







May 2022
Bethel AME Church
420 N Main St, Freeport, NY 11520
(516) 379-1513



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2.	3. 12:00 Noon- 12:30- Bingo  1:00 PM- Card Games	4. 12:00 Noon- 12:00- Hour of Power 1:00- Card Games	5. 10:00- Exercise w/Samantha  12:00 Noon- 1:00- Card Games	6.
9.	10. 12:00 Noon – 12:30- Bingo  1:00 PM- Card Games	11. 12:00 Noon- 12:00- Hour of Power 1:00- Card Games	12. 10:00- Exercise w/Samantha  12:00 Noon- 1:00 Card Games	13.
16.	17. 12:00 Noon- 12:30- Bingo  1:00 PM- Card Games	18. 12:00 Noon- 12:00- Hour of Power 1:00- Card Games	19. 10:00- Exercise w/Samantha  12:00 Noon- 1:00 Card Games	20.
23.	24. 12:00 Noon- 12:30- Bingo 1:00 PM- Card Games	25. 12:00 Noon- 12:00- Hour of Power 1:00- Card Games	26. 10:00- Exercise w/Samantha 12:00 Noon- 1:00 Card Games	27.