

February 2022


Wantagh SCSC , 3606 Lufberry Avenue, Wantagh, 11793

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Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging Menu subject to change.

PROGRAM MANAGER: LISA PAGLIARO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:30 WELCOME/COFFEE & SNACKS ¹ 10:15 <i>TAI CHI WITH DENISE</i> 11:00 SHOPPING AT NORTH SHORE 12:00 LENTIL SOUP & MEATBALLS/NOODLES 12:45 VALENTINE'S DAY CRAFT CLASS 1:00 BINGO/POKER/RUMMICUB	MOLLOY NURSING STUDENTS ² 9:30 WELCOME/COFFEE & SNACKS 10:30 GAMES/ARTS & CRAFTS 12:00 STUFFED CABBAGE & PEA SOUP 1:00 BINGO/POKER/RUMMICUB	9:30 WELCOME/COFFEE & SNACKS ³ 10:15 <i>CHAIR YOGA WITH ANNE</i> 10:30 SHOPPING AT DOLLAR TREE 12:00 BEEF BURGUNDY WITH ORZO 12:30 <i>SINGING CHORUS WITH FRANK</i> 1:00 BINGO & <i>SCULPTURE WITH VERONICA</i>	9:30 WELCOME/COFFEE & SNACKS ⁴ 10:45 <i>ZUMBA with ANDREA</i> 12:00 CHICKEN SALAD & MUSHROOM BARLEY SOUP 1:00 BINGO/POKER/RUMMICUB
9:30 WELCOME/COFFEE & SNACKS ⁷ 10:30 GAMES/ARTS & CRAFTS 10:30 SHOPPING AT DOLLAR TREE 12:00 TUNA SALAD & VEGETABLE SOUP 12:30 GET TO KNOW YOUR NEIGHBOR 1:00 BINGO/POKER/RUMMICUB	9:30 WELCOME/COFFEE & SNACKS ⁸ 10:15 <i>TAI CHI WITH DENISE</i> 11:00 SHOPPING AT STOP & SHOP 12:00 CHICKEN NOODLE SOUP & BRISKET 12:30 GET TO KNOW YOUR NEIGHBOR 1:00 BINGO/POKER/RUMMICUB	MOLLOY NURSING STUDENTS ⁹ 9:30 WELCOME/COFFEE & SNACKS 10:30 GAMES/ARTS & CRAFTS 12:00 LENTIL SOUP & BAKED ZITI 1:00 BINGO/POKER/RUMMICUB	9:30 WELCOME/COFFEE & SNACKS ¹⁰ 10:15 <i>CHAIR YOGA WITH ANNE</i> 10:30 SHOPPING AT TRADER JOES 11:00 DEBRA SOON FROM PROJECT HOPE 12:00 PEA SOUP & TURKEY LOAF 12:30 <i>SINGING CHORUS WITH FRANK</i> 1:00 BINGO & <i>SCULPTURE WITH VERONICA</i>	9:30 WELCOME/COFFEE & SNACKS ¹¹ 10:45 <i>ZUMBA with ANDREA</i> 11:00 <i>SING-A-LONG WITH MINDYE</i> 12:00 LENTIL SOUP & PORK LOIN 1:00 BINGO/POKER/RUMMICUB
HAPPY VALENTINE'S DAY ¹⁴ 9:30 WELCOME/COFFEE & SNACKS 10:30 VALENTINE'S DAY TRIVIA WITH LYNN 12:00 VEGETABLE SOUP & PRIME RIB 1:00 BINGO/POKER/RUMMICUB	9:30 WELCOME & <i>NURSE BARBARA VISITS</i> ¹⁵ 10:30 VALENTINE'S DAY CELEBRATION WITH MUSIC – RESERVATIONS NEEDED! 12:00 MINESTRONE SOUP & RAVIOLI 1:00 BINGO/POKER/RUMMICUB	MOLLOY NURSING STUDENTS ¹⁶ 9:30 WELCOME/COFFEE & SNACKS 10:30 GAMES/ARTS & CRAFTS 12:00 CHICKEN RICE SOUP & EGG SALAD 1:00 BINGO/POKER/RUMMICUB	9:30 WELCOME/COFFEE & SNACKS ¹⁷ 10:15 <i>CHAIR YOGA WITH ANNE</i> 10:30 SHOPPING AT DOLLAR TREE 12:00 MINESTRONE SOUP, SPAGHETTI & MEATBALLS 12:30 <i>SINGING CHORUS WITH FRANK</i> 1:00 BINGO & <i>SCULPTURE WITH VERONICA</i>	9:30 WELCOME/COFFEE & SNACKS ¹⁸ 10:45 <i>ZUMBA with ANDREA</i> 12:00 PEA SOUP & STUFFED CABBAGE 1:00 BINGO/POKER/RUMMICUB
Center closed ²¹ 	9:30 WELCOME/COFFEE & SNACKS ²² 10:15 <i>TAI CHI WITH DENISE</i> 11:00 SHOPPING AT NORTH SHORE 12:00 EGG DROP SOUP & LEMON CHICKEN 12:45 SPRING CRAFT CLASS 1:00 BINGO/POKER/RUMMICUB	9:30 WELCOME/COFFEE & SNACKS ²³ 10:30 SPRING CRAFT CLASS 12:00 MATZOH BALL SOUP & VEAL MARSALA 1:00 BINGO/POKER/RUMMICUB	9:30 WELCOME/COFFEE & SNACKS ²⁴ 10:15 <i>CHAIR YOGA- INSTRUCTOR TBA</i> 10:30 CORNELL COOPERATIVE TALK 10:30 SHOPPING AT KING KULLEN 12:00 PEA SOUP & TUNA SALAD 12:30 <i>SINGING CHORUS WITH FRANK</i> 1:00 BINGO & <i>SCULPTURE WITH VERONICA</i>	9:30 WELCOME/COFFEE & SNACKS ²⁵ 10:45 <i>ZUMBA with ANDREA</i> 11:00 <i>SING-A-LONG WITH MINDYE</i> 12:00 CHICKEN CORDON BLEU & GARLIC MASHED POTATOES 1:00 BINGO/POKER/RUMMICUB
9:30 WELCOME/COFFEE & SNACKS ²⁸ 10:30 GAMES/ARTS & CRAFTS 10:30 SHOPPING AT DOLLAR TREE 12:00 LENTIL SOUP & SWEET & SOUR TURKEY 1:00 BINGO/POKER/RUMMICUB				