 | #2 | #3 | #4 | #5 |                              |

**Note:**

- Max 4 people per lane in any 50 meter lanes (circle swimming required for 3 or more)
- Max 3 people per lane in any 25 yd/m lanes (circle swimming required for 3 or more)

**Swim session times:**

|                    |   |
|--------------------|---|
| <b>9am-10:45a:</b> | <b>10 lanes available</b> (Lanes 1-2, DL 1-3 & 5 public lanes avail.)<br>30 max lap swimmers, 40 “adult walkers”  |
| <b>11a-12:45p:</b> | <b>12 lanes available</b> (Lanes 1-4, DL 1-3 & 5 public lanes available)<br>36 max lap swimmers, 60 “all ages walkers/recreation swimming”  |
| <b>1p-2:45p:</b>   | 1-2p: <b>18 lanes available</b> (Lanes 1-10, DL 1-3 & 5 public lanes available)<br>54 max lap swimmers, 60 “all ages walkers/recreation swimming”<br>2-2:45p: <b>15 lanes available</b> (Lanes 1-10 & 5 public lanes available)<br>45 max lap swimmers, 60 “all ages walkers/recreation swimming” |
| <b>3p-4:45p:</b>   | <b>15 lanes available</b> (Lanes 1-10 & 5 public lanes avail.)<br>45 max lap swimmers, 10 “all ages walkers”<br>use the “public” locker rooms only  |
| <b>5 pm-6 pm:</b>  | <b>15 lanes available</b> (Lanes 1-10 & 5 public lanes avail.)<br>45 max lap swimmers, 10 “all ages walkers”<br>use the “team” locker rooms only  |

*All times, availability and lane assignments are subject to change.*

*The “public” locker rooms will be closed for the 3 pm session.  
The “team” locker rooms will be closed for the 5 pm session.*