

May 2022

New Horizon Senior Community Service Center
1355 Noel Avenue, Hewlett, NY
516-374-2670



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9:30 Coffee and Discussion 10:00 Word Games 11:00 Exercise with Marilyn Hybrid ID: 994 3857 6135 12:00 – Lunch 1:15 Musical Bingo	9:30 Coffee and Discussion 10:00 Sing-a-Long Exercise with Barry – Time TBA Hybrid: : 994 3857 6135 11:00 Scattergories 12:00 Lunch – discussion groups 1:00 Karaoke Technology Group	9:30 Coffee and Discussion 10:00 Yarn Group / Word Games 11:00 Exercise with Anne – Hybrid: : 994 3857 6135 12:00 Lunch – discussion groups 1:00 Baggo	9:30 Coffee and Discussion 10:00 Karaoke – in person 10:00 Painting Craft 11:00 Tai Chi with Pat Hybrid - ID: 994 3857 6135 12:00 Lunch – discussion groups 1:00 Musical Sign Language Learning Mahjong	9:30 Coffee and Discussion 10:00 – Jingo 11-11:45 Marlyn’s Exercise – Hybrid ID: 994 3857 6135 12:00 – Lunch – Movie Mondays – La La Land
9	10	11	12	13
9:30 Coffee and Discussion 10:00 – Word Games 11-11:45 Marlyn’s Exercise – Hybrid ID: 994 3857 6135 12:00 – Lunch – Movie - CODA	9:30 Coffee and Discussion 10:00 Movie Theme Songs Exercise with Barry – Time TBA Hybrid: : 994 3857 6135 11:00 Mothers Day Activity 12:00 Lunch – discussion groups 1:00 Karaoke OFRA – Hybrid – Hybrid ID: 942 3061 5653	9:30 Coffee and Discussion 10:00 Yarn Group / Word Games 11:00 Exercise with Anne – Hybrid: : 994 3857 6135 12:00 Lunch – discussion groups 1:00 Bowling	9:30 Coffee and Discussion 10:00 Karaoke – in person 10:30 Nutrition with Cornell Co-Op 11:00 Tai Chi with Pat Hybrid - ID: 994 3857 6135 12:00 Lunch – discussion groups 1:00 Musical Sign Language Learning Mahjong	9:30 Coffee and Discussion 10:00 Crossword 11:00 Exercise with Marilyn Hybrid ID: 994 3857 6135 12:00 – Lunch 1:00 Solve Crossword
16	17	18	19	20
9:30 Coffee and Discussion 10:00 – Trivia Pursuit 11-11:45 Marlyn’s Exercise – Hybrid ID: 994 3857 6135 12:00 – Lunch – Movie – Manchester by the Sea	9:30 Coffee and Discussion 10:00 Sing-a-Long Exercise with Barry– Time TBA Hybrid: : 994 3857 6135 11:00 Oragami Flowers 12:00 Lunch – discussion groups 1:00 Karaoke Technology Group	9:30 Coffee and Discussion 10:00 Yarn Group / Word Games 11:00 Exercise with Anne – Hybrid: : 994 3857 6135 12:00 Lunch – discussion groups 1:00 Hit the Can	County Luncheon – All Day 9:30 Coffee and Discussion 10:00 Karaoke – in person 11:00 Tai Chi with Pat Hybrid - ID: 994 3857 6135 12:00 Lunch – discussion groups – in person only 1:00 Musical Sign Language Learning Mahjong	9:30 Coffee and Discussion 10:00 Crossword 11:00 Exercise with Marilyn Hybrid ID: 994 3857 6135 12:00 – Lunch 1:15- Solve Crossword
23	24	25	26	27
9:30 Coffee and Discussion 10:00 Scattergories 11:00 Exercise with Marilyn Hybrid ID: 994 3857 6135 12:00 – Lunch 1:15 Bingo	9:30 Coffee and Discussion 10:00 Movie Theme Songs Exercise with Barry – Time TBA Hybrid: : 994 3857 6135 11:15 Terracotta Pots 12:00 Lunch – discussion groups – Birthday Celebration 1:00 Karaoke – in person OFRA – Hybrid – Hybrid ID: 942 3061 5653	9:30 Coffee and Discussion 10:00 Yarn Group / Word Games 11:00 Exercise with Anne – Hybrid: : 994 3857 6135 12:00 Lunch – discussion groups – in person only 1:00 Reverse Charades	ALL DAY – ART SHOW 9:30 Coffee and Discussion 10:00 Karaoke – in person Terracotta Pots and Planting 11:00 Tai Chi with Pat Hybrid - ID: 994 3857 6135 12:00 Lunch – discussion groups 1:00 Musical Sign Language Learning Mahjong	9:30 Coffee and Discussion 10:00 – Jingo 11-11:45 Marlyn’s Exercise – Hybrid ID: 994 3857 6135 12:00 – Lunch – Movie– Bohemian Rhapsody
30	31	Hours Of Operation: Office Hours : 8:30am – 4:30pm Program Hours 9:30am - 2:30pm		
CLOSED FOR MEMORIAL DAY	9:30 Coffee and Discussion 10:00 Sing-a-Long Exercise with Barry – Time TBA Hybrid: : 994 3857 6135 11:00 Decorating Hats 12:00 Lunch – discussion groups 1:00 Karaoke Technology Group	Contributions are Appreciated Please Call in Advance to Reserve a Meal		