

# Wednesday, May 11, 2022

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

|                     |                                                  |
|---------------------|--------------------------------------------------|
| Excel Swimming:     | 6 am-7:15 am = Dive lanes 1-7                    |
|                     | 7:15 am-9 am = Dive lanes 1-6                    |
| Nassau LG test:     | 10 am-1 pm = public lanes #1-2                   |
| Hope Fitness:       | 3:30 pm-8:30 pm = Public lane #6                 |
| Swim Evaluations:   | 4 pm-8:30 pm = Public lane #1                    |
| L.I. Aquatic Club:  | 5 pm-8:45 pm = Lanes 1-10                        |
| Long Island Diving: | 7 pm-9 pm = 1 meter dive boards (dive lanes 6-8) |
| Total Masters:      | 7:45 pm-8:45 pm = Dive lanes 1-4                 |

|   |   |   |   |   |   |   |   |   |         |   |    |    |    |    |    |    |    |    |   |  |
|---|---|---|---|---|---|---|---|---|---------|---|----|----|----|----|----|----|----|----|---|--|
| D | D | D | D | D | D | D | D | 1 | LANE 10 | 2 | P  | P  | P  | P  | P  | P  | P  | P  | P |  |
| I | I | I | I | I | I | I | I |   | LANE 9  |   | U  | U  | U  | U  | U  | U  | U  | U  | U |  |
| V | V | V | V | V | V | V | V | B | LANE 8  | B | B  | B  | B  | B  | B  | B  | B  | B  | B |  |
| E | E | E | E | E | E | E | E | U | LANE 7  | L | L  | L  | L  | L  | L  | L  | L  | L  | L |  |
|   |   |   |   |   |   |   |   | L | LANE 6  | I | I  | I  | I  | I  | I  | I  | I  | I  | I |  |
| L | L | L | L | L | L | L | L | K | LANE 5  | C | C  | C  | C  | C  | C  | C  | C  | C  | C |  |
| A | A | A | A | A | A | A | A | H | LANE 4  |   | L  | L  | L  | L  | L  | L  | L  | L  | L |  |
| N | N | N | N | N | N | N | N | E | LANE 3  |   | A  | A  | A  | A  | A  | A  | A  | A  | A |  |
| E | E | E | E | E | E | E | E | A | LANE 2  |   | N  | N  | N  | N  | N  | N  | N  | N  | N |  |
|   |   |   |   |   |   |   |   | D | LANE 1  |   | E  | E  | E  | E  | E  | E  | E  | E  | E |  |
| 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |   |         |   | #1 | #2 | #3 | #4 | #5 | #6 | #7 | #8 |   |  |

Public/Member swim lane availability:

|                |                                                                             |
|----------------|-----------------------------------------------------------------------------|
| 6 am-7:15 am = | <b>17 lanes available</b> (Lanes 1-10, DL 8 & 6 public lanes available)     |
| 7:15 am-9 am = | <b>18 lanes available</b> (Lanes 1-10, DL 7-8 & 6 public lanes available)   |
| 9 am-10 am =   | <b>24 lanes available</b> (Lanes 1-10, DL 1-8 & 6 public lanes available)   |
| 10 am-1 pm =   | <b>22 lanes available</b> (Lanes 1-10, DL 1-8 & public lanes 3-6 available) |
| 1 pm-3:30 pm = | <b>24 lanes available</b> (Lanes 1-10, DL 1-8 & public lanes 1-6 available) |
| 3:30 pm-4 pm = | <b>23 lanes available</b> (Lanes 1-10, DL 1-8 & public lanes 1-5 available) |
| 4 pm-4:45 pm = | <b>22 lanes available</b> (Lanes 1-10, DL 1-8 & public lanes 2-5 available) |

***There will be 2 sessions after 5 pm - 5pm-6:45pm & 7pm-9pm. The pool will be emptied at 4:45 pm & 6:45pm (except scheduled teams and classes). There will be lane lines added to the “shallow” area and each session will be “lap swimming” only. These sessions are open to ages 13 & over only. There will be no shallow water free swim area.***

**Session 1: 5p-6:45p :**

|                |                                                                              |
|----------------|------------------------------------------------------------------------------|
| 5 pm-6:45 pm = | <b>14 lanes available</b> (Dive lanes 1-8 & public lanes 2-5, 7-8 available) |
|----------------|------------------------------------------------------------------------------|

**Session 2: 7p-9p :**

|                   |                                                                                |
|-------------------|--------------------------------------------------------------------------------|
| 7 pm-7:45 pm =    | <b>11 lanes available</b> (Dive lanes 1-5 & public lanes 2-5, 7-8 available)   |
| 7:45 pm-8:30 pm = | <b>7 lanes available</b> (Dive lane 5 & public lanes 2-5, 7-8 available)       |
| 8:30 pm-9 pm =    | <b>18 lanes available</b> (Lanes 1-10, DL 5 & public lanes 1-5, 7-8 available) |

*All times, availability and lane assignments are subject to change.*

*Please note the “team lockers” close for cleaning 11:15a-12:45p  
and the “public lockers” close 1:15p-2:45p.*