

Office of Mental Health Office of Alcoholism and Substance Abuse Services Office for People With Developmental Disabilities

2019

Local Services Plan For Mental Hygiene Services

Nassau Co Office of MH, CD and DD Svcs August 14, 2018

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Planning Form	LGU/Provider/PRU	Status
Nassau Co Office of MH, CD and DD Svcs	40150	(LGU)
Executive Summary	Optional	Not Completed
Goals and Objectives Form	Required	Certified
Community Services Board Roster	Required	Certified
Alcoholism and Substance Abuse Subcommittee Roster	Required	Certified
Mental Health Subcommittee Roster	Required	Certified
Developmental Disabilities Subcommittee Roster	Required	Certified
Mental Hygiene Local Planning Assurance	Required	Certified
Nassau Co Office of MH, CD and DD Svcs	40150/40150	(Provider)
Nassau Co Office of MH CD & DD OTP	40150/40150/52127	(Treatment Program)
Nassau Co Office of MH CD & DD OMM	40150/40150/52128	(Treatment Program)

Mental Hygiene Goals and Objectives Form

Nassau Co Office of MH, CD and DD Svcs (40150) Certified: Omayra Perez (6/21/18)

1. Overall Needs Assessment by Population (Required)

Please explain why or how the overall needs have changed and the results from those changes.

a) Indicate how the level of unmet mental health service needs , in general, has changed over the past year:
Please Explain:
Mental Health Services in Nassau County have improved over the past year due to several ongoing initiatives:
1. Nassau County's Mobile Crisis Team (MCT) expanded its hours of operation from 10am to 11pm seven days a week and 24/7 to eligible clients served by the Certified Community Behavioral Health Clinic located at Central Nassau Guidance and Counseling Services.
2. Nassau County continues to support and strengthen the implementation of the New Hope Crisis Center. The Crisis Center provides respite housing as a diversion to hospitalization and/or incarceration. The police, in collaboration with the Nassau County Crisis Team, explores this option after an assessment by the MCT is completed and the individual is cleared to be transported to New Hope. It is a medically supervised site and individuals served must have a co-occurring disorder.
3. Nassau County's Assessment & Referral Center located within Department of Human Services and the Department of Social Services' physical site, provide multiple behavioral health services such as access to the Nassau County Mobile Crisis Team through 516-227-Talk, behavioral health assessments and screenings, crisis intervention and access to Health Home enrollment. In 2017, 516-227-Talk received a total of 6,178.
4. Mobile Residential Support is a program funded by New York State Office of Mental Health providing enhanced services to clients residing in Supported Housing to assist them in living independently in their community and to remain out of the hospital. Services include medication management, supportive counseling & crisis intervention, relapse prevention, health and wellness coordination, peer recovery coaching & support, and resource linkage.
5. Central Nassau Guidance and Counseling Services is Nassau County's first Certified Community Behavioral Health Clinic or CCBHC providing comprehensive healthcare services to residents of Nassau County who are facing mental illness and/or substance use disorders. The services provided include immediate screening, diagnosis, and linkage to treatment for mental health, addictions, and chronic health conditions.
6. In 2017, the Nassau County District Attorney's Office developed a program called the Office of Alternative Prosecution and Resources, "The Phoenix". The office is responsible for coordinating comprehensive alternative-prosecution options and resources for justice-involved individuals and invited the Nassau County Office of Mental Health, Chemical Dependency and Developmental Disabilities in a collaborate effort to connect low level offenders to treatment as an alternative option. "Depending on the nature of the offense, alternative-prosecution programs may include drug, alcohol and/or mental health treatment, community-based support programs including education, vocational and job training, and other evidence-based programs aimed at reducing recidivism and promoting personal development." (Nassau County E-Newsletter March 2018) Since the recent inception of The Phoenix, the average monthly number of unique people served jumped from 15 to 110 individuals in April 2018.
b) Indicate how the level of unmet substance use disorder (SUD) needs , in general, has changed over the past year: Improved Stayed the Same Worsened
Please Explain: Substance Use Services in Nassau County have improved over the past year due to several initiatives:
1. OASAS granted an Open Access Center award to the Family and Children's Association agency located in Nassau County with the expectation of offering residents who struggle with addition, open access services 24 hours a day, seven days a week. The services to be offered will include acceptable to treatment.

- screenings, supports, and referrals to treatment.
- 2. The New York State Governors Office awarded to NYS OASAS through the Opioid State Targeted Response Grant Program, administered by the Substance Abuse and Mental Health Services Administration, funding with the goal to increase access to treatment, reduce unmet need and reduce overdose-related deaths. NYS OASAS granted Central Nassau Guidance and Counseling Services the funding to address the opioid treatment needs in Nassau County. Services provided are to include Medication Assisted Treatment, comprehensive assessments, care coordination, mobile treatment, peer support, individual/group/family therapy, outreach, treatment to the uninsured, workforce development to the treating staff, identified evidence based practices by SAMHSA and required data collection.
- 3. During 2018, Nassau County MH, CD & DD services has been engaged in collaborative discussion with the Nassau County Corrections Center to explore ways to provide Medication Assisted Treatment in the jail specifically for Vivitrol and Methadone medication treatments.
- 4. Nassau County District Attorney's Office developed a program called the Office of Alternative Prosecution and Resources, "The Phoenix" with the focus of offering low level offenders substance use treatment as an alternative option. Since its inception, the number of individuals offered treatment have increased exponentially requiring the need of expanding the workforce such as social workers and care coordinators in the courts.
- 5. Nassau County MH, CD & DD services continues to work collaboratively with the Heroin Task Force to coordinate with the system of care strategies to address the opioid crisis. One of those strategies continues to be NARCAN trainings with less than 200 people away from having trained 11,000 Narcan Responders in Nassau County.

Unmet County Need:

In 2012, Nassau County eliminated local funds to the county chemical dependency agencies due to fiscal challenges faced by the County. As a result, NYS OASAS withdrew the administrative funds given to the County for administrative oversight of programs, contracting, and claims reimbursement for all contracted community agencies and schools. Currently the Nassau County Office of MH, CD, and DD services is

anticipating many retirements which will have a direct impact on the Office's ability to perform its LGU functions. Nassau County hopes that NYS OASAS considers the possibility of restoring funds needed to support its required responsibilities.

c) Indicate how the level of unmet needs of the developmentally disabled population, in general, has changed in the past year:	0	Improved	•
Stayed the Same Worsened			

Please Explain:

The overall needs have stayed the same. OASAS, OMH and OPWDD continue to seize on opportunties to collaborate and address cross-system issues that impact the system of care. Currently Nassau County MH, CD, and DD services is in discussion with advocacy groups, agencies, and government organizations to foster workforce development initiatives in the field of intellectual and developmental disabilities.

2. Goals Based On Local Needs

Issue Category		Applicable State Agenc(ies)			
	OASAS	ОМН	OPWDD		
a) Housing	~	~			
b) Transportation					
c) Crisis Services			~		
d) Workforce Recruitment and Retention (service system)					
e) Employment/ Job Opportunities (clients)					
f) Prevention	~				
g) Inpatient Treatment Services					
h) Recovery and Support Services	~				
i) Reducing Stigma	~	~			
j) SUD Outpatient Services	~				
k) SUD Residential Treatment Services					
1) Heroin and Opioid Programs and Services	~				
m) Coordination/Integration with Other Systems for SUD clients	S 🔽				
n) Mental Health Clinic					
o) Other Mental Health Outpatient Services (non-clinic)		~			
p) Mental Health Care Coordination		~	~		
q) Developmental Disability Clinical Services			~		
r) Developmental Disability Children Services					
s) Developmental Disability Adult Services					
t) Developmental Disability Student/Transition Services					
u) Developmental Disability Respite Services					
v) Developmental Disability Family Supports					
w) Developmental Disability Self-Directed Services					
x) Autism Services					
y) Developmental Disability Person Centered Planning					
z) Developmental Disability Residential Services					
aa) Developmental Disability Front Door					
ab) Developmental Disability Service Coordination					
ac) Other Need (Specify in Background Information)	~	~			

2a. Housing - Background Information

The Nassau County Residential Program Indicators reflect high occupancy percentages in the behavioral health housing programs, therefore, housing efforts continue to be an important priority for clients in Nassau County. According to the LI DISRIP Needs Assessment, the number of beds for Family Care is 254, Congregate Treatment is 1,137, Apartment Treatment is 395 and Supportive Housing beds at 2,447. Most beds are located in Suffolk County. Over 500 individuals with a serious mental illness are on the SPA waiting list for housing in Nassau. Many of these individuals are discharged into the community from inpatient psychiatric units or are homeless and therefore, most are not eligible for the supported housing beds. Recently Turquoise House (Mental Health Association), has a 3 bed peer run house to provide hospital diversion, when appropriate. Also, Central Nassau Guidance has begun a 3 bed crisis respite program also for hospital diversion. Nassau County also has a 7 bed crisis respite program being run by Melillo Center. There are waiting lists for the 3 respite providers listed above.

Over the past couple of years, SAIL was expanded to provide housing for individuals with a substance use disorder or co-occurring mental health disorders. There is a great need for additional housing resources for people with substance use disorders.

Do you have a Goal related to addressing this need? • Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? • Yes No

Support the further development of safe, stable housing which promotes recovery, facilitates rehabilitation and maximizes the potential for independent living.

Objective Statement

Objective 1: This Office will continue to work toward implementation of the SPA for all individuals with behavioral issues. This will simplify and expedite the housing process and ensure that all beds available are utilized at capacity. The software application is still being modified to fit the established criteria.

Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☐ OPWDD

Change Over Past 12 Months (Optional)

2c. Crisis Services - Background Information

The goals of the crisis response system in Nassau County are to reduce unnecessary emergency department visits and inpatient hospitalizations, to maintain people safely in their communities with appropriate supports; and to reduce the risks of future crises by providing a prompt response and resolution of the immediate crisis. The crisis response system that serves Nassau County's 1.3 million residents is funded by the New York State Office of Mental Health. The existing crisis response service system consists of a crisis call service and redundancy backup, available twenty-four-hours a day, three-hundred and sixty-five day a year; and a Mobile Crisis Team (MCT) daily from 10:00am to 11:00pm available for dispatch to assess adults and children who are experiencing or are at imminent risk of experiencing a psychiatric or substance use (BH) crisis. The Nassau County Mobile Crisis Services is composed of four teams of licensed professional with extensive clinical experience. The efforts of the mobile crisis teams have continues to grow with over 1200 on-site visits made in 2017. The accessibility of the mobile crisis teams has increased through our 227-TALK helpline.

Behavioral Health Crisis Intervention Services include:

- Mental health crisis screening, assessment; and crisis intervention.
- Referral and linkage to community based services such as outpatient treatment programs.
- Referral and collaboration with Adult Protective Services (APS) and Child Protective Services (CPS), with follow up to ensure linkage to appropriate community services.
- Referrals to Pathways, the community based program providing services to children during a short-term crisis in their home environment.
- Follow up with *Pathways ensuring that children may* remain safely in their home and community to prepare them for linkage with services in their community.

Currenlty overnight Mobile Crisis Services are provided to clients eligible through the Certified Community Behavioral Health Clinic program at Central Nassau Guidance and Counseling Services.

Do you have a Goal related to addressing this need? • Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)?

Yes
No

To expand Mobile Crisis Services to cover overight hours.

Objective Statement

Objective 1: Continue discussions with Nassau University Medical Center as the Hub for Delivery System Reform Incentive Payment and Nassau-Queens PPS to explore opportunities for funding to expand Mobile Crisis Services.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2f. Prevention - Background Information

The Nassau County MH, CD, and DD services continues to accompany OASAS during site visits to review the prevention work being done by contracted schools and community based agencies. The contracted programs submit workplans, outlining the anticipated services for the following school year. The Office reviews these workplans, and all workplans submitted for the 2018-2019 school year have been approved at the County level. The Office also participates in the Association of School Prevention, Intervention, Resource and Educational Professional (ASPIRE) Meetings. During these meetings, contracted prevention workers gain skills and knowledge surrounding prevention and discuss

Do you have a Goal related to addressing this need? O Yes No
Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No
The Office will continue to provide oversight in conjuction with OASAS to the school districts and community based agencies who are contracted to provide drug and alcohol prevention services to their respective targeted populations.
Objective Statement
Objective 1: Continue to promote community education and awareness through participation in and provision of technical assistance to Nassau County local community coalitions whether they are in start-up or functioning status. Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 2: Continue to provide assistance and support of prevention efforts within our funded network of prevention providers. Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Change Over Past 12 Months (Optional)
2h. Recovery and Support Services - Background Information
Do you have a Goal related to addressing this need? O Yes No
Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No
Nassau County Opioid Treatment Program proposes an Overdose Response Team pilot program in collaboration with emergency rooms with high volume of overdoses reported. The objective of the program is to provide timely treatment intervention to overdose survivors. Recovery Specialists and Navigators would be utilized to engage individuals in the emergency rooms and provide assistance, recovery supports, and referrals for Opioid Use Disorder. Nassau County Opioid Treatment Program would serve as the primary referral source.
Objective Statement
Objective 1: Obtain overdose statistical data from Nassau County Police Department to determine high volume areas of overdose occurrences.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 2: Arrange a meeting between Nassau County Office of Mental Health, Chemical Dependency and Developmental Disabilities and area hospital administrators that high volume overdoses are being reported.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 3: Develop Outcome Measures
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 4: Implement a pilot program Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 5: Measure effectiveness and report
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Change Over Past 12 Months (Optional)
2i. Reducing Stigma - Background Information

challenges that they may be facing. Overall, the ASPIRE group has indicated that they have difficulties providing prevention work to their full

capacities likely due to all the other mandates and obligations that they are expected to fulfill at their places of employment.

The Behavioral Health Awareness Campaign is a county-wide effort to educate residents about the relationship between mental health, substance abuse and physical health, and it underscores the importance of moving toward a model of care that promotes wellness through prevention, early intervention and the delivery of integrated behavioral and physical health care.

The Behavioral Health Awareness Campaign has had a great impact in this county by providing education, resources, training opportunities and conferences. The campaign targets youths, colleges and universities, public safety officers, seniors, professionals and the general public. The campaign offers a series of training modules in Mental Health First Aid as well as Naloxone and other Medicated Assisted Treatment alternatives. Nassau County is about to achieve the milestone of training over 11,000 people in the use of Narcan/Naloxone and over 1,277 individuals in Mental Health First Aid since the inception of such trainings.

The Narcan trainings teach how and when to administer the lifesaving antidote that can reverse the fatal effects of an Opioid overdose and save a person's life. The free Narcan trainings also offer community resources, speakers and information on the latest treatment approaches. The Office became certified as an Overdose Responder Program in late 2012, the first County Certified Program in the State, outside of New York City.

Mental Health First Aid is a training that Nassau County continues to expand. MHFA is an evidence-based, 8 hour course focused on providing public education and prevention tools designed to improve the public's knowledge of mental health and substance use problems and connects people with treatment. MHFA courses teach a five-step action plan to teach trainees to identify risk factors and warning signs of mental

illness and addiction.

The Office also offers two annual conference, the Multicultural Conference and the Co-Occuring Conference. The Multicultural Conference provide cultural competency training to behavioral healthcare professionals and recipients of services in Nassau County. In 2018, the focus of the conference was on behavioral health needs amongst the LGBTQ community. The conference was attended by approximately 130 individuals. The annual Co-Occuring Conference focuses on integrated mental health, chemical dependency and developmental disabilities issues offering presentations by experts in their fields on the latest trends and treatment interventions. The 2018 conference is to be announced.

Do you have a Goal related to addressing this need? Yes No
Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? O Yes No
Continuation and expansion of the Behavioral Health Awareness Campaign.
Objective Statement
Objective 1: Professional staff will continue to provide community trainings on topics to increase awareness and understanding of mental health and chemical dependency issues by expanding the number of trainers available to train Mental Health First Aid. This is an on-going strategy. Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 2: Nassau County Office of Mental Health will continue with the bi-monthly Behavioral Health Awareness Campaign E-Newsletter. The objective is focused on providing educational and training information as well as articles on behavioral health and integrated health care topics. The E-Newsletter has reached over 5,000 readers and the database continues to expand. Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 3: Annual Multicultural Conference and Co-Occurring Conferences TBD for Spring and Winter of 2019 Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 4: Nassau County MH, CD & DD Office will begin to work collaboratively with the Nassau County Correction Center to train all of their staff in the use of Narcan and train their new Corrections Recruits in Mental Health First Aid. Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 5: Nassau County MH, CD & DD Office will begin to collaboratively work with school Superintendents to plan for the new legislation requiring schools to provide mental health instruction. Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Change Over Past 12 Months (Optional)
2j. SUD Outpatient Services - Background Information
Do you have a Goal related to addressing this need? Yes No
Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No
Nassau County Opioid Treatment program will apply to OASAS for a Capacity lift. Nassau County Opioid Treatment program will request Technical Assistance from OASAS in actualizing the plan. Capacity lift requires the use of scheduled dosing for ALL clients enrolled in the program. OASAS has determined that scheduled dosing is client centered and considered best practice.
Objective Statement
Objective 1: Nassau County Opioid Treatment program will contact two other Opioid treatment programs and arrange site visits to evaluate the implementation of client centered care initiatives that include scheduled dosing procedures. This will afford Nassau County Opioid Treatment Program the ability to fully assess if it can implement scheduled dosing and if identify barriers.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Change Over Past 12 Months (Optional)
21. Heroin and Opioid Programs and Services - Background Information
Nassau County Office of MH, CD and DD services continues with its ongoing effort to address the opioid problem by collaboratively engaging i partneships with the Nassau County Heroin Task Force, The Nassau County Corrections Center and soon with the Nassau County Police Department.
Do you have a Goal related to addressing this need? Yes No
Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Admit newly released inmates from Nassau County Correctional Facility and enroll in Nassau County Opioid Treatment Program's Long Acting Naltrexone Treatment Track (Vivitrol). Long Acting Naltrexone has the potential to be a treatment and relapse prevention treatment approach for

clients coming from correctional facilities and is a strategy that can be utilized to combat overdose and relapse. **Objective Statement** Objective 1: Inmates meeting inclusion criteria and who have expressed a desire to receive Vivitrol (long Acting Naltrexone) will receive their first injection of Long Acting Naltrexone prior to their release from Nassau County Correctional Center and will be referred to Nassau County Opioid Treatment Program for continuation of care and follow-up. Objective 2: Nassau County Correctional Center's discharge planning unit will refer the released inmate to Nassau County Opioid Treatment Program upon release. Nassau County Opioid Treatment Program's Intake Coordinator will screen and schedule the newly released inmate for admission Applicable State Agency: (check all that apply): OASAS OMH OPWDD Change Over Past 12 Months (Optional) 2m. Coordination/Integration with Other Systems for SUD clients - Background Information During 2018, Nassau County MH, CD & DD services has been engaged in collaborative discussion with the Nassau County Corrections Center to explore ways to provide Medication Assisted Treatment in the jail specifically for Vivitrol and Methadone medication treatments. Do you have a Goal related to addressing this need? Ves No Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No Methadone Administration at Nassau County Correctional Center for inmates who it have been determined are enrolled in an Opioid Treatment program and are receiving Methadone Maintenance Treatment. **Objective Statement** Objective 1: The screening process for all inmates entering Nassau County Correctional Facility will include an assessment that will derive information related to treatment history and current enrollment in a Methadone Maintenance Treatment Track. Applicable State Agency: (check all that apply): OASAS OMH OPWDD Objective 2: Coordination of care efforts between Nassau County Correctional Center and Nassau County Opioid Treatment Program will focus on verification of inmate's enrollment In a Methadone Maintenance Treatment Program, dose verification, SAMSHA exemption requests for inmates who are determined to be enrolled in an out of county Methadone Maintenance Treatment program. Nassau County Opioid Treatment Program will provide the Methadone to the Nassau County Correctional Facility following OASAS "Guest Dosing" guidelines for the duration of the inmates stay and or until it is determined that the inmate will need to be detox'd (i.e. sentence greater than a year will be going to prison). Applicable State Agency: (check all that apply): OASAS OMH OPWDD Objective 3: Nassau County Opioid Treatment program in collaboration with Nassau County Correctional Center will design a mechanism for transport of Methadone and daily dosing. A Medication management plan that focuses on transport of methadone, storage of methadone, and medication reconciliation of methadone will be implemented when the program is initiated. Applicable State Agency: (check all that apply): OASAS OMH OPWDD Change Over Past 12 Months (Optional) 20. Other Mental Health Outpatient Services (non-clinic) - Background Information Turquoise House, funded by the New York State Office of Mental Health, is one of two crisis respite/diversion programs on Long Island with 3 available beds. Crisis respite/diversion programs help to remove people from the environments that had been causing their crises – giving them the time and space to approach their life in a healthier manner. In 2016, the data shows that out of 263 intakes 99 were admitted either right away or after wait-listed. However, 125 individuals were lost because the crisis was too immediate and the wait was too long. In 2017, the data shows that out of 237 intakes 92 were admitted either right away or after wait-listed. However, 103 were lost because the crisis was too immediate and the wait was too long. The data collected shows there is a need to expand Crisis Respite in Nassau County. Do you have a Goal related to addressing this need? • Yes No Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No Expand Adult Crisis Respite Services in Nassau County.

Change Over Past 12 Months (Optional)

Objective Statement

Objective 1: Continue to collect data and engage in conversations with New York State OMH to explore funding opportunities.

Applicable State Agency: (check all that apply): ✓ OASAS ✓ OMH ○ OPWDD

2p. Mental Health Care Coordination - Background Information

Nassau County will continue with efforts to assure that the process for applying for care management is conducted through the County's Adult and Children SPOA process, so that assignements are made in an expeditious manner and done so in way that matches the client to the provider that is best suited to meet their needs.

In accordance with the statewide guidance, Nassau County's current Children's Home and Community Based Services (HCBS) Medicaid Waiver Program will transition to a Medicaid Health Home Care Management program entitled, "Children and Family Treatment and Support Services". All children currently enrolled in HCBS services, must be transitioned to Children and Family Treatment and Support Services by 1/1/19. The agency providing HCBS services has lost staff members during this transition due to a decrease in salary based on the anticipated state-issued reimbursement rates. There are currently 61 youth on the HCBS wait list.

Nassau County's net-deficit funded children's care coordination program is known as Non-Medicaid Care Coordination. In Nassau County there is a higher percentage of children who have private insurance than there is of children who are eligible for Medicaid. Approximately 25-27% of children in Nassau are eligible for Medicaid, while approximately 70% of children are not Medicaid eligible. Currently, the number of children who need Non-Medicaid Care Coordination services is higher than the number of children who can be served by the program. There are currently 11 children on the wait list.

Do you have a Goal related to addressing this need? Yes No
Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No
Continue to expand and solidify the role of SPOA to all behavioral health clients in need of care coordination, for both adults and children. Nassau County, in collaboration with Hudson River Health Home and Northwell Health Home will continue to address the challenges presented by the referral process.
Objective Statement
Objective 1: SPOA will continue to assess, review, and assign clients to the appropriate health home for care coordination and work with Hudson River Health to improve collaborative efforts.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 2: Nassau County has a Single Point of Access (SPOA) structure for children/youth's intensive in-home services. This current process streamlines and facilitates access to care. Care Coordination applications for behavioral health services under the Children's Health Home continues to be under the current LGU/SPOA structure due to the presenting challenges with the MAPP referral process and lack of coordination with the Health Homes. This is an on-going strategy.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 3: To prepare for the transition, the current HCBS provider is training staff members about program changes and new services, as well as new documentation requirements and software platforms. The HCBS provider is working to secure staff members and begin services for the youth on the wait list.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 4: The Office will continue to explore ways to increase net-deficit funding for children's services. With the transition of the current HCBS program to Medicaid Health Home Care Management, it is anticipated that additional funds will be needed to secure services for children who are not enrolled in Medicaid
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Change Over Past 12 Months (Optional)
2q. Developmental Disability Clinical Services - Background Information
Workforce development is an identified need by the developmental and intellectual disabilities provider system. Agencies under the auspice of OPWDD have chronic shortages of Direct Support Professionals (DSP) and high turnover rates. There are over 2,000 individuals in OPWDD Region 5 in self-directed services and there is a shortage of personnel to work with these individuals. The Office proposes to facilitate workforce development via job fairs.
Do you have a Goal related to addressing this need? Yes No
Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No
Collaborate with advocacy groups, agencies, and government organizations to foster workforce development initiatives in the field of intellectual and developmental disabilities.
Objective Statement
Objective 1: The Office will consult with the Employment Unit of the Department of Social Services (DSS) which has extensive experience in facilitating "Job Fairs." The Office will seek their guidance, input, feedback and operational advice on how to facilitate a Job Fair.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: The Office will consult with the New York State Department of Labor to inform them of the plans for job fairs and seek their

guidance, input, feedback and request that they disseminate information about the Job Fairs to citizens known to them who are seeking employment.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 3: The Office will consult with the New York State Office for People With Developmental Disabilities and seek their input and feedback regarding a Job Fair for the provider system seeking Direct Service Professionals; and will seek their collaboration on a Job Fair regarding self-directed services.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 4: The Office will outreach grassroots and advocacy organizations in the intellectual and developmental disabilities field to seek their input and enlist their assistance in the facilitation and promotion of job fairs. Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Change Over Past 12 Months (Optional)
2ac. Other Need (Specify in Background Information) - Background Information
The Assessment and Referral Center (ARC), co-located with the local Department of Social Services (DSS) continues to interact with citizens seeking services at DSS.
The Office's crisis helpline, 227-TALK continues to operate at high capacity. ARC clinicians provide chemical dependency and mental health prevention, intervention and treatment referral information to citizens seeking help for themselves, their families and significant others. The 227-TALK program responds to over 6,000 calls annually.
Do you have a Goal related to addressing this need? O Yes No
Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No
Enhance and increase the staffing pattern of the 227TALK Helpline/Assessment and Referral Center.
Objective Statement
Objective 1: The 227TALK Helpline/Assessment and Referral Center (ARC) has a staffing pattern of 3.0 FTE licensed mental health social workers, a decrease of 1.0 FTE from 2017. In lieu of filling the 1.0 FTE vacancy the staffing pattern will be enhanced and increased by cross-training existing, licensed mental health social workers working in the administrative offices of the department. This will provide staff diversity, succession planning, and maximize the skills of all personnel. This enhancement will also diminish compassion fatigue and burnout among the existing 3.0 FTE's.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☐ OPWDD
Objective 2: Existing 227TALK Helpline/Assessment and Referral Center personnel will be relocated to the administrative office area of the Department. They will be co-located with their colleagues who will be cross-trained as well as their colleagues who work on the Mobile Crisis Team.
Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 3: Colleagues will be cross-trained by shadowing existing personnel and when secure in their work they will commence semi-independent work and be observed by existing staff. When newly trained staff have the competencies and skills necessary for the tasks they will work independently but under the supervisory chain of command. Applicable State Agency: (check all that apply): OASAS OMH OPWDD
Objective 4: Newly trained colleagues will attend ASSIST and Suicide Prevention training sponsored by the Mental Health Association of Nassa County.
Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☐ OPWDD
Change Over Past 12 Months (Optional)
3. Goals Based On State Initiatives
State Initiative Applicable State
Agenc(ies) OASAS OMH OPWDD
a) Medicaid Redesign
b) Delivery System Reform Incentive Payment (DSRIP) Program
c) Regional Planning Consortiums (RPCs)
d) NYS Department of Health Prevention Agenda

3a. Medicaid Redesign - Background Information

Nassau County is appreciative of the State's ongoing efforts to educate community providers of value based payments and the need to become part of a larger service network that can contract with managed care organizations.

Do you have a Goal related to addressing this need? • Yes No

Goal Statement- Is this Goal a priority goal? • Yes No

The goal is to assure that all essential providers are included as part of the service system and are given every opportunity to maintain fiscal viability.

Objective Statement

Objective 1: Nassau County will continue to encourage and work with its providers in accessing the necessary information and guidance in taking steps in becoming part of the larger service networks.

Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☐ OPWDD

Change Over Past 12 Months (Optional)

3b. Delivery System Reform Incentive Payment (DSRIP) Program - Background Information

A number of community-based mental health and chemical dependency organizations in Nassau County have not had positive experiences with the DSRIP process. Early on Community Based Organizations (CBO) learned that billions of dollars were available statewide to contribute innovative practices or to shore up existing services, with the aim of reducing emergency room visits and re-hospitalizations, for example. There was the promise that being a part of Performing Provider System would enable CBOs, in partnership with the three hospital systems – Nassau University Medical Center, Northwell Health and Catholic Health Services, to achieve these goals and more. Furthermore, there was the promise that partnership would including sharing the generous DSRIP funding that was being made available by New York State. Sadly, the gap between the promise and reality has been felt system-wide by CBOs who are members of PPSs in name only and who have been contracting with the hospital systems, only to be met with exceedingly long delays with contracts be held up with the hospitals' legal departments. The "negotiations" with the hospital systems for many CBOs, were not experienced as happening in good faith. One CEO offered that the acronym DSRIP felt more like it stood for Dollars to Subsidize and enRich Institutions with Power, as opposed to Delivery System Reform Incenstive Payment Program, as CBOs were all but carved out of the equation, despite being pressured to join in at the onset. These are CBOs who are providing lifesaving work and have been disregarded in the DSRIP process, in some cases only to receive a year's worth of modest funding with no clear sense if sustainability was a real possibility. In other cases hospital systems presented "opportunities" that did not seem feasible or even ethical in some cases (e.g. psychiatric consultation on psychotropic meds prescribing for private medical practices without seeing patients face to face). In several meetings of executive directors when the question was raised, "Who is

By: Andrew Malekoff Executive Director and CEO North Shore Child and Family Guidance Center

Do you have a Goal related to addressing this need? • Yes No

Goal Statement- Is this Goal a priority goal? Yes No

Nassau County continues to look for opportunities to discuss with the identified HUBs and the PPS, strategies on how the Community Based Organizations can receive DSRIP funding to ensure that the system of care has an opportunity to enhance its ability to provide easy access to clinical services for clients who have been "falling through the cracks".

Objective Statement

Objective 1: Nassau County will continue to participate in the DSRIP discussions to develop and address strategies to strengthening access to DSRIP funds through a series of coordinated meetings with Nassau University Medical Center.

Applicable State Agency: (check all that apply): ✓ OASAS ✓ OMH ☐ OPWDD

Change Over Past 12 Months (Optional)

3c. Regional Planning Consortiums (RPCs) - Background Information

In the last year, the Long Island Regional Planning Consortium has continued to work with all its stakeholders and key partners to develop a strong governance structure that allows for the strengthening of the regional voice when addressing concerns regarding the behavioral health transition to Medicaid Managed Care.

As it pertains to children, the Office has participated in Regional Planning Consortium Children and Families Subcommittee meetings. The focus of the subcommittee has been the HCBS transition. The group includes current HCBS providers who have use the Subcommittee to express their concerns with the overall transition.

Do you have a Goal related to addressing this need? O Yes No

Goal Statement- Is this Goal a priority goal? Yes No				
Nassau County will continue its involvement in the LI Partnership to identifying barriers and challenges, use data to inform discussions, collaborate together and strategies solutions to resolve the issues identified within our region.				
Objective Statement				
Objective 1: The Office will continue to participate in the Regional Planning Consortium Children and Families Subcommittee and attend associated meetings. The information that is being shared by current HCBS providers regarding the challenges with the Medicaid transition will continue to be discussed and hopefully then be used to guide policy and make recommendations to the State Agencies involved in the transition.				
Applicable State Agency: (check all that apply): OASAS OMH OPWDD				
Change Over Past 12 Months (Optional)				
3d. NYS Department of Health Prevention Agenda - Background Information				
Our funded network of school and community-based prevention are surveyed periodically and meet regulary with our Department. We address issues of greatest need and provide edcuation and training. Issues such as the opioid epidemic and the suicide debate stemming from the show "13 Reasons Why" are thoroughly discussed and strategies are shared. As we continue to move toward co-occurring behavioral health strategies and seek to bring together mental health and chemical dependency, we also continue to promote the importance of incorporating state education's recommendations for social emotional learning within the school districts. When all three disciplines come together we have a better opportunity to help children address their risks and build upon their protections to achieve a higher level of functioning and well-being.				
Do you have a Goal related to addressing this need? O Yes No				
Goal Statement- Is this Goal a priority goal? Yes No				
Continue to promote mental health and prevention of substance abuse through early intervention and education				
Objective Statement				
Objective 1: Through our funded network of prevention providers and local coalitions continue to promote mental, emotional and behavioral well-being in communities				
Applicable State Agency: (check all that apply): OASAS OMH OPWDD				
Objective 2: Continue to promote the prevention of underage drinking and non-medical use of Rx drugs by youth				
Applicable State Agency: (check all that apply): OASAS OMH OPWDD				
Objective 3: Continue to promote the reduction of occurrences of mental, emotional and behavioral disorders among youth, including suicide				
Applicable State Agency: (check all that apply): OASAS OMH OPWDD				
Objective 4: Continue to promote strengthening the infrastructure for mental, emotional and behavioral health and mental, emotional and behavioral disorder prevention				
Applicable State Agency: (check all that apply): OASAS OMH OPWDD				
Change Over Past 12 Months (Optional)				
4. Other Goals (Optional)				
Other Goals - Background Information				
The Office has a long history of deploying mental health responders to emergencies and disasters, from small, apartment building fires that displace residents; to aviation disasters such as <i>Avianca</i> ; acts of terrorism such as <i>9/11</i> ; and weather disasters such as <i>Sandy</i> . Through attrition and system-wide reductions in the workforce the list of mental health responders has gotten smaller. And, current listed responders and prospective responders have not been trained in response to mass casualty events that are perpetrated by citizens. The Office intends to expand and enhance the list of mental health responders and train responders in responding to diverse events.				
Do you have a Goal related to addressing this need? O Yes No				
Goal Statement- Is this Goal a priority goal (Only 5 goals can be selected as priority goals)? Yes No				
Expand and enhance the Office's ability to deploy mental health responders to diverse events.				
Objective Statement				
Objective 1: The Office will send a revised recruitment letter to the provider system to increase the ranks of individuals willing to be mental				
health responders, with a focus on cultural, linguistic, ethnic and gender diversity. Applicable State Agency: (check all that apply): OASAS OMH OPWDD				
Objective 2: The Office will partner with the New York State Office of Mental Health and co-facilitate a training on Disaster Mental Health, Psychological First Aid; and response work with mass casualties.				
Applicable State Agency: (check all that apply): OASAS OMH OPWDD				

Objective 3: The Office will expand its outreach and collaboration efforts to reflect a human service approach, with the Office of Aging, Youth Services and the Office of Physically Challenged; and a more integrated collaboration with the Nassau County Office of Emergency Management.

Applicable State Agency: (check all that apply): ☑ OASAS ☑ OMH ☑ OPWDD

Change Over Past 12 Months (Optional)

Community Service Board Roster Nassau Co Office of MH, CD and DD Svcs (40150) Certified: Omayra Perez (6/14/18)

Note: There must be 15 board members (counties under 100,000 population may opt for a 9-member board). Indicate if member is a licensed physician or certified psychologist. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representitive", etc. to indicate the particular community interest being represented. Members shall serve four-year staggered terms.

Member		Member	
Name	Robert Budd	Name	Janet Susin
Physician	No	Physician	No
Psychologist	No	Psychologist	No
	Family Residences & Essential	Represents	NAMI
Represents	Enterprises	Term Expires	1/1/2019
Term Expires	1/1/2019	eMail	jasusin@optonline.net
eMail	rbudd@familyres.org		, 01
Member		Member	
Name	Andrew Malekoff	Name	Jeff McQueen
Physician	No	Physician	No
Psychologist	No	Psychologist	No
Represents	North Shore Child & Family Guidance	Represents	Consumer
Term Expires	1/1/2020	Term Expires	1/1/2020
eMail	amalek of f@nor this horechild guidance.or g	eMail	jmcqueen@mhanc.org
Member		Member	
Name	Barry Donowitz	Name	Nicole Sugrue
Physician	No	Physician	No
Psychologist	Yes	Psychologist	No
Represents	AHRC	Represents	Elija Foundation
Term Expires	1/1/2019	Term Expires	1/1/2019
eMail	bdonowitz@ahrc.org	eMail	nicolesugrue@gmail.com
Member		Member	
Name	Melinda Carbonell	Name	Amy Ejaz
Physician	No	Physician	Yes
Psychologist	No	Psychologist	No
Represents	LIFQHC	Represents	Central Nassau Guidance
Term Expires	1/1/2020	Term Expires	1/1/2020
eMail	mcarbone@numc.edu	eMail	aejaz@centralnassau.org
Member		Member	
Name	Allen Cardwell	Name	Jennifer Colbert
Physician	No	Physician	No
Psychologist	No	Psychologist	No
Represents	Mental Health Association of Nassau	Represents	EPIC LI Inc.
Term Expires	1/1/2021	Term Expires	1/1/2021
eMail	acardwell@mhanc.org	eMail	jcolbert@epicli.org
Member		Member	
Name	Eileen Kadletz	Name	Scott Maidat
Physician	No	Physician	No
Psychologist	No	Psychologist	No
Represents	Long Island Families Together	Represents	Southeast Nassau Guidance
Term Expires	1/1/2021	Term Expires	1/1/2021

eMail ekadletz@lift4kids.org eMail smaidat@sngcounseling.org

Member Member

NameBarbara RakusinNameJudi ViningPhysicianNoPhysicianNoPsychologistNoPsychologistNo

Represents

Youth & Family Counseling of Oyster Represents

Bay

Term Expires 1/1/2021

Bay Term Expires 1/1/2021
Term Expires 1/1/2021 eMail ivining@)

Term Expires 1/1/2021 eMail jvining@lbcoalition.org eMail brakusin@yfcaoysterbay.org

Member

Name David Weingarten

Physician No Psychologist No

Represents Content Critical **Term Expires** 1/1/2021

eMail david.weingarten@contentcritical.com

Alcoholism and Substance Abuse Subcommittee Roster Nassau Co Office of MH, CD and DD Svcs (40150) Certified: Omayra Perez (6/14/18)

Note: The subcommittee shall have no more than nine members. Three subcommittee members must be members of the board; those members should be identified here. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representitive", etc. to indicate the perspective the member brings to the subcommittee.

Member	
Name	Jamie Bogenshutz
Represents	Yes Counseling Center
eMail	info@yesccc.org

Is CSB Member No

Member Name David Flomenhaft

Catholic Health Services of Long Represents

eMail david.flomenhaft@chsli.org

Is CSB Member

Member Name Andrew Malekoff

North Shore Child and Family Guidance Represents

eMail amalekoff@northshorechildguidance.org

Is CSB Member

Member

Joan Signorelli Name Represents North Bellmores School

eMail jsignorelli@northbellmoreschools.org

Is CSB Member No

Member

Name Barbara Rakusin YFCA Oysterbay Represents

eMail brakusin@yfcaoysterbay.org

Is CSB Member Yes Member

Jennifer Colbert Name

Represents South Shore Child Guidance Center

eMail jcolbert@epicli.org

Is CSB Member Yes

Member

Name Scott Maidat

Represents Central Nassau Guidance Center

smaidat@centralnassau.org eMail

Is CSB Member Yes

Member

Name Gladys Serrano

Represents Hispanic Counseling Center

eMail gserrano@hispaniccounseling.org

Is CSB Member

Member

Joseph Smith Name Represents Long Beach Reach

eMail jsmith@longbeachreach.com

Is CSB Member No

Mental Health Subcommittee Roster Nassau Co Office of MH, CD and DD Svcs (40150) Certified: Omayra Perez (6/14/18)

Note: The subcommittee shall have no more than eleven members. Three subcommittee members must be members of the board; those members should be identified here. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representitive", etc. to indicate the perspective the member brings to the subcommittee.

Member Name Represents eMail Is CSB Member	Melinda Carbonell LIFQHC mcarbone@numc.edu Yes	Member Name Represents eMail Is CSB Member	Allen Cardwell Mental Health Association of Nassau County acardwell@mhanc.org Yes
Member Name	Kevin Coleman	Member Name	Amy Ejaz
Represents eMail Is CSB Member	Nassau University Medical Center kcoleman@numc.edu No	Represents eMail Is CSB Member	Central Nassau Guidcance Center aejaz@centralnassau.org Yes
Member		Member	
Name Represents	Patricia Hincken Northwell Health	Name Represents	Eileen Kadletz Long Island Families Together
eMail Is CSB Member	phincken@northwell.edu No	eMail Is CSB Member	ekadletz@lift4kids.org Yes
	NO		105
Member Name	Janet Kahn-Scolaro	Member Name	Jeff McQueen
Represents eMail	South Nassau Communities Hospital jkahnscolaro@snch.org	Represents	Mental Health Association of Nassu County
Is CSB Member	No	eMail Is CSB Member	jmcqueen@mhanc.org Yes
Member		Member	
Name	Janet Susin	Name	Marge Vezer
Represents	NAMI	Represents	SAIL Inc
eMail	jasusin@optonline.net	eMail	mvezer@sail-inc.org
Is CSB Member	No	Is CSB Member	No
Member			

Name

Represents eMail

Is CSB Member

Dan Vogrin Melillo

No

dvogrin@melillo.org

Developmental Disabilities Subcommittee Roster Nassau Co Office of MH, CD and DD Svcs (40150) Certified: Omayra Perez (6/14/18)

Note: The subcommittee shall have no more than nine members. Three subcommittee members must be members of the board; those members should be identified here. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representitive", etc. to indicate the perspective the member brings to the subcommittee.

Member Name Robert Budd

Family Residences and Essential Represents

Enterprises, Inc.

Rbudd@familyres.org eMail

Is CSB Member Yes

Member

Name Janet Koch Life's WORC, Inc. Represents eMail jkoch@lifesworc.org

Is CSB Member No

Member

Name Robert C. Goldsmith

Adults & Children with Learning and Represents

Developmental Disabilities, Inc.

eMail goldsmith@acld.org

Is CSB Member

Member

Name Barry Donowitz

Represents AHRC

eMail bdonowitz@ahrc.com

Is CSB Member Yes

Member

Name Nicole Sugrue Represents The Nicholas Center

nicole@nicholascenterusa.org eMail

Is CSB Member Yes Member

Name Eileen Egan

Community Mainstreaming Associates, Represents

eMail eegan@communitymainstreaming.org

Is CSB Member

Member

Name Robert McGuire

United Cerebral Palsy Nassau Represents

eMail rmcguire@cpnassau.org

Is CSB Member No

Member

Name Leslie Feinberg

Represents Family

eMail Leslie.feinberg28@gmail.com

Is CSB Member

Member

Name David Weingarten Represents Content Critical

eMail david.weingarten@contentcritical.com

Is CSB Member

2019 Mental Hygiene Local Planning Assurance

Nassau Co Office of MH, CD and DD Svcs (40150) Certified: Omayra Perez (6/14/18)

Pursuant to Article 41 of the Mental Hygiene Law, we assure and certify that:

Representatives of facilities of the offices of the department; directors of district developmental services offices; directors of hospital-based mental health services; directors of community mental health centers, voluntary agencies; persons and families who receive services and advocates; other providers of services have been formally invited to participate in, and provide information for, the local planning process relative to the development of the Local Services Plan;

The Community Services Board and the Subcommittees for Alcoholism and Substance Abuse, Mental Health, and Developmental Disabilities have provided advice to the Director of Community Services and have participated in the development of the Local Services Plan. The full Board and the Subcommittees have had an opportunity to review and comment on the contents of the plan and have received the completed document. Any disputes which may have arisen, as part of the local planning process regarding elements of the plan, have been or will be addressed in accordance with procedures outlined in Mental Hygiene Law Section 41.16(c);

The Community Services Board and the Subcommittees for Alcoholism and Substance Abuse, Mental Health, and Developmental Disabilities meet regularly during the year, and the Board has established bylaws for its operation, has defined the number of officers and members that will comprise a quorum, and has membership which is broadly representative of the age, sex, race, and other ethnic characteristics of the area served. The Board has established procedures to ensure that all meetings are conducted in accordance with the Open Meetings Law, which requires that meetings of public bodies be open to the general public, that advance public notice of meetings be given, and that minutes be taken of all meetings and be available to the public.

OASAS, OMH and OPWDD accept the certified 2019 Local Services Planning Assurance form in the Online County Planning System as the official LGU assurance that the above conditions have been met for the 2019 Local Services planning process.