

May 2022

Wantagh Senior Community Service Center
3606 Lufberry Avenue, Wantagh, 11793
516-797-5357



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:30 GAMES/ARTS & CRAFTS 10:30 SHOPPING AT STOP & SHOP 12:00 VEGETABLE SOUP & CHICKEN PARMESAN 1:00 BINGO/POKER/RUMMICUB</p>	<p>3</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:15 TAI CHI WITH DENISE 10:45 SHOPPING AT DOLLAR TREE 11:00 Special Guest Officer Messier- Smart911 12:00 VEGETABLE SOUP & PORK MEATLOAF 1:00 BINGO/POKER/RUMMICUB</p>	<p>4</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:30 BINGO/ARTS & CRAFTS 12:00 MUSHROOM BARLEY SOUP & POT ROAST 1:00 BINGO/POKER/RUMMICUB</p>	<p>5</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:15 CHAIR YOGA WITH ANNE 10:45 SHOPPING AT STOP & SHOP 12:00 VEGETABLE SOUP & EGGPLANT ROLLATINI 12:30 SINGING CHORUS WITH FRANK 1:00 BINGO & SCULPTURE WITH VERONICA</p>	<p>6</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:45 ZUMBA with ANDREA 12:00 MUSHROOM BARLEY SOUP & CHICKEN SALAD 1:00 BINGO/POKER/RUMMICUB</p>
<p>9</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:30 CORNELL NUTRITIONAL TALK 11:00 BINGO/ARTS & CRAFTS 12:00 PEA SOUP & APRICOT HAM SLICE 1:00 BINGO/POKER/RUMMICUB</p>	<p>10</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:15 TAI CHI WITH DENISE 10:30 MOTHER'S DAY CELEBRATION- MUSIC & DANCING- reservations needed 11:45 MOTHER'S DAY TEA PARTY 1:00 BINGO/POKER/RUMMICUB</p>	<p>11</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:30 WEATHER PERMITTING- WALKING AT WANTAGH PARK 10:45 BINGO/ARTS & CRAFTS 12:00 CORN CHOWDER & SPINACH QUICHE 1:00 BINGO/POKER/RUMMICUB</p>	<p>12</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:15 CHAIR YOGA WITH ANNE 10:45 SHOPPING AT LIDL STORE 12:00 PEA SOUP & TURKEY MARSALA 12:30 SINGING CHORUS WITH FRANK 1:00 BINGO & SCULPTURE WITH VERONICA</p>	<p>13</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:45 ZUMBA with ANDREA 11:00 SING-A-LONG WITH MINDYE 12:00 CABBAGE SOUP & PEPPER STEAK 1:00 BINGO/POKER/RUMMICUB</p>
<p>16</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:30 TRIVIA WITH LYNN 10:30 SHOPPING AT DOLLAR TREE 11:00 BINGO/ARTS & CRAFTS 12:00 LIMA BEAN SOUP & EGG SALAD 1:00 BINGO/POKER/RUMMICUB</p>	<p>17</p> <p>9:30 WELCOME& NURSE BARBARA VISITS 10:15 TAI CHI WITH DENISE 10:45 SHOPPING AT DOLLAR TREE 12:00 MINESTRONE SOUP & BEEF BURGUNDY 12:45 SPRING CRAFT 1:00 BINGO/POKER/RUMMICUB</p>	<p>18</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:30 BINGO/ARTS & CRAFTS 12:00 LENTIL SOUP & PORK LOIN 1:00 BINGO/POKER/RUMMICUB</p>	<p>19</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:15 CHAIR YOGA WITH ANNE 10:45 SHOPPING AT NORTH SHORE FARMS 11:00 ART PROJECT-DEBRA PROJECT HOPE 12:00 CHICKEN SOUP & PHILLY CHEESESTEAK 12:30 SINGING CHORUS WITH FRANK 1:00 BINGO & SCULPTURE WITH VERONICA</p>	<p>20</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:30 WEATHER PERMITTING- WALKING AT WANTAGH PARK 10:45 ZUMBA with ANDREA 12:00 LENTIL SOUP & TURKEY MEATBALL STROGRANOFF 1:00 BINGO/POKER/RUMMICUB</p>
<p>23</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:30 GAMES/ARTS & CRAFTS 10:30 SHOPPING AT STOP & SHOP 12:00 MUSHROOM BARLEY SOUP & CHILI 1:00 BINGO/POKER/RUMMICUB</p>	<p>24</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:15 TAI CHI WITH DENISE 10:45 SHOPPING AT DEALS II STORE 12:00 SPINACH EGG DROP SOUP & ROAST CHICKEN 1:00 BINGO/POKER/RUMMICUB</p>	<p>25</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:30 WEATHER PERMITTING- WALKING AT WANTAGH PARK 12:00 PEA SOUP & TUNA SALAD 1:00 BINGO/POKER/RUMMICUB</p>	<p>26</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:15 CHAIR YOGA WITH ANNE 10:45 SHOPPING AT KING KULLEN 12:00 VEGETABLE SOUP & CHICKEN PIZZA ROLL 12:30 SINGING CHORUS WITH FRANK 1:00 BINGO & SCULPTURE WITH VERONICA</p>	<p>27</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:45 ZUMBA with ANDREA 11:00 SING-A-LONG WITH MINDYE 12:00 LENTIL SOUP & STUFFED SHELLS 1:00 BINGO/POKER/RUMMICUB</p>
<p>Center closed</p>	<p>30</p> <p>9:30 WELCOME/COFFEE & SNACKS 10:15 TAI CHI WITH DENISE 10:30 WEATHER PERMITTING- WALKING AT WANTAGH PARK 10:45 SHOPPING AT STOP & SHOP 12:00 CHICKEN NOODLE SOUP & HOT DOG 1:00 BINGO/POKER/RUMMICUB</p>			<p>31</p> <p>Program Manager: Lisa Pagliaro Menu subject to change SUGGESTED \$3 MEAL CONTRIBUTION CALL FOR RESERVATIONS HOURS: 8:30 A.M.-1:45 P.M.</p>

