

# RALLY FOR | 5K WALK-RUN-ROLL REBECCA | MAY 28, 2022

Plainview-Old Bethpage Middle School  
121 Central Park Road, Plainview, NY

Fun Run 8:00 a.m. | 5K 8:30 a.m. | Rain or Shine!

- **5K (3.107 Miles)** - USATF-certified course: a flat, pleasant route through suburban roads of Plainview, NY. Proceeds support the non-profit *Help Hope Live* in honor of Plainview resident Rebecca Aleck Koltun.
- **Amenities:**
  - Participants receive a high quality t-shirt (male, female and kid's sizes available)
  - Commemorative medals for 12 & under Fun Run participants
  - Computerized timing and scoring by Elite Feats
  - Raffles and giveaways
  - Refreshments
- **Awards\*:**
  - Top Male/Female/Non-Binary Overall and Masters
  - Top Male/Female/Non-Binary Plainview Residents
  - Top 3 Males/Females/Non-Binary in the following age groups: 12 & under; 13-15; 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90+
  - Top Male/Female/Non-Binary Wheelchair Racers

\*There will be no duplications of awards.

**REGISTER NOW!**

Scan the QR code or visit

<https://events.elitefeats.com/22rebecca>

5K Walk-Run-Roll	\$30.00
Virtual 5K	\$30.00
1/4 mile Fun Run	\$10.00



Day of Race registration for  
Virtual and Live 5K  
is \$35 on day of event



**Sponsor Packages available:** Scan QR code and scroll or email [Rally4Rebecca5K@gmail.com](mailto:Rally4Rebecca5K@gmail.com) for info.

**Virtual racers :** Upload times and photos May 28-June 5. No awards for virtual participants.

*Special thanks to our sponsors:*

**TERRI MILLER, PT, PH.D.**  
**ARTHUR D. MILLER, DDS**  
**PROSTHODONTIST**  
DIX HILLS, NY

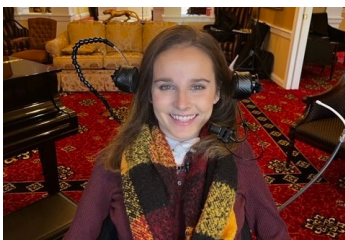


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**Robin and Jonathan Eiseman**



This event is supported by the Plainview-Old Bethpage Chamber of Commerce



*Proceeds benefit non-profit Help Hope Live in honor of 22-yr old Plainview resident Rebecca Aleck Koltun, who was paralyzed from the neck down in a tragic ski accident. The funds will help offset medical and living expenses not covered by Rebecca's insurance or Medicaid. Questions? Email [rally4rebecca5k@gmail.com](mailto:rally4rebecca5k@gmail.com)*