

# Monday, November 1, 2021

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	6 am-9 am = Dive lanes 5-10
Aquajog:	10 am-11 am = Lanes 1-3
East Meadow HS:	3:15 pm-4:15 pm = Dive lanes 1-2 & & dive boards (DL 7-8)
Levittown HS:	3:30 pm-5 pm = Lanes 1-4 & & dive boards (DL 7-8)
Wantagh HS:	3:30 pm-5 pm = Lanes 9-10
Bellmore HS:	3:30 pm-5 pm = Lanes 5-8 & dive boards (DL 7-8)
SouthSide HS:	3:45 pm-5 pm = Dive lanes 9-10 & dive boards (DL 7-8)
Hope Fitness:	4 pm-9 pm = Public lane #5
Manhasset HS:	4:30 pm-6 pm = Dive lanes 1-4
L.I. Aquatic Club:	5 pm-8:45 pm = Lanes 1-10
St. Francis Prep:	5 pm-6:30 pm = Dive lanes 7-10
St. Bernard’s CYO:	6:45 pm-7:45 pm = Dive lanes 1-6
Long Island Diving:	7 pm-9 pm = 1 meter dive boards (dive lanes 7-10)
Total Masters:	7:45 pm-8:45 pm = Dive lanes 1-4

Swim lessons:

Level 1 class:	4 pm-4:45 pm = half of shallow section
Pre Level 1 class:	5 pm-5:30 pm = public lane #7 (& ramp area)
Level 3 class:	5:45 pm-6:30 pm = public lane #7 (& ramp area)
Pre Level 3 class:	6:30 pm-7 pm = public lane #7 (& ramp area)
Beginner Teen/Adult:	7:15 pm-8:15 pm = public lanes #6-7 (& ramp area)

Dive Lane 10	2	LANE 10	1	P	P	P	P	P	P	P	P	P	P
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U	U	U
Dive Lane 8	B	LANE 8	B	B	B	B	B	B	B	B	B	B	B
Dive Lane 7	U	LANE 7	U	L	L	L	L	L	L	L	L	L	L
Dive Lane 6	L	LANE 6	L	I	I	I	I	I	I	I	I	I	I
Dive Lane 5	K	LANE 5	K	C	C	C	C	C	C	C	C	C	C
Dive Lane 4	H	LANE 4	H	L	L	L	L	L	L	L	L	L	L
Dive Lane 3	E	LANE 3	E	A	A	A	A	A	A	A	A	A	A
Dive Lane 2	A	LANE 2	A	N	N	N	N	N	N	N	N	N	N
Dive Lane 1	D	LANE 1	D	E	E	E	E	E	E	E	E	E	E
	S			#1	#2	#3	#4	#5	#6	#7			

**Note: Max 3 people per lane in any 25 yd/m lanes (circle swimming required for 3 or more)**

Swim session times:

<u>6a-7:30a:</u>	<b>19 lanes available</b> (Lanes 1-10, DL 1-4 & 5 public lanes available) 57 max lap swimmers, 40 “adult walkers”
<u>7:30a-9a:</u>	<b>19 lanes available</b> (Lanes 1-10, DL 1-4 & 5 public lanes available) 57 max lap swimmers, 40 “adult walkers”
<u>9a-10:45 am:</u>	9-10a: <b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes avail.) 75 max lap swimmers, 40 “adult walkers” 10-10:45a: <b>22 lanes available</b> (Lanes 4-10, DL 1-10 & 5 public lanes avail.) 66 max lap swimmers, 40 “adult walkers”
<u>11a-12:45p:</u>	<b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes available) 75 max lap swimmers, 60 “all ages walkers/recreation swimming” use of the “public” locker rooms only
<u>1p-2:45p:</u>	<b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes available) 75 max lap swimmers, 60 “all ages walkers/recreation swimming” use of the “team” locker rooms only
<u>3p-4:45p:</u>	3-4p: <b>8 lanes available</b> (Dive lanes 3-6 & Public lanes 1-4 available) 24 max lap swimmers, 60 “all ages walkers/recreation swimming” 4-4:45p: <b>8 lanes available</b> (Dive lanes 3-6 & Public lanes 1-4 available) 24 max lap swimmers, <u>30 “all ages walkers/recreation swimming”</u>

**Note:** lap swim only after 5 pm (2 extra lanes will be placed in the shallow section, ages 13 & over)

<u>5p-6:45p:</u>	<b>7 lanes available</b> (Dive lanes 5-6 & public lanes 1-4, 6 available) 21 max lap swimmers, lap swim only, No shallow area
<u>7p-9p:</u>	7-7:45p: <b>4 lanes available</b> (Public lanes #1-4 available) 12 max lap swimmers, Lap swim only, No shallow area 7:45-8:15p: <b>6 lanes available</b> (Dive lanes 5-6 & public lanes #1-4 available) 18 max lap swimmers, Lap swim only, No shallow area 8:15-9p: <b>8 lanes available</b> (Dive lanes 5-6 & public lanes #1-4, 6-7 available) 24 max lap swimmers, Lap swim only, No shallow area

All times, availability and lane assignments are subject to change.  
The “team” locker rooms will be closed for the 11am session.  
The “public” locker rooms will be closed for the 1 pm session.